



## COURSE

### “RESEARCH IN PUBLIC MENTAL HEALTH”

*Lectured by visiting professor Jutta Lindert*

*Date of the course: June 29—03 July, 2015*

**Lecture room: 108 (1st floor)**

Address: M.K. Čiurlionio str. 21, Vilnius

Faculty of Medicine, Vilnius University

### Programme of the course

29 June, <b>Monday</b>	
9:00 – 10:30	Mental health epidemiology (I)
10:30 – 11:00	<i>Coffee break</i>
11:00 – 12:30	Mental health epidemiology (II)
12:30 – 13:00	Questions and discussion
30 June, <b>Tuesday</b>	
9:00 – 10:30	Assessment methods including data assessment in public mental health (I)
10:30 – 11:00	<i>Coffee break</i>
11:00 – 12:30	Assessment methods including data assessment in public mental health (II)
12:30 – 13:00	Questions and discussion
1 July, <b>Wednesday</b>	
9:00 – 10:30	Construction of a questionnaire on life events and mental health (I)
10:30 – 11:00	<i>Coffee break</i>
11:00 – 12:30	Construction of a questionnaire on life events and mental health (II)
12:30 – 13:00	Questions and discussion
2 July, <b>Thursday</b>	
9:00 – 10:30	Piloting of a questionnaire on life events and mental health (I)

10:30 – 11:00	Coffee break
11:00 – 12:30	Piloting of a questionnaire on life events and mental health (II)
12:30 – 13:00	Questions and discussion
	<b>3 July, Friday</b>
9:00 – 10:30	Finalizing a questionnaire on life events and mental health (I)
10:30 – 11:00	Coffee break
11:00 – 12:30	Finalizing a questionnaire on life events and mental health (II)
12:30 – 13:00	Discussion, course evaluation

### **Aims and objectives of the course**

Research in Public Mental Health course aims to develop knowledge and skills on:

- main concepts, principles and issues of public mental health,
- concepts and methods in mental health epidemiology,
- assessment methods in public mental health,
- construction and piloting of life events and mental health questionnaires.

### **Learning outcomes**

Students will develop their knowledge and understanding of public mental health, epidemiologic and other methodological approaches from life course perspective. The course will enable students to identify, understand and evaluate public mental health issues, understand and apply core research methods in mental health epidemiology, data assessment, construction and piloting of questionnaires on life events and mental health. Students will be able to apply this knowledge and understanding in practice. The course also aims to improve general competences of abstract, analytical systemic, critical thinking, ability to work independently and in team.

### **Contact sessions**

Contact sessions of the course include lectures and workshops. Course methods entail a mix of multimedia presentations, case discussions, and practical tasks.

**Duration of the course** is 25 academic hours, 10 hours whereof are lectures and 15 hours – workshops.

**References:** compulsory and recommended readings will be handed during the course.

### **Course assessment**

At the end of the course a standard course evaluation questionnaire will be circulated.

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