

2016 ANNUAL REPORT OF THE PUBLIC MENTAL HEALTH SECTION

Main activities of the PMH section:

- 1) Activities which are associated with the EPH conference
- 2) Other activities

Activities associated with the EPH conference

PMH Section in close collaboration with Emden University of Applied Sciences Emden/Leer (Germany), Politecnico di Milano, Italy and with the support of the EUPHA Sections on Urban Public Health and Environment related disease has organized a pre-conference on **Mental Health and Architecture** on the 9th of November, 2016. The main aim of this event was to strengthen the knowledge of Public Mental Health problems in the EU and to build a network of health professionals on mental health and mental disorders from a public health perspective with architects and planners. The pre-conference covered a wide variety of mental health issues related to outdoor and indoor spaces, presenting main concepts and evidences in mental health and architecture, urban environment, green spaces, neighborhoods. 11 presentations were followed by the round table discussions of experts providing an outlook of the main issues related to build environment and mental health. A strong support to continue with the interdisciplinary collaboration has been expressed by the participants of the pre-conference.

PMH Section has organized 6 workshops at the EPH 2016 conference in Vienna:

- (1) Mental health, stress and behavior
- (2) Individuals in need of mental health interventions
- (3) Mental health and vulnerabilities
- (4) Suicide prevention strategies
- (5) War and mental health
- (6) Terrorist attacks and mental health

PMH Section has also arranged a *Join the Network Meeting* during the EPH 2017 conference on the 11th of November, 2016. Around 30 members attended this network meeting. Participants were enthusiastic about the section's activities and the discussion was lively.

Agenda of the Join the Network Meeting:

- Welcome and opening
- Overview of the PMH Section activities in 2016
- Planning together joint activities and networking
- Sharing ideas for the workshops for the next year's EPH conference in 2017
- Newsletter PMH
- Any other businessess

The workshops were well attended. Participants expressed interests to follow up several topics of this year (e.g., ecological determinants of Public Mental health, migrants/refugees mental health, traumatic events and mental health, suicide and mental health, mental health over the lifecourse). Additionally, new new topics were proposed such as stigma and mental health, mental health literacy. It was agreed in the annual meeting to start writing a newsletter of the PMH Section for sharing research and other relevant news as well as continue networking.

Other activities in 2016

Throughout the year PMH Section has been actively involved in strengthening representation and visibility of the PMH Section and EUPHA on an international stage. Bilateral international collaboration has been developed between institutions PMH networking by signing the Memorandum of Understanding. The Presidents and the vice-presidents started planning the first PMH conference in Vilnius in 2017 and a PMH summerschool.

President Prof. Jutta Lindert was involved in several meetings on Public Mental Health at the international level. Of special concern was research on developing resilience facing traumatic events. Jutta applied with the vice-presidents and others section members for a research grant from Health 2020. The decision is pending. Vice-president Prof. Johan Bilsen participated at the World Conference of Mental Health with, among other things, a contribution about terroristic attacks and mental health (October 2016). Vice-president Dr. Marija Jakubauskiene has organized an international interactive workshop on “Public mental health issues in post-soviet countries” in Tbilisi, Georgia (October, 2016).

Prof. Jutta Lindert (president of the PMH Section)

Prof. Johan Bilsen (vice-president of the PMH section)

Dr. Marija Jakubauskiene (vice-president of the PMH section)