



## Annual Report 2019

### EUPHA section on Urban Public Health (EUPHA-UPH)

#### Goals for 2019:

- Synergies between others EUPHA Section, in particular Mental Health, Environmental Health, Chronic Disease Sections.
- Organization of the annual EPH Urban Health Section pre-Conference in EPH19 Marseille.
- Organization of Symposium “*Salutogenic Hospital Design and Urban Health*” of EU Regional Chapter’s “International Academy for Design & Health” at Politecnico di Milano, March 2019.

#### Collaboration with section members:

- **Jutta Lindert** - President of Public Mental Health Section, and
- **Peter Van Den Hazel** - President of Environmental Health Section - for the organization of the CALL FOR SPEAKER for the Three EUPHA Sections pre-Conference in Marseille at EPH19

The program of the pre-Conference *Healthy Places: research, strategies and policies towards healthy places and healthy people* (Wednesday 20th November 2019, from 9:00 to 17:00, room Endoume 1) was the result of the selection - conducted by the three Sections’ Presidents - of 15 of more than 30 abstracts received.

- **Marleen Bekker** - President of Public Health Policy and Politics Section - for the organization of the pre-Conference *Policy game “Agenda setting of health in urban planning”* (finally postponed to EPH20 in Rome)

#### Activities at the EPH conference:

The overall goal of the pre-Conference was to review and update the knowledge of the built environment’s health impact and risks factors, on population’s health status. The aim will be reached by bringing together experts coming from different areas, such as *Public Health, Mental Health, Urban Health and Environmental Health* researchers and practitioners, with designers, urban planners and architects. (please, refer to Annex 01)



## PURPOSE

The overall goal of the pre-Conference is to review and update knowledge of built environment's health impacts and risks factors, on population's health status. Specifically, we aim to:

- describe the key role of the built environment and the air quality on health, independently and jointly;
- identify vulnerable groups;
- identify construction and design choices, which contribute to positive health outcomes;
- analyse and evaluate these factors, investigating additionally social factors.

## METHODS

The goal and the aims will be reached by bringing together experts coming from different areas, such as Public Health, Mental Health, Urban Health and Environmental Health researchers and practitioners, with designers, urban planners and architects. Therefore, the pre-Conference is jointly organized by three EUPHA Sections: *Environment and Health*, *Public Mental Health* and *Urban Public Health*.

## EXPECTED OUTCOME

Through this pre-Conference, we expect to enhance knowledge and develop a research and policy agenda. The pre-Conference output will be a sort of Declaration - like a Position Paper - referring how to promote research and practice in the field of Environmental, Urban and Mental Health, working jointly towards "Healthy Places for All". At this session we will discuss which measures can be taken at an urban level, in order to reduce health risks factors. How to improve health by making the living environment more linked to a healthy lifestyle. Finally, how to design a sustainable environment.

## SECRETARY & REGISTRATION



[www.euphaconference.eu](http://www.euphaconference.eu)

Pre-conference fees: 140€ for the whole day, including meals and refreshments. If you wish to attend a pre-conference, but not the main conference, please use the online registration and click "pre-conference only" to register.

Scientific & Organizational Secretariat: **Andrea Rebecchi**  
DABC Politecnico di Milano, [mail. andrea.rebecchi@polimi.it](mailto:andrea.rebecchi@polimi.it)

## CHAIR PERSONS



**Jutta Lindert**  
Professor in Public Health at Emden, Germany and Brandeis University, Waltham/Boston, MA, USA. Her research interests focus on the interplay of culture, biology, life events and mental health, and on the long term health impact of violence on health and mental health. Finally, President of the EUPHA Public Mental Health Section.  
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**Stefano Capolongo**  
Architect and PhD in Public Health, Professor in Public Health and Hospital Design at Politecnico di Milano. Referent of Cluster "Design of Healthcare Facilities". General Secretary of CNETO (Italian national center for building and hospital design) and Coordinator of European Chapter of International Academy "Design & Health". Finally, President of the EUPHA Urban Public Health Section.  
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**Peter Van den Hazel**  
Based in the Netherlands, is trained as a Medical Doctor in environment and health. He specialised in children's environmental health and in the transfer of scientific knowledge into policies, at Services Gelderland Midden, The Netherlands. Finally, President of the EUPHA Environmental Health Section.  
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## 12th European Public Health (EPH) Conference "Building bridges for Solidarity and Public Health."

Marseille Chonot, Palais des Congrès et des Expositions  
114 Rond-Point du Prado, Marseille, France  
from 20th to 23th November 2019

## Three EUPHA Sections pre-Conference

# HEALTHY PLACES

## RESEARCH, STRATEGIES AND POLICIES TOWARDS HEALTHY PLACES AND HEALTHY PEOPLE

Wednesday 20th November 2019  
from 9:00 to 17:00 including lunch break  
room Endoume 1



## PROGRAM

09:00

### Introduction

**Stefano Capolongo**, Urban Public Health Section President  
**Jutta Lindert**, Public Mental Health Section President  
**Peter Van den Hazel**, Environmental Health Section President

### Session 01

Chair: **Stefano Capolongo**  
Politecnico di Milano, Italy

09:20

#### Holistic Approach to Urban & Mental Health.

**Kay Ilker** - Koç University  
Selma Karabey, Inanc Sumbuloglu, Fatih Artvinli, Yaşar Adanalı (co-authors)

09:40

#### Built Environment & Health: Policy analysis?

**Sé, Regina** - NOVA National School of Public Health (Portugal)

10:00

Identifying vulnerable and resilient neighbourhoods: an example of the Brabant environmental scan (BROS) monitoring environmental impact on health & wellbeing.  
**Van de Goor, Ien** - Tilburg University, Tranzo, The Netherlands  
JCM Cloin, RJ Smeets (co-authors)

10:20

#### Wrap-up, leading questions Delegate from the audience

10:30

Healthy break

## Take-home Messages & Closing Remarks

15:30

#### Developing a Research Agenda

Working Group coordinated by **Jutta Lindert**,  
**Marija Veniute Jakubauskiene** & **Johan Bilsen**  
Mental Health Section

### Session 02

Chair: **Jutta Lindert**  
University of Emden, Emden, Germany  
Brandeis University, Waltham, USA

11:00

#### Implementing research, strategies and best practice for the development of places of healing for mental health people in the community.

**Savvopoulou Eleftheria** - The Bartlett Real Estate Institute, University College of London (UCL)  
**Malcolm Mc Frederick** - C&I NHS Foundation Trust  
Evangelia Chryssikou, Edward Cox (co-authors)

11:20

#### Association between accumulated green exposure and depressive symptoms of older adults: GPS assessment study in Japan.

**Fujiwara Takeo** - Department of Global Health Promotion, Tokyo Medical and Dental University (TMDU)  
Yusuke Matsuyama, Nobutoshi Nawa, Yukako Tani, Ayako Marita, Norimichi Suzuki, Masamichi Hanazato, Hiroshi Murayama, Shigeru Inoue, Yugo Shobugawa (co-authors)

11:40

#### Sensor-Based Studies into Influence of Indoor Environmental Quality (IEQ) on Employee Stress and Productivity.

**Vildjounaite Elena** - VTT Technical Research Centre of Finland  
Johanna Kallio, Ate Kinnula (co-authors)

12:00

#### Wrap-up, leading questions & Mentimeter Survey Delegate from the audience

12:30

Lunch break

15:45

#### Developing a Practice Agenda

Working Group coordinated by **Stefano Capolongo**,  
**Evangelia Chryssikou** & **Greg Williams**  
Urban Public Health Section

16:00

#### Developing a Policy Agenda

Working Group coordinated by **Peter Van den Hazel**,  
**Marija Jevtic**  
Environmental Health Section

### Session 03

Chair: **Peter Van den Hazel**  
Public Health Services Gelderland Midden, The Netherlands

13:30

#### Daylight and urban living: a mixed method review.

**Florescu Silvia** - National School of Public Health, Management and Professional Development, Bucharest, Romania  
Constanta Mihaescu Pintia, Carmen Camelia Sasu, Daniela-Georgeta Popovici, Silvia Gabriela Sintece, Cristian Vladescu (co-authors)

13:50

#### How do Australian energy and urban planning policies contribute to healthy communities and health equity?

**MacDougall Colin** - College of Medicine and Public Health, Flinders University, Adelaide, Australia  
Fran Baum, Michael McGreevy, Toni Delany-Crowe, Matt Fisher, Patrick Harris, Peter Sainsbury, Mark Henley (co-authors)

14:10

#### Place-based policy and the Place Standard: supporting the creation of healthier places.

**Hasler Kat** - Place Standard Manager, Scottish Government Architecture and Planning  
**Christina Plantz** - Federal Centre for Health Education (BZgA), Germany

14:30

#### Wrap-up, leading questions & Mentimeter Survey Delegate from the audience

15:00

Healthy break

16:15

#### FISH BOWL I

Conclusions & Research Outlook  
**M.V. Jakubauskiene** & **J. Bilsen**, *MH Section vice-Presidents*  
**E. Chryssikou** & **G. Williams**, *UPH Section vice-Presidents*  
**M. Jevtic**, *EH Section vice-President*

+ pre-Conference participants & Sections' Members

17:00

Greetings

**Other activities:**

- **core-CV about the Health City Manager**, starting from the “*Urban Health Rome Declaration*” (Rome, 2017). Scientific Referent *Stefano Capolongo* and the Italian *Healthy City Institute*. (please, refer to Annex 02)



**HEALTH CITY MANAGER  
CORE CURRICULUM**

**Introduction**

The establishment of a training course for “Health City Manager” has been within the broader reflection launched by the Health City Institute think tank on the issue of health in cities; on the impact, and its measurement, of the urbanization phenomenon on health determinants; on the need for the adoption of a new interpretative paradigm that takes into account a multidisciplinary approach and a full involvement of the local institutional level, Administrations and Health Agencies aiming at targeting public policies on quality of life and healthy lifestyles for citizens.

In order to promote this vision at all institutional and decision-making levels so that it can develop a greater awareness on the urgency that the issue of health in urban areas imposes, Health City Institute identified in the professional of the so-called Health City Manager the most adequate profile to guide cities towards a model of “Healthy City”, contributing to increase the administrative capacity of local entities and to develop innovative and inclusive solutions in response to the health and well-being requests expressed by the citizens.

The establishment of the Health City Manager was endorsed also by the European Union, through the adoption of the own-initiative Opinion “Health in the cities: the common good” by the EU Committee of the Regions (May 2017) and the feedback expressed by the EU Health Commissioner on the occasion of the III Health City Forum in Rome (July 2018).

Health City Institute, together with project partners EUPHA (European Union Public Health Association – Urban Public Health Section) and ANCI (National Association of Italian Municipalities), on these premises, proceeded to design the learning profile and to start-up its training course.

The purpose of the training course is the creation of a professional with skills in public health management, sociology and psycho-sociology in communities, urban design and management in reducing social and health inequalities. The methodology that led to the elaboration of this document and, in particular, of the core curriculum of the Health City Manager has meant the participation and the contribution of highly qualified experts in each of the areas of competence and the sharing of a multidisciplinary approach that guaranteed an all-encompassing synthesis.

The present document is not for political purposes, but for academic ones and strategic planning: the course is intended, in fact, as a useful tool to creating a position that can be included within the Mayor’s staff and to developing those skills and those abilities that are however limited and functional to the objectives expressed by the municipal administration planning document with which the Health City Manager will interface. The added value expressed by the activity of the Health City Manager will also improve relations and performances of the local public administration and health authorities reconciling, and in a certain way overcoming, the separation - historically very clear in Italy - between the health and wellbeing and the healthcare sectors.



**LEARNING AND PROFESSIONAL PROFILE**

The HEALTH CITY MANAGER will acquire cross-sectoral and interdisciplinary knowledge in:

- promotion of health and well-being, prevention, through the adoption of correct lifestyles, of communicable and non-communicable diseases typical of urban areas, in synergy and collaboration with the Authorities for Public Health and Prevention, as well as the Health Professionals of the territory;
- assessment of the social and psychological impact of urban life on the quality of life of the citizen with specific attention to situations of greater fragility and to the weak categories of the population;
- city architecture, urban planning and design, in terms of the functionality of the various areas of the city and of the activation and coordination of participation processes, together with the ability to read, integrate and coordinate city plans aimed at governing the territory and transforming urban contexts;
- capacity in developing dialogue at the various institutional levels, in respect of mutual prerogatives, and interaction with the informal / horizontal levels for the organization of the city;
- measurement and monitoring of implemented public policies according to adequate timelines and criteria for the replicability and scalability of the project.

The HEALTH CITY MANAGER gains professional skills in public health management, sociology and psycho-sociology of communities, urban design and planning to reduce social and health inequalities.

Duration of the course is determined in University Educational Credits (CFU): each CFU corresponds to 25 hours of learning per student. Being a highly theoretical learning, each CFU corresponds to 8 hours of lessons and 17 hours of individual study. The duration of the course will be 80 hours of frontal teaching and a total of 250 hours per student (10 CFU).

Degrees valid for access to the course are Laurea Magistrale (LM) achieved in the fields pursuant to Ministerial Decree 22 October 2004, No. 270; Master’s Degree (L5) obtained pursuant to Ministerial Decree of November 3rd 1999, n. 109, or the previous equivalent; Diploma (DL) referred to the previous equivalent regulations; foreign equivalent qualifications or certificates.

**Annual meeting:**

**JTN-19** Friday 22th November - from 12:10 to 13:40 - room *Ratonneau* (please, refer to Annex 03)

- **Steering Committee review** (to be update on the official EUPHA website):
  - *Marcus Grant*, Cities & Health [Routledge Journal], United Kingdom
  - *Catharine Ward-Thompson*, OPENspace research centre, United Kingdom
  - *Rainer Fehr*, Bielefeld University, Germany
  - *Andrea Rebecchi* (Young representative proposed by Stefano Capolongo)
  - *Yolande Barnes* (proposed by Dr Evangelia Chryssikou)
  - *Obob Achioyamen* (proposed by Greg William)

**General communications with section members:**



**International participation in events on behalf of EUPHA:**

- **Symposium “Salutogenic Hospital Design and Urban Health”** of EU Regional Chapter’s of the International Academy for Design & Health at Politecnico di Milano, March 2019. Scientific Referent *Stefano Capolongo* (please, refer to Annex 04)

- **EGen2019 “The European Conference on Aging and Gerontology”** December 07-08, 2019 at The Bartlett Real Estate Institute, University College London, London, UK. Run in partnership with The Bartlett Real Estate Institute UCL, The National Archive of Computerized Data on Aging (NACDA) at the University of Michigan, USA, and the IAFOR Research Centre at Osaka University. Scientific Referent *Evangelia Chryssikou* (please, refer to Annex 05)

www.iafor.org/about/partners

**IAFOR Global Partners**

IAFOR has entered into a number of strategic partnerships with universities across the world to form the IAFOR Global Partnership Programme. These academic partnerships support and nurture IAFOR's goals of educational cooperation without borders, connecting the organisation with institutions that have an international and internationalising profile, and a commitment to interdisciplinary research. The IAFOR Global Partnership Programme provides mutual recognition and scope for Global Partner institutions and organisations to showcase their research strengths, as well as engage in the development of projects and programmes with IAFOR.

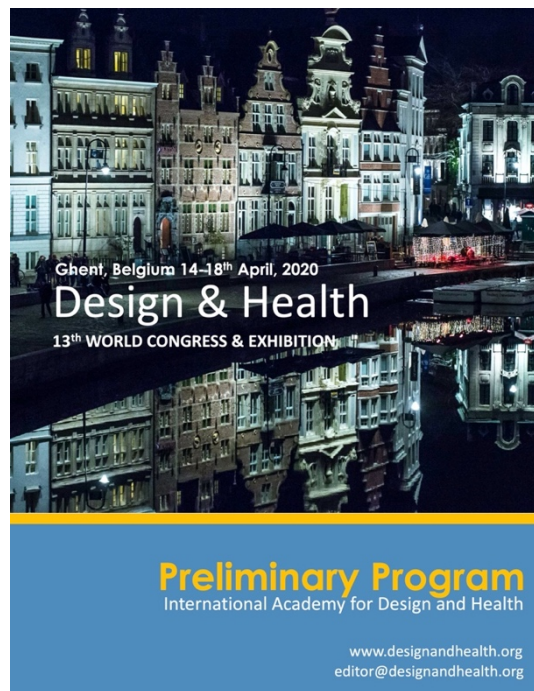


## Goals for 2020

### EUPHA section on Urban Public Health (EUPHA-UPH)

#### Goals for 2020:

- **Monograph with SPRINGER** about “*Urban Health*” topic, referring to the following milestones:
  - UPH President & vice-Presidents will define the **monograph title & purpose**; it will be sent to all the UPH Section Members (expected at the end of January 2020)
  - **call for paper** (title & abstract) deadline 20.02.2020
  - 1st selection phase by UPH President / vice-Presidents / Steering Committee (expected at the end of February 2020)
  - feedback about the Preliminary Proposal from the SPRINGER Editor expected 20.03.2020
  - **full paper** deadline 30.04.2020; then will start the review period by the UPH President / vice-Presidents / Steering Committee
  - **final submission** to the SPRINGER Editor deadline 31.05.2020 (finally edited by UPH President / vice-Presidents / Steering Committee)
  - **digital version** from SPRINGER Editor expected beginning Oct’20
  - **printed book** for EPH20 in Rome expected 15.10.2020
- Request for the EUPHA partnership and organization of **13<sup>th</sup> World Congress Design&Health** in Ghent, Belgium, from 14<sup>th</sup> to 18<sup>th</sup> April 2020. Due to EUPHA partnership, there is the possibility to enroll one representative at student fee and the participation of EUPHA members at "early bird" fees. (please, refer to Annex 06)





- **Residential Course** (LVIII) titled *“Re-think, DESIGN & MANAGE THE SALUTOGENIC CITIES”* Scuola Superiore di Epidemiologia e Medicina Preventiva “Giuseppe D’Alessandro” di Erice - Ettore Majorana Foundation and Centre for Scientific Culture, from 24 to 28 May 2020. Aim of the course is improving the HEALTHY CITY MANAGER core-CV and understand how to teach URBAN HEALTH DESIGN STRATEGIES to specializing students in hygiene and preventive medicine. The course will be in Italian but maybe an International keynote speaker will be invited onsite or through video-connection.
- **UPH Section Workshop** at the International Festival of Public Health (Manchester, July 2020), with Professor *Jop Boufford* and *Yonette Thomas* (President and Executive Director of the International Society of Urban Health). Scientific Referent *Greg Williams*
- **EPH20 in Rome** from 12 to 17 October 2020, together with the 16TH WORLD CONGRESS ON PUBLIC HEALTH (Public Health for the Future of Humanity: Analysis, Advocacy and Action)
  - **pre-Conference** to be organized (referent *Dr Evangelia Chrysikou*)
  - **Training Course** in *“URBAN HEALTH. New trends for Healthy and Sustainable Cities.”* (length = 8h; program to be defined) organized between POLIMI & EUPHA (referent *Stefano Capolongo*)
  - **Training Course** for the new professional skill of the *“Health City Manager”* to be scheduled close to EPH20 in Rome organized by POLIMI & Healthy City Institute (referent *Stefano Capolongo*)
- **UPH Section website NEWSLETTER - Social Media - TWITTER**
  - (referent *Greg Williams*, University of Manchester)
- **EPH Section connection to ISUH**
  - (referent *Greg Williams*, University of Manchester)
- **Research teams’ coordination to develop and submit Call for Research’s proposals** - as H2020 - with others Universities or Public Bodies interested in the *“Urban Health”* topic, related to: *Walkable Cities; Nature Based Solutions for Health (i.e. Green & Blue areas; Outdoor Air Pollution); Health Inequalities; Health Evidence Based Urban Planning Strategies.*
  - (referent *Dr Evangelia Chrysikou*, The Bartlett Real Estate Institute UCL)

Utrecht, 14<sup>th</sup> January 2020

*Stefano Capolongo*  
UPH Section President

supported by the UPH vice-Presidents  
*Greg Williams & Evangelia Chrysikou*