

CARDIOVASCULAR DISEASE PREVENTION THROUGH HEALTH CHECKS

Prevention is the most impactful investment we can make for health and health systems. Early detection of risk factors, such as high blood pressure, cholesterol and diabetes, can prevent heart attacks, strokes and other cardiovascular problems.

Under the **Safe Hearts Plan**, the European Commission adopted a proposal for a Council recommendation on cardiovascular health checks to support EU Member States in the prevention and early detection of cardiovascular diseases.

Learn more at our workshop:

*From recommendation to reality:
how can health checks support better
cardiovascular outcomes?*



12 November, 9:00 – 10:00 (Melia Hotel 1+2)

Europe's Beating Cancer Plan is underpinned by the premise that everyone has the same right to high-quality care regardless of where they live. Within this context, the **European Cancer Inequalities Registry** monitors cancer disparities and informs interventions at regional, national and EU level.

Given the magnitude of Europe's **mental health** challenge, the European Commission promotes a **comprehensive approach**. This includes health system reform and investment. The European Commission, in partnership with WHO/Europe, is providing training for the health workforce and support for promotion and prevention capacities.

PROTECTING PATIENTS FROM ANTIMICROBIAL RESISTANCE

Antimicrobial resistance (AMR) is a major public health scourge, contributing to thousands of deaths in the EU each year. People living with non-communicable diseases (NCDs) can be particularly vulnerable to infections because of weakened immune systems. By adopting a **One Health approach**, AMR and NCDs can be better understood. This can help identify shared interventions and ultimately reduce the burden of these two major challenges.

Learn more at our workshop:

*Exploring the links between AMR and NCDs:
A One Health perspective*



12 November, 15:15 - 16:15 (3g (3jaurega))

The European Health Union:

shaping the future of public
health with resilience, equity
and innovation



European Public Health
Conference

11-13 November 2026



RESILIENCE AND PREPAREDNESS FOR CROSS-BORDER HEALTH THREATS

The recently adopted **EU Preparedness Union Strategy** sets out actions to enhance civilian and military preparedness for future crises. This includes resilient health systems that can provide essential care despite the evolving threat landscape.

The **EU Regulation on serious cross-border threats** to health introduced several mechanisms that bolster Europe's prevention, preparedness, and response to health security challenges. As described in the **Union prevention, preparedness and response plan for health crises**, the Commission supports Member States in protecting the health and wellbeing of people across the EU/EEA.

Learn more at our workshop:
EU's evidence-informed approach to future-proof preparedness planning for health threats



12 Nov 2026 at 16:45–17:45 (3g(3jaurega))

INNOVATION AND HEALTH TECHNOLOGY ASSESSMENTS

Continuous innovation is essential to harness the benefits of digital technologies and to tackle shared health challenges.

Health Technology Assessment (HTA) uses the best available evidence to assess how new health technologies compare with existing alternatives. Under the latest EU HTA Regulation, Member States work together to conduct **Joint Clinical Assessments (JCAs)** of new medicines and certain high-risk medical devices, pooling resources and expertise across the EU. This evidence can support informed decision-making by policymakers, researchers, health authorities and organisations, clinicians and patients.

Learn more at our workshop:
Who uses EU HTA evidence? Early experience with joint clinical assessments



13 November, 9:00 - 10:00 (Melia Hotel 3+4)

The European Commission is building a strong **European Health Union** to protect and support public health. This includes the **prevention, treatment and aftercare of diseases**, strengthened **preparedness for crises**, and improved **access to innovation**.

The Directorate General for Health and Food Safety (SANTE) works hand-in-hand with national authorities, and a wide range of partners, to help make this a reality through a **One Health** approach that links human, animal and environmental health.



#HealthUnion