

# **ANNUAL REPORT 2020**





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The European Public Health Association, or EUPHA in short, is an umbrella organisation for public health associations in Europe. EUPHA was founded in 1992. EUPHA is an international, multidisciplinary, scientific organisation, bringing together around 25'000 public health professionals for information exchange and collaboration throughout Europe. We encourage a multidisciplinary approach to public health. Our mission is to voice knowledge, enhance capacity, be the proactive platform for public health professionals and health services researchers and be a bridge between these professionals and policymakers.

EUPHA membership benefits:

- All EUPHA members can participate in all activities of EUPHA;
- All EUPHA members can participate in the annual scientific European Public Health Conference with a membership reduction of €80.
- All full members have direct access to the electronic version of the European Journal of Public Health and can subscribe for a hard copy subscription for a significantly reduced price;
- All full members of EUPHA are also members of the World Federation of Public Health Associations, at no additional charge.

Interested in joining us?

- Are you a national public health association? Then join us as a full member.
- Are you an institute interested in being part of the largest public health professional network in Europe? Then join us as an institutional member.
- Are you a European or international NGO and would you like to work with EUPHA? Look into our possibilities of associate membership/partnership.
- Does your country not (yet) have a national public health association and you wish to pursue setting up one? Join our network as an individual member. And read our tips on setting up a national public health association in your country.
- Are you interested in EUPHA but not located in Europe? Look into our possibilities of global membership.

More information on membership can be found at: https://eupha.org/join-our-network

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#### 1. EUPHA 2020: A year like never before

On behalf of the EUPHA Executive Council, it is our pleasure to present this report highlighting the key activities in 2020. This year was a year like never before, as in January the world was introduced to the COVID-19 pandemic. Starting in China, the pandemic quickly spread throughout the world and in Europe and social isolation was implemented throughout Europe as of February. On the one hand, COVID-19 showcased the need for a strong public health workforce in every country. On the other hand, it showed the limitations in our health systems and our inability to effectively treat patients with COVID-19. Globally, more than 1.8 million people died from COVID-19. Despite numerous protective measures in nearly all countries during the first wave, a second wave also became a reality.

More than ever, there is a need for the evidence-base, for guidance and advice based on solid research. And more than ever, fake news, panic and denial are prevailing in the news. If ever, there was a need for science-based organisations, such as EUPHA and our members, it is now! EUPHA was dedicated to continue working towards our operational targets:

#### 1. Strengthening national public health associations

We continued to increase collaboration with our members. For the EU presidencies of Croatia and Germany, we assisted our members by publishing e-collections to the EJPH with a policy-oriented editorial. For the World Congress on Public Health (WCPH), we collaborated intensively with the World Federation of Public Health Associations (WFPHA) and the Italian Society of Hygiene, Preventive Medicine and Public Health (SItI). Furthermore, we collaborated with the UK Faculty of Public Health on a series of Human rights, law and ethics webinars. The 2<sup>nd</sup> European Public Health Week was held digitally and was very successful with 147 events organised in 31 countries.

#### 2. Advocating for public health on the European agenda

We continued being visible at European level by producing statements, e-collections to the European Journal of Public Health (EJPH), two supplements to the EJPH and a very active (digital) presence in numerous European-level meetings.

3. Representing the European voice at global level and supporting public health at global level

The European voice at global level was again continued, specifically in the collaboration with the World Federation of Public Health Associations (WFPHA) and the Italian Society to organise the 2020 World Congress on Public Health (WCPH2020).

4. Providing actively and accurately the evidence to make informed practice and policy decisions in the field of public health

Our two main tools were again successful. The EJPH's impact factor for 2020 increased to 2.391 and the 5-year impact factor increased to 3.134. The EPH Conference – this year part of the WCPH2020 – continues to be the meeting place in European public health. This year there were 3,759 delegates from 125 countries.

#### 5. Nurturing the expertise and knowledge on specific public health topics

The importance of our sections was highlighted by the need for evidence during the COVID-19 pandemic. Our sections' presidents and vice-presidents not only represented EUPHA at key expert meetings, but also produced a large number of statements on behalf of EUPHA. Two new EUPHA sections were accepted by the Governing Board: one on public health and law and one on foresight. The EUPHA sections also continued the collaboration with partners outside the field of public health, but important for public health activities. 6. Preparing the future generation of public health professionals for their leadership role in public health

During 2020, we said goodbye to three EUPHAnxt coordinators, Sara McQuinn (EUPHAnxt coordinator), Keitly Mensah (EUPHAnxt conference coordinator), and Pasquale Cacciatore (EUPHAnxt coordinator). We welcomed Monica-Georgiana Brînzac as new EUPHAnxt conference coordinator who later switched to the position of overall coordinator. The other EUPHAnxt coordinator positions are to be filled in 2021. The abstract mentoring programme for young health professionals, where an informal analysis of submitted abstracts is given to increase the quality of the abstract, was continued as was the EUPHA fellowship programme.

In the Executive Council, the president-elect took over from the president earlier than expected, as Natasha Azzopardi Muscat was offered a director post in the reorganised WHO regional office for Europe.

Finally, EUPHA could not exist without the continued support of so many willing and able volunteers. We would like to especially thank Ricardo Mexia, vice-president of EUPHA-IDC, for being such a strong voice during the pandemic. The EUPHA Executive Council remains very grateful for the experienced section presidents and vice presidents, the enthusiasm of the EUPHAnxt coordinators and the strategic input from our members.



Iveta Nagyova EUPHA president 2020-2022



Dineke Zeegers Paget EUPHA executive director

#### **EUPHA Executive Council 2020**

Iveta Nagyova, president Natasha Azzopardi Muscat, immediate past president Martin McKee, past president Marieke Verschuuren, secretary Carlo Signorelli, treasurer Peter Allebeck, editor-in-chief EJPH Alastair Leyland, section council Pasquale Cacciatore, EUPHAnxt

Dineke Zeegers Paget, EUPHA executive director

#### 2. Strengthening national public health associations

In 2020, we continued to intensify the collaboration with our members. For the EU presidencies of Croatia and Germany, we collaborated with our Croatian member to produce an e-collection on ageing and health and with our German member an e-collection on cancer prevention and screening. Both e-collections are accompanied with an editorial that targets decision- and policymakers.

All member representatives in the EUPHA Governing Board received regular updates on EUPHA's statements, public consultations, and reports (see under Advocacy) and were asked to further disseminate or co-sign these. The most important statement was the one linked to WCPH2020 on Public health and the future of humanity, co-authored by the UK Faculty on Public Health and signed by 15 EUPHA members from 14 countries (date 22 September 2020).

The European Public Health WEEK was organised from 11-15 May, whereby we invited all our members to organise activities on public health. The overall theme focused was '*Joining forces for healthier populations*' and the week was fully virtual. 31 countries actively participated in this week and 147 events were organised during the week. The continued success of the action-based activity and the enthusiasm from our members and partners will lead to another European Public Health WEEK to be organised in 2021.

#### 2.1 EUPHA members

At the end of October 2020, we have 81 members from 45 countries:

- 41 full members
- 30 institutional members
- 8 individual members
- 2 global members

In our database, we have 31'878 entries of which 7'051 are EUPHA members. Full members of EUPHA are individuals who joined EUPHA through their membership in a National Public Health Association.

#### Full members of EUPHA in 2020:

- Albania Albanian Epidemiological Association
   Armenia
- Armenian Public Health Association
   Austria
  - Austrian Public Health Association
- Belgium Belgian Association of Public Health
- Bosnia and Herzegovina
   Society of Social Medicine Public Health
   of Bosnia and Herzegovina
- Bulgaria
   Bulgarian Public Health Association
- Croatia
   Croatian Public Health Association
- Czechia
   Czech Society of Public Health and
   Management of Health Services
- Denmark
   Danish Society of Public Health

- Estonia
  - Health Promotion Union of Estonia
- Finland
  - Society for Social Medicine Finland
- France
   French Society of Public Health
- Germany
   German Society of Medical Sociology
   German Public Health Association DGPH
   Kooperationsverbund "Hochschulen für
   Gesundheit" e. V
- Hungary
   Hungarian Association of Public Health
   Training and Research Institutions NKE
- Israel
   Israeli Association of Public Health
   Physicians
- Italy

Italian Society of Hygiene, Preventive Medicine and Public Health

- Kazakhstan Central Asian Public Health Association – Kazakhstan
- Latvia
- Public Health Association of Latvia
- Lithuania

Lithuanian Public Health Association

- Malta
   Malta Association of Public Health
   Medicine
- Netherlands
  - Dutch Public Health Federation NPHF Public Health Network Netherlands – PHNed
  - GGD GHOR Netherlands (Regional Public Health and medical emergency Services)
- Norway
  - Norwegian Public Health Association
- Poland
  - Polish Association of Public Health
- Portugal
   Portuguese Association for Public Health
   Promotion
   Portuguese Association of Public Health

Doctor

#### Institutional members (in green new since 2020):

- Belgium
- Sciensano • Bulgaria
  - Faculty of Public Health MU-Sofia
- Cyprus
  - University of Nicosia Medical School Department of Primary Care and Population Health European University Cyprus – Department of Medicine and Department of Health Sciences
- Finland
   National Institute for Health and Welfare (THL)
- France
  - EHESP
- Georgia School of Public Health, University of Georgia

# Germany NRW Centre for Health Fulda Public Health Centre Factorial Constant for Health F

- Federal Centre for Health Education • Greece
- CSFM & HSR-PH Lab, School of Medicine, University of Crete National Organization for Health Care Services Provision (EOPYY)
- Hungary
   University of Debrecen

- Republic of North Macedonia
   Macedonian Association of Social
   Medicine SZSM
- Romania
  - Romanian Association for Public Health
    - Serbia
  - Serbian Public Health Association
- Slovakia
   SAVEZ Slovak Public Health Association
   Slovenia
- Slovenia Slovenian Medical Society - Slovenian Preventive Medicine Society Chamber of Sanitary Engineers of Slovenia - Institute of Public and Environmental Health
- Spain
  - SESPAS Spain
- Sweden Swedish Association of Social Medicine
   Switzerland
  - Swiss Society for Public Health
- Turkey Turkish Public Health Association
- United Kingdom
   UK Faculty of Public Health
   UK Society for Social Medicine
- Ireland
  - Institute of Public Health
- Italy
  - Health Services Research Laboratory-Department of Public Health - University of Siena

Catholic University of the Sacred Heart Rome

Italian Barometer Diabetes Observatory National Agency for Regional Health Services

- The Bridge Foundation
- Kazakhstan Kazakhstan Medical University – Higher School of Public Health (KSPH)
- Luxembourg
   Luxembourg Institute of Health
- Netherlands
  - RIVM Maastricht University, Department of International Health
  - NIVEL
  - Aletta Jacobs School of Public Health
- Portugal

NOVA National School of Public Health

Romania National School of Public Health, Management and Professional Development Department of Public Health of the Babeş-Bolyai University Sweden

Karolinska Institute, Department of Public Health Sciences

#### Individual members:

- Andorra
  - Mr Josep Romagosa Massana
- Cyprus
   Prof Constantinos Phellas
- Georgia Dr Helen Phagava
  Kosovo
  - Prof Naim Jerliu

#### United Kingdom

University of Liverpool Law & Non-Communicable Diseases Unit

- Moldova
   Dr Lilia Turcan
- Russia
   Dr Diana Denisova
- Turkey
   Miss Serpil Keskin
- Ukraine Mr Saveliy Rudzsky

#### Global member

•

Kuwait

Dr Ibrahim Shady, Mansoura University, Faculty of Medicine Nepal

Dr Ashik Banstola, Public Health Perspective

#### 2.2 EUPHA partners

EUPHA works together with its partners - other associations and NGOs - to establish deliberative collaboration in the field of public health.

- ASPHER Association of Schools of Public Health in the European Region
- COTEC Council of Occupational Therapists for European Countries
- EACH European Association for Communication in Healthcare
- ESQH European Society for Quality in Healthcare
- EADPH European Association of Dental Public Health
- EFPC European Forum for Primary Care
- EHMA European Health Management Association
- EPA/UNESPA European Paediatric Association, the Union of National European Paediatric Societies and Associations
- EUSPR European Society for Prevention Research
- GLEPHA Global Law Enforcement and Public Health Association
- IUHPE Europe International Union for Health Promotion and Education Europe
- UEMS Section for Public Health European Union of Medical Specialists section for public health

#### EUPHAnxt partners:

- Global Health Next
- International Pharmaceutical Students' Federation (IPSF)
- German Network of Young Professionals in Public Health

#### Official relations with:

- European Centre for Disease Prevention and Control
- WHO Regional Office for Europe

#### 3. Nurturing the expertise and knowledge on specific public health topics

Nurturing the expertise and knowledge on specific health topics mostly happens through the EUPHA sections. This way EUPHA is able to provide the evidence on a wide array of topics. It is therefore essential that EUPHA sections are supported in all their activities. EUPHA sections are networks on specific public health topics (see table 1). In 2020, the EUPHA Governing Board accepted two more sections: EUPHA Public health and law and EUPHA Foresight. In 2020, EUPHA has a total of 26 active sections.

EUPHA Section	2020 No.
	Of
	members
Child and adolescent public health – CAPH	2832
Chronic diseases – CHR	2531
Environment-related health – ENV	1950
Ethics in public health – ETH	1873
Digital health - DH	630
Food and nutrition – FN	1935
Foresight – FS	114
Health impact assessment – HIA	1888
Health promotion – HP	4073
Health services research – HSR	3148
Health technology assessment – HTA	1161
Health Workforce Research – HWR	671
Infectious diseases control – IDC	1839
Injury prevention and safety promotion – INJ	967
Migrant and ethnic minority health – MIG	1952
Oral health – OH	133
Public health and law – LAW	258
Public health economics – ECO	2054
Public health epidemiology – EPI	4209
Public health genomics – PHG	698
Public health monitoring and reporting – PHMR	2275
Public health policy and politics – PHPP	3668
Public mental health – PMH	2129
Sexual and gender minority health – SGMH	724
Social security, work and health – SSH	1567
Urban public health – URB	1861

Table 1: Overview of EUPHA sections' membership

All EUPHA sections are active at the World Congress of Public Health with 4 preconferences and 53 workshops. Below are some examples of other activities the our sections were involved in in 2020.

- **EUPHA-CHR** Prof Julian Mamo was asked to represent EUPHA and the section on the HPV Action Network. This involved a series of meetings with Peter Baker of the European Cancer Organisation to develop its new HPV Action Network. A zoom meeting was held with Prof Julian Mamo's participation on May 27th.
- **EUPHA-ENV** disseminated their interests at several events such as the ESOF 2020 -The 9th ESOF 5th September; Sustainable Development Goals Planet on the diet for a healthy future

- **EUPHA-EPI** administered a survey on Direct-to-Consumer-Genetic Tests
- **EUPHA-ETH** collaborated with EUPHA and UK PHF to initiate the "collaborated with EUPHA and UK PHF to initiate the supplement to the European Journal of Pub
- **EUPHA-FN** was represented in the project Making most of health for food systems reform, a project funded by Fondation de France designed to raise awareness of importance of considering all the environmental implications of food production, and therefore the relevance of appropriate decisions in Common Agricultural Programme (CAP) reform.
- **EUPHA-HIA** Collaboration with the Global Working Group on HIA of the International Union of Health Promotion (IUHPE).
- **EUPHA-HP** was at the Expert's meeting to develop the WHO European Region action plan on health literacy on 12-13 February 2020
- **EUPHA-HTA** has participated to the stakeholder consultation on recommendations for 'Health Care Professional Involvement in Relative Effectiveness Assessments' prepared by the members of the EUnetHTA Task Group for Patient & Consumer / Health Care Professional Involvement.
- **EUPHA-HWR** organised a section midterm Conference How to make a future health workforce happen? Policy, practice and people', hosted by Marius Ungureanu (associated HWR Board Member) at Cluj Napoca, Romania, 18-19 June 2020, was organized and successfully transformed into a virtual event due to the Covid-19 restrictions.
- EUPHA-IDC has been very active in giving interviews and writing statements on COVID-19
- **EUPHA-MIG** has been working hard on setting up the Global Society on Migration Ethnicity, Race and Health which will be launched on 12<sup>th</sup> October.
- **EUPHA-PMH** The president started collaborating more with the International Society for Environmental Epidemiology (ISEE) and further collaboration and joint projects are planned. The section organized a summer school of Public Mental Health in Porto for September 2020.

#### 4. Advocating for public health on the European agenda

With the extra funding from the EU Operating grant, EUPHA continued to engage in a vast amount of advocacy activities at European level. The members of our Executive Council particularly lveta Nagyova (EUPHA president), Martin McKee and Natasha Azzopardi Muscat (EUPHA past president) and Marieke Verschuuren (EUPHA secretary), the presidents of the EUPHA sections, EUPHA office and several EUPHA members' representatives have really stepped up to the challenge and have been representing EUPHA, providing the evidence for EUPHA statements and done all in their powers to make EUPHA visible at European level. This has resulted in a large number of statements, e-collections, reports, and active participation at key meetings. Below are some highlights of our advocacy work in 2020:

#### 4.1 Published advocacy

#### Environment and health

The EUPHA Environment and health section (EUPHA-ENV) produced a statement presenting strategies and exchanging knowledge with regards to action to health risk reduction from a polluted environment.

#### HORIZON Europe Program 2021-2022 Health

The EUPHA section Health workforce research section (EUPHA-HWR) urged for a stronger health workforce research. The COVID-19 pandemic made the merit of the health workforce more appreciated. In this statement it was stressed that Europe should invest in a comprehensive research programme to support health workforce innovation and resilience.

#### United action for better European health

The EU4Health Civil Society Alliance coalition released a statement calling for a stronger and more ambitious European Health Policy, especially in light of the COVID-19 aftermath. A common health policy which would place shared interests above national demands is essential.

#### WHO European Programme of Work

EUPHA president lveta Nagyova took part in the virtual briefing on the European Programme of Work. She made an oral statement on EUPHA's triple A strategy – Analysis, Advocacy, and Action - and stressed to reinforce all our efforts. Furthermore, in September lveta made a video statement to congratulate the WHO Regional Office for Europe with their new programme of work 2020-2025 and stressed that EUPHA supports this programme by analysis, advocacy and action and welcomes all four flagships.

#### COVID-19 crisis

The COVID-19 pandemic demonstrated that promoting public health is now more important and evident than ever. The EUPHA Migrant and ethnic minority health section (EUPHA-MIG) released a call for action to reduce the impacts of the coronavirus pandemic on those 'left behind'. This call for action was also translated in Spanish. The European Public Health Week was centred around the COVID-19 pandemic and had the suitable theme 'Joining forces for healthier populations'.

EUPHA released several statements on the topic of the COVID-19 emergency. The first statement stressed the importance of sharing knowledge through open access of all research on the topic. The European Journal of Public Health (EJPH) introduced this early in the year.

Furthermore, in collaboration with the EUPHA Infectious diseases control section (EUPHA-IDC), EUPHA wrote a statement called "What does a good COVID-19 vaccine programme look like?" in which pre-requisites and other matters such as effectiveness and availability were discussed in order to provide more clarity.

#### Digital health

In a joint statement with EPHA, the potential of digital health was emphasized as a way to offer solutions in critical public health times, as with COVID-19. EUPHA and EPHA envision a more people-focused approach to this digital transformation of health and care to create a suitable environment for the introduction of emerging digital technologies.

#### EU Health budget

EUPHA presented a statement in which we urged not to cut back on the next EU health budget, especially because of new cases of COVID-19. To achieve healthy populations in Europe it is essential to invest in public health systems, research and better EU-cooperation.

#### Track reports

Two track reports on the European Public Health Conference Marseille 2019 were released in which key messages from the sessions and discussions in Marseille are presented. The first is on Digital Health and the second on Migration and Health.

#### Health and ageing

Together with the Croatian Public Health Association, EUPHA presented the evidence-base on health and ageing in an e-collection to the EJPH. COVID-19 brought a reminder that especially the elderly are in need of protection from illness and disease.

#### Antimicrobial resistance (AMR)

EUPHA made a statement on our support for the Farm to Fork Strategy for Healthy Food Systems. EUPHA provided the Farm to Fork Strategy with a short review of public health recommendations which relate to a whole chain from farm to fork covering perspectives of reducing environmental contamination and antimicrobial resistance (AMR) to increasing access to healthier diets and tackling livestock implications.

#### Action on cancer

EUPHA stands behind action on the prevention of cancer. EUPHA co-signed the Joint Statement 'Prevention at the heart of Europe's Beating Cancer Plan' and voiced a response to the Cancer Plan Roadmap to stress the need for a strong focus on prevention and evidence-based approaches.

Furthermore, EUPHA published an e-collection in the EJPH on cancer prevention and screening together with our German members during the German EU presidency.

#### 4.2 EUPHA participation in meetings and conferences

The visibility of EUPHA as a solid partner with a research background has been strengthened. Activities were aimed at WHO Europe and the European Commission. EUPHA continues the build the capacity and knowledge of policy-oriented organisations and has an official seat in:

- EC eHealth Stakeholder Group (EUPHA Digital health section president Anna Odone)
- WHO Technical Advisory Group on Behavioural Insights and Sciences for Health (EUPHA president lveta Nagyova)
- EU Expert panel on effective ways of investing in health (EUPHA past president Martin McKee);

- WFPHA Governing Board (Dineke Zeegers Paget, executive director);
- Advisory forum to the European Centre for Disease Prevention and Control, where our representative (Aura Timen) was re-nominated;
- WHO European Regional Committee meeting, as accredited non-state actor;
- EU-HTA net (health technology assessment) on Stakeholder involvement (EUPHA Health technology assessment section president Carlo Favaretti);
- EU Health Policy Platform (EUPHA deputy director Maaike Droogers);
- European Committee on Infection Control (EUCIC) (EUPHA Health technology assessment section (EUPHA-HTA))
- Horizon Europe Cancer mission board (EUPHA past president, Walter Ricciardi);
- Global AMR R&D Hub, an initiative to tackle the threat of resistant pathogens designed to make the use of international resources even more effective (EUPHA Infections disease control section (EUPHA-IDC));
- European Commission's Coalition of Vaccination (EUPHA Infectious diseases control section (EUPHA-IDC));

Due to COVID-19, multiple planned conferences and events were cancelled, organised only virtually, or postponed. EUPHA still managed to be (digitally) present at multiple conferences, including:

- European Cancer Forum (EUPHA policy officer Tugce Schmitt) 28 January
- Europe's Beating Cancer Plan: Let's strive for more (EP) (EUPHA policy officer Tugce Schmitt) 2 February
- EFN high level meeting on Horizon Europe (EUPHA policy officer Tugce Schmitt) 5 February
- Expert meeting to develop the WHO Region action plan on health literacy (EUPHA Health promotion section (EUPHA-HP) president Luis Saboga Nunes) 14 February
- EUPHA EU-Presidency Event with MEP Sokol, European Observatory and Croatian PH Association on "Healthy Ageing" (EUPHA past president Martin Mckee) 27 May
- How to make a future health workforce happen? Policy, practice and people (EUPHA Health workforce research section (EUPHA-HWR) president Ellen Kuhlman);
- United Action for Better Health in Europe in the context of the COVID-19 pandemic WHO (EUPHA president lveta Nagyova) – 26 June
- Mental health challenges in the LGBTI community looking at the COVID-19 impact and beyond (EUPHA scientific officer Marie Guichardon) – 9 September
- Lecture Michel Marmot Social Justice, Inequalities and COVID-19 (EUPHA executive director Dineke Zeegers and scientific officer Marie Guichardon) – 16 September
- WHO EURO regional committee meeting (EUPHA president lveta Nagyova and EUPHA scientific officer Marie Guichardon) 14 16 September 2020
- European Health Forum Gastein (EUPHA president lveta Nagyova and EUPHA scientific officers Marie Guichardon and Nina Bos) 30 September until 2 October
- Health in All Policies Achieving an Economy of well-being in Europe (EUPHA scientific officer Marie Guichardon) – 4 November
- Strengthening the EU response in times of global health threats, From Bremen 2007 to COVID-19 and beyond (EUPHA scientific officer Marie Guichardon) 17 November
- European Parliament Interest Group on Allergy and Asthma (EUPHA Environment and Health (EUPHA-ENV) president Marija Jevtic) 10 December
- Kick-off meeting of the WHO Europe "Regional Director 's Council on #Innovation for #NCDs" (EUPHA president lveta Nagyova) – 15 December
- European Health Summit (EUPHA scientific officer Marie Guichardon) 16 December

#### 4.3 European Public Health Week

The second European Public Health Week (EUPHW) took place between 11 and 15 May 2020. The theme and overall purpose were to join forces for healthier populations.

Each day of the week focused on a specific public health theme:

- Monday 11 May: Promoting health through the Global Goals
- Tuesday 12 May: Primary care in the digital age

- Wednesday 13 May: Staying together for mental health
- Thursday 14 May: Equal health for all
- Friday 15 May: Grow old, grow healthy

A total of 147 events and activities in 31 countries were organised, including webinar lectures, movie screenings, virtual networking gatherings, online sports event, flash mobs, and cooking classes, from a local to a European level. The European Public Health Week was co-organized by the European Commission and supported by the WHO Regional Office for Europe.

#### 4.4 Extra advocacy tools developed in 2020

With the extra budget from the EU operating grant, EUPHA managed to create several new successful tools:

#### Newsletter module for EUPHA sections

For the EUPHA sections, a newsletter module was developed, which gives a uniform and professional look and can also be published on the section's webpages. The newsletter facilitates the communication from the section president to the section members.

#### EUPHA videos

On the EUPHA YouTube Channel, several new videos (4-5 minutes) were shared on COVID-19 and the wider impact of the pandemic, long-term lessons, and how European health systems are responding. For the World Congress in October, EUPHA prepared a number of new videos called 'This is European public health', with the participation of the European Commission, WHO Europe, ASPHER and EPHA.

#### Rapid responses team

In order to be able to provide the evidence-base on a large number of public health topics in a short period of time (24-hours is our aim), EUPHA created the Rapid Responses Team (EUPHA-RRT) in 2019. This network of 40 public health experts mainly linked to the EUPHA sections can be contacted when a journalist or policymaker contacts EUPHA to get a response on a certain topic. This year, EUPHA-RRT responded on several occasions to COVID-19. We would like to thank Prof. Ricardo Mexia in particular for the many COVID-19 related interviews he gave on behalf of EUPHA. The EUPHA-RRT handled about 10 interviews(requests). The process for the EUPHA-RRT is currently being further developed to optimise its purpose.

#### Increased presence in Brussels

We increased our presence in Brussels by appointing a EUPHA policy officer in Brussels. Unfortunately, this policy officer only stayed with EUPHA for 6 months. As of January 2021, the new appointed policy officer will start in Brussels.

#### 4.5 Website and social media

The EUPHA website is linked to the objectives of the EUPHA strategy and continues to be an excellent visibility tool for EUPHA. Due to the increase in advocacy, the average number of hits increased to 320,980 per month (2019: 271,320).

The EUPHA website is currently being updated in line with the currently being revised to link to the new EUPHA strategy 2020-2025.

Twitter



The EUPHA twitter account (@EUPHActs) is available on our opening page and is the main social media tool for advocacy and dissemination. During the

European Public Health Week and the Conference it was used for live coverage. The number of followers has increased significantly over the years (see Figure 1). In 2020 the @EUPHacts twitter had 2020 to 5911 followers (in 2019, we had 4043).



Figure 1: Overview of twitter followers 2014-2020

EUPHA sections with Twitter

- EUPHA Child and adolescent public health section (EUPHA-CAPH): 48 followers
- EUPHA Digital health section (EUPHA-DH): 164 followers
- EUPHA Environment and health section (EUPHA-ENV): 27 followers
- EUPHA Health technology assessment section (EUPHA-HTA): 482 followers
- EUPHA Infectious disease control section (EUPHA-IDC): 515 followers
- EUPHA Injury prevention safety promotion (EUPHA-INJ): 11 followers
- EUPHA Oral health section (EUPHA-OH): 110 followers
- EUPHA Public health monitoring and reporting section (EUPHA-PHMR): 664 followers
- EUPHA Public health policy and politics section (EUPHA-PHPP): 686 followers
- EUPHA Sexual & gender minority health section (EUPHA-SGMH): 317 followers
- EUPHA Urban public health section (EUPHA-UPH): 80 followers

#### Facebook & LinkedIn

The EUPHA Facebook and LinkedIn page aren't used as extensively as the Twitter account. However high-level announcements are distributed via Facebook and LinkedIn. LinkedIn has 16 followers and Facebook has 2962 followers.

#### EUPHA newsletter

The EUPHA newsletter aims to build the knowledge of public health professionals worldwide and to increase the visibility of EUPHA as an association that builds capacity, knowledge and policy in the field of public health, with an emphasis on the European Region. The newsletter is free of charge and available to all those with an interest in public health.

With 25'845 subscribers from 174 countries worldwide in 2020, the newsletter continues to be one of the most visible and highly appreciated tools of EUPHA.

Region	No. of countries	No. of
		subscribers
Europe	57	21744
Africa	47	871
Asia	34	1330
North America	19	837
Oceania	7	270
South America	10	793

Table 2: overview of the newsletter subscriptions worldwide

EUPHA actively invites members and partners to further distribute the newsletter, announce its publication in their tools as well as encourages them to make the EUPHA newsletter available on their website.

#### JOIN US - HELP US

We continue our efforts in advocacy to become the leading voice in public health in Europe. And for this, we need your input and your help. On our website, all our advocacy actions can be found at https://eupha.org/advocacy-by-eupha. The website also includes tips and tricks for becoming an advocate for our members and all those interested <u>https://eupha.org/how-to-advocate</u>. And don't forget to contact us if you need our help or input.

Representing the European voice at global level and supporting public health at global level

In 2020, we continued our collaboration with the World Federation of Public Health Associations. Walter Riccardi, past president of EUPHA, is WFPHA's president in 2020. During the World Congress on Public Health in October, EUPHA has organised several activities to highlight Public health in Europe. During the World Congress on Public Health EUPHA organized 6 of the 30 World Leadership Dialogues, 4 pre-conferences, and organized 54 of the 150 workshops. EUPHA tried to include speakers from other continents, thereby strengthening our collaboration on theme-specific issues.

# 5. Providing actively and accurately the evidence to make informed practice and policy decisions in the field of public health

EUPHA has two very successful tools for providing the evidence base: the European Journal of Public Health (EJPH) and the European Public Health Conference (EPH).

#### 5.1 The European Journal of Public Health



The European Journal of Public Health is a multidisciplinary journal in the field of public health, publishing contributions from social medicine, epidemiology, health services research, management, ethics and law, health economics, social sciences, and environmental health. The EJPH is published bimonthly. The journal provides a forum for discussion and debate of current international public health issues with a focus on the European region.

#### Brief statistics on manuscripts

The number of original manuscripts received have increased markedly during the current pandemic. The journal's impact factor increased to 2,391 in 2020 from 2,234 in 2019, while the five- year impact factor increased to 3,134 in 2020 from 3,096 in 2019.

During the past year (October 1, 2019 to September 25, 2020), manuscripts have been submitted from 83 countries from all continents. The highest number of submissions were received from China (154), Italy (87), Spain (87), United Kingdom (86), Turkey (57), Poland (56), Germany (53), the Netherlands (46), United States (44), Sweden (43), France (40), and India (40).

The highest number of accepted papers originated from the United Kingdom (21), the Netherlands (19), Spain (14), Italy (13), Denmark (10), Finland (10), Germany (8), Sweden (7), France (6), Ireland (6), Norway (6), and Portugal (6). The overall acceptance rate has declined from 19% to 12%. The decline is in line with the increase in submitted manuscript during the pandemic. In comparison with previous years, the average number of days to first decision and to final decision decreased slightly.

In addition to the number of original manuscripts published (195), 15 editorials and 9 viewpoints have been published from October 2019 – August 2020. Each of the six issues also had a section with European public health news from EUPHA and partner organizations.

#### Reviewers

During 2019, in total 511 persons from 53 countries have been helpful in reviewing manuscripts. Most reviewers originated from the United Kingdom (64), followed by Sweden (44), the Netherlands (40), Spain (38), the United States (34), Italy (32), and Germany (28).

#### Supplements

In 2020, five supplements were published:

- The Health-Related Sustainable Development Goals in the European Region Where Are we 4 Years On? (March 2020)
- Coimbra Health School Annual Meeting 2020 Health 4,0: Designing Tomorrow's Healthcare (June 2020)
- European Regulatory Science on Tobacco: Policy Implementation to Reduce Lung Diseases (July 2020)
- World Congress on Public Health abstract supplement (September 2020)
- The Health Labour Market and the 'Human Face' of the Health Workforce: Analysis, Advocacy and Action (September 2020)

#### E-collections

- Ageing and Health (April 2020)
- Cancer Prevention and Screening (November 2020)

#### Partners

Our partners in the organization of the EJPH are:

- Oxford University Press, the publisher of the journal;
- Department of Public Health Sciences at the Karolinska Institute, Stockholm, where the editorial office is based; and
- The Swedish Research Council for Health, Working Life and Welfare, supporting with a grant to the editorial office.

#### Moving towards open access

An important initiative in European and other countries is the drive towards open access to scientific publications, that many research funders and research organizations have agreed on through the Plan S and Read and Publish agreements. The EUPHA Governing Board has decided to flip the EJPH to open access as of the 1<sup>st</sup> of January 2022.

#### Editorial Board

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#### 5.2 European Public Health Conference

Since 2013, the separate foundation 'EPH Conference' is responsible for the organisation of the European



Public Health Conferences at the initiative of EUPHA. EUPHA still provides the main input for these conferences, and collaboration has been set up with a large number of international NGOs and international organisations, including:

- EuroHealthNet
- ASPHER
- EHMA
- EPHA
- ECDC
- European Commission
- European Observatory
- WHO Europe

#### Rome 2020 turns to WCPH2020

Virtual Congress 16th World Congress on Public Health 2020 - Public health for the future of humanity: analysis, advocacy and action 12-17 October 2020 Chairs: Walter Ricciardi and Carlo Signorelli https://wcph2020.com/index.php

#### Dublin 2021 turns to Virtual 2021

The Futures of Public Health: policy, practice, people 10-12 November 2021 Chair: Anthony Staines

#### Berlin 2022

Strengthening health systems: improving population health and being prepared for the unexpected 9-12 November 2022 Berlin, Germany Chair: Reinhard Busse

#### 6. Working groups

#### Advisory Working Group

The Advisory Working group was established by the EUPHA Executive Council in June 2016. The objective of the AGOG is to:

- Support the EUPHA office in implementing the annual work plans as agreed by the EUPHA Governing Board (the working part);
- Advise EUPHA bodies on new topics, actions to be included (the advisory part).

#### Green club

In 2016, EUPHA also installed the so-called Green club to advise the EPH Conferences on how to decrease the ecological footprint of each conference. In 2020, the Green Club is looking into the future of face-to-face conferences and different hybrid models.

#### Membership sustainability group

The EUPHA Membership sustainability group finalised its activities by producing a document for the Governing Board 2020 meeting. In the future, there will be a stronger focus on capacity building through sharing of webinars and documents between members and by EUPHA.

#### Working group on Serious gaming

This working group on serious gaming is set up within EUPHA to guide the development of a serious game for public health professionals at European level in order to support EUPHA members with skills training, including collaboration amongst public health professionals, and with those outside the traditional field of public health (e.g. urban planners, occupational therapists).

#### 7. Projects

EUPHA continues to be contacted by a large number of institutions and universities to be a partner in European projects. These are our current projects and projects completed in the past year.

## TO-REACH: Preparing a European research programme



TO-REACH is a coordination and support action (CSA) to prepare a joint European research programme aimed at producing research evidence supporting health care services and systems to become more resilient, effective, equitable, accessible, sustainable and comprehensive (in Europe, and abroad).

In 2020, TO-REACH presented the Strategic Research Agenda (SRA). To accomplish the SRA, the TO-REACH consortium first mapped key policy documents on strategic roadmaps, then national roundtable experts' consultations took place; and finally online consultations with the wider scientific stakeholders communities were held. The SRA proposes two interlinked types of priority research: identifying priority areas in health services and systems and how to transfer and upscale service and policy innovations.

A TO-REACH webinar was held 1 September 2020. The webinar focused on the challenges facing health systems, exacerbated by the COVID-19 pandemic, and on how a framework that facilitates policy and innovation transfer can be a game changer. This is what TO-REACH has been working on. The webinar's speaker from the TO-REACH consortium were Sabrina Montante, TO-REACH project coordinator, Brussels and Marius Ungureanu, Director of Education, Department of Public Health, Babeş-Bolyai University, Romania.

TO-REACH is extended until June 2021.

#### InfAct: Mapping European networks



PHIRI



**INF**ACT

Joint Action on Health Information

The Population Health Information Research Infrastructure (PHIRI) is a 3 year project that stems from the InfAct consortium. It started in November 2020 as a response to the COVID-19 crisis. PHIRI brings together 41 partners in 30 countries.

Health is a cross-border issue, recently demonstrated by the COVID-19 public health crisis. A structured European mechanism for COVID-19 exchange to organize and share information between countries is urgently needed, especially in the area of population health.

PHIRI's vision is to set up a research infrastructure to facilitate and generate the best available evidence for research on health and well-being of populations as impacted by COVID-19. PHIRI will allow for better coordinated European efforts across national and European stakeholders to generate the best COVID-19 population health knowledge to underpin decision making. In doing so, PHIRI will lay the foundation for a federated research infrastructure on population health.

# ExACT: European network staff eXchange for integrAting precision health in the health Care sysTems



ExACT started early 2019. The exchange project aims to build a community of academic and non-academic entities that generates high quality, multidisciplinary collaboration through exchanging knowledge in research and training activities on precision health. By building up on the PRECeDI Consortium it will include other relevant sectors in order to strengthen and broaden the research and training activities of the existing network and reinforce the international and intersectorial cooperation. By sharing knowledge, building synergies and expertise and encouraging an exchange of best practice among top-level institutions, it will give impetus to the translational efforts necessary to implement precision health into the EU health care systems.

#### Operating Grant of the European Union

EUPHA has received an Operating Grant of the Consumers, Health, Agriculture and Food Executive Agency (CHAFEA) of the European Union. Operating grants are awarded to non-governmental bodies that pursue one or more of the specific objectives of the Health Programme and are allocated for a four years period (2018-2021). The Operating Grant allows EUPHA to further develop its tools to reach our members and influence European public health.

# 8. Preparing the future generation of public health professionals for their leadership role in public health

EUPHAnxt is a network for students and early career researchers, policymakers and professionals in the field of public health. EUPHAnxt is a free and open initiative that aims to collect the active contribution of students, young researchers, practitioners and policymakers interested in European public health issues, in order to sensitize and involve them into the European and multidisciplinary network of public health associations. The EUPHAnxt network currently has 2774 subscribers (in 2019: 2333). EUPHAnxt also has a seat in the EUPHA Executive Council to ensure that the voice of the next generation is heard when planning new activities and projects. This year, three EUPHAnxt coordinators stepped down: first Sara McQuinn, Keitly Mensah, and Pasquale Cacciatore. We thank them for their commitment and hard work for EUPHAnxt. Currently Monica Brinzac has stepped up as EUPHAnxt overall coordinator. The position for communication and conference coordinators are open.





Monica Brinzac, Overall coordinator

#### Partnerships

During 2020, EUPHAnxt has strengthened their partnership with the Global Health Next In 2020 EUPHAnxt formed a new partnership with the International Pharmaceutical Students' Federation (IPSF) and the German Network of Young Professionals in Public Health

#### Activities at the World Congress on Public Health 2020

For the World Congress on Public Health, EUPHAnxt was involved in three workshops and organised several other activities:

- Fellowship programme
- JTN6 Join the network meeting EUPHAnxt
- Workshop: Support4Global Health and SDGs in health workforce education: advocacy and action
- Skills building seminar: Making the elevator more effective: How to convince a policymaker in less than 2 minutes
- Skills building seminar: "There is never a dull moment in science". Designing engaging responsible conduct in research courses

#### Communications EUPHAnxt:

- Newsletters in 2020: 2
- Facebook 2020: 370 page likes and 390 followers (in 2019 178 page likes and 187 followers)
- Twitter 2020: 1215 followers (842 in 2019)
- Social media coverage of the main tracks at WCPH 2020 + a podcast.

#### Abstract mentoring programme

Following the success of the abstract mentoring programme for Marseille 2019, this programme was continued for 2020. Young health researchers could submit their abstract to receive advice for improvement of the abstract before officially submitting. In total, 21 abstracts were reviewed by 16 reviewers. There is a small decrease from previous years

where 25 and 27 abstracts were reviewed by 15 and 14 reviewers. Of these 21 abstracts, 19 were finally submitted and 16 were accepted (84,2%): 13 for display and 3 for oral presentations.

#### EPH Conference Fellowship Programme

The EPH Conference Fellowship Programme – launched in 2018 by EUPHA and EUPHAnxt - offers students and young professionals an opportunity to participate and be interactive at the conference. In 2020, EUPHAnxt received 50 applications from students, young professionals and professionals from Europe and abroad. The candidates' strongest interest was towards public health advocacy, policy and politics. The gender balance was in favour of females.

Twelve selected fellows had the opportunity to work alongside the EUPHAnxt team and the EPH conference planners to disseminate information about the conference through various communication platforms. The twelve fellows also got the chance to have group interviews with senior public health experts and ask any questions they may have.

The role of the selected fellows involves endorsing the EPH conference/World Congress on Public Health and regularly notifying public health professionals on the conference's activities through a daily-journal and being very active on various social media platforms. The daily journal involves following a structured communication strategy to report 300-word articles each day on the 'daily highlights'. The fellows attend various sessions throughout the conference, network with delegates and participate in interviews.

#### EUPHAnxt internships and the European Solidarity Corps

In 2020, the informal EUPHAnxt internship programme continued collaboration with the European Solidarity Corps (started in 2018). The European Solidarity Corps is the European Union initiative which creates opportunities for young people to volunteer or work in projects in their own country or abroad that benefit communities and people around Europe. The European Solidarity Corps allows for some funding for the interns (accommodation, travel, per diem), making it easier for those interested to choose an international internship. In 2020, it was unfortunately not possible to organise any internships due to COVID-19. Currently adjustments are made to make digital internships possible in 2021.

#### 9. Outlook 2021

This year was a learning rollercoaster with ups and downs. The effects of COVID-19 continue well into 2021, so we need to be flexible and proactive.

2021 is also the first year where we start working with the 8 goals as listed in the 5-year work plan belonging to the EUPHA strategy 2020-2025:



### Goal 1: Support our members in their work at the national, regional and local level (Action)

We will continue working intensively with our members and supporting them in their efforts to ensure strong and evidence-based public health. We will continue with all our successful tools (e.g., European Public Health Week) and further develop other ideas, such as the serious gaming for health. New will be a member-only system within the EUPHA website to offer training courses and webinars to our members.

#### Goal 2: Consolidate and expand the partnership (Advocacy and Action)

We will continue working with our partners in- and outside the field of public health as well as continuing our excellent relationship with the European Commission and WHO Europe. The Brussels-based policy officer position will be filled as soon as possible to ensure that the flow of information to and from the Brussels-based organisations is continued and partnership expanded. In 2020, we have increased our efforts to join European projects and we hope that many of these will be accepted to start in 2021.

#### Goal 3: Stimulate and facilitate mutual learning (Action)

The need for continuously enhancing capacity remains a priority for EUPHA. The exchange of knowledge is essential here and EUPHA has the tools (e.g., EPH Conferences, EJPH, serious gaming for health) to step up here. The skills-building sessions will go beyond the EPH Conferences in the format of webinars and e-learning courses. For the next generation, the internships at EUPHA office or at our members' offices will be continued (COVID-19 allowing this).

### Goal 4: Actively stimulate the younger generation to be part of the EUPHA network (Analysis, Advocacy and Action)

EUPHA remains committed to preparing future generations of public health professionals for their leadership role in public health. The main tool for this is EUPHAnxt, the network for students, young researchers, policymakers and professionals in the field of public health. On top of our already successful tools, we will actively look to collaborate with summer schools and webinars to allow EUPHAnxt subscribers to attend with a reduced fee.

#### Goal 5: Keep health a priority on the European and national agendas (Advocacy)

In our last 2014-2020 strategy, we developed our work in advocacy. This work showed the importance of knowledge translation (from research to policy) and we need to continue and increase our efforts here. Our Brussels based office, our statements, e-collections and our Rapid Responses Team are all in place to offer quick evidence summaries to policymakers. Being on top of what is discussed at European level is important (reactive) but also bringing topics to the European agenda is essential (proactive).

#### Goal 6: Strengthening public health research in Europe (Analysis)

EUPHA remains a science-based organization, recognized as an independent and trusted voice of and for public health. If we want to translate knowledge to action, we need to have a high quality of public health research available. Our EPH conferences and EJPH are essential tools here. Supporting a joint European research programme is a new activity under this goal.

#### Goal 7: Deliver the right evidence at the right time (Analysis and Advocacy)

EUPHA is recognised as an independent and trusted voice of evidence for public health. On the one hand, we need to train researchers on delivery techniques of their results and on the other hand, we need to ensure that this evidence is delivered in the right hands at the right time. We need compelling narratives and innovative communication approaches. Being represented (by e.g. the presidents of our EUPHA sections) in key expert meetings and advisory bodies at European level is essential here.

### Goal 8: Support implementation of the SDGs and all policies for a health Europe (Analysis and Advocacy)

The Sustainable Development Goals (SDGs) recognize the interdependencies between other policy domains and health and vice versa. Due to these interdependencies, the major current and future challenges for public health require intersectoral action, in line with a Health in All Policies approach. For this, we need to think 'outside the box' and look for not only the usual but also the unusual suspects. By actively identifying and working with partners outside the field of public health, we can be deliberately collaborative and work towards achieving health in all policies and the SDGs.

2021 will be the last year of this operating grant from the European Commission. This grant has allowed EUPHA to both continue and intensify its activities, as well as develop new actions and get ready for the future.

Together with our members, our sections, our young generation and our partners, with the help of our colleagues at the Executive Council and the office, EUPHA continues to have a wealth of knowledge, capacity and enthusiasm that generates a strong potential to be ambitious! It is important to celebrate these successes and taking steps to ensure the sustainability of our successful tools and activities. A sustainable, strong and active network remains the ultimate goal for EUPHA.