



## **Annual report 2020**

### **EUPHA Public Mental Health section (EUPHA-PMH)**

#### **Goals for 2020**

We aim to rise more awareness of the need to identify potentially modifiable factors which influence mental health and contribute to favorable resilience trajectories in times of the COVID-19 pandemic.

#### **Collaboration with section members**

The section president has immediately after the COVID-19 pandemic started to spread across Europe a series of virtual meetings with section members. These virtual meetings finally lead intensive discussion of PMH members and a diversity of activities such as working on papers and surveys. (see survey)

#### **Activities at the EPH conference**

The activities at the EPH conference are structured around workshops and the annual meeting of the section.

#### **Other activities**

The section president started collaborating more with the International Society for Environmental Epidemiology (ISEE) and further collaboration and joint projects are planned. The section organized a summer school of Public Mental Health in Porto for September 2020. This summer school had to be cancelled due to COVID-19. Furthermore, the president of the section is involved in developing a Public Mental Health Strategy in Germany which is led by the Robert – Koch – Institute.

#### **Annual meeting**

The annual meeting in 2020 will have as a major topic how to contribute to a better understanding of the mental health impact of the pandemic and how to increase preparedness for disaster in the future.

#### **General communications with section members**

The communication with the section embers in 2020 was mainly through a variety of zoom meetings (at least one / week often three meetings a week) organized by the section president. These meetings increased not only the cohesion of section members but gave the opportunity to share experiences and knowledge across Europe.

#### **International participation in events on behalf of EUPHA**

-

#### **Survey**



These virtual meetings finally lead to three different European studies which in which members of the PMH section are participating lead by Prof., Jutta Lindert. One project investigates mental health trajectories of the general population aged 18+. The other project investigates mental of people working in caring institutions such as homes for the elderly, assisted living and homes for people with handicaps.