

EUPHA Food and Nutrition Section – report on activities 2018/19

Activities at European Public Health Conference, Ljubljana, November – December 2018

- 28th November at 12.30: **Pre-conference event “Food culture and biodiversity”
Program**
-The impact of food culture and biodiversity on healthy diets, by Tim Lang - Centre for Food Policy, City University of London, Presentation of the
-The MaxVeg Project by Ulla Kidmose - Aarhus University, Denmark -Locally produced food – understanding the impact on health and sustainable development. By Peter Beznec - Centre for Health and Development Murska Sobota, Slovenia and Silva Nemes, TC - Innovation Technology Cluster Murska Sobota
- 30th November, at 12.30 **Annual section meeting “Join the Network of Food and Nutrition”, Annual General Meeting of the Section.**
- 1st December at 9.40: **Workshop I: Mediterranean diet as healthy and sustainable dietary pattern: perspectives and challenges
Program**
Clinical and epidemiological evidence of health benefits of the Mediterranean diet, Estefanía Toledo – Spain
Nutrition, Mediterranean diet and health in low-resources settings: a global perspective, Saverio Stranges – Luxembourg
The Mediterranean diet as a sustainable dietetic mode, Giuseppe Grosso – Italy Perspectives and challenges for adoption of the Mediterranean diet, Licia Iacoviello – Italy
- 1st December 11.40 **Workshop II: The EUPHA report on Healthy and Sustainable Diets: what EU policies are now needed? An event, planned in cooperation with the WHO Regional Office for Europe, within the main Conference:
Program**
How the report was developed, and its recommendations
Natalie Rangelov – Switzerland
Production reforms European agriculture
Christopher Birt - EUPHA (FN)
Food processing, food services, and consumption-oriented reforms, Lise Justesen – Denmark
The case for Sustainable Healthy Food policies Tim Lang - United Kingdom

Subsequent events:

Activities	
Section Skype meetings February 1 st March 6 th April 30 th May 21 st September 10 th	<p>This year every committee meeting has been conducted as Skype-meeting. Through the year 5 Skype meetings was held.</p> <p>All agenda and minutes can be requested from the Sectary of the Section: Lise Justesen <liju@kp.dk or the President</p>
The European public health week Dates: 13 – 17 May 2019	<p>The European public health week aims to create awareness about public health and demonstrate opportunities for healthy populations. Each day of the week focuses on a theme that relates to healthy populations. To celebrate healthy populations, the whole population has to be healthy, leaving no-one behind.</p> <p>Section representative was involved into the planning of the Sustainable & healthy diets day.</p>
Activities based on the Sections report on Healthy and sustainable Diets for European countries.	<p>Christopher Birt has been asked to contribute to Supplement of EPHJ on “The health-related Sustainable Development Goals in the European region – where are we after 5 years?” with a paper on healthy diets within our planetary boundaries. Several committee members of the Food and Nutrition Section contributed under the lead of Giuseppe Grosso.</p>
CAP reforms	<p>According to a leaked Commission document, it seems that the EC is about to consult on a future EU sustainable food policy (the draft consultation is 88 pages long. This is what we have been campaigning for years. In relation to this, EPHA (Nikolai Pushkaroff) and EUPHA (Christopher Birt, on behalf of the F&N Section) have obtained a grant of €50,000 from Fondation de France to explain the need to give priority to sustainable healthy nutrition within European food policy, both to other organisations across Europe, and to the population generally. Part of the work will contribute to the EPH Conference in Rome 2020.</p>
Involvement with JPI (Joint Programme Initiative) HDHL (Healthy Diet for Healthy Life)	<p>Christopher Birt has represented EUPHA on the Stakeholders’ Advisory Board of this research promoting initiative; he has provided a public health perspective. The</p>

	Advisory Board has elected Christopher Birt as its Vice-Chair. The Chair is Laura Fernandez. There has been a two-day meeting in Brussels, September 2019.
International meetings	<p>The Section has participated in</p> <ul style="list-style-type: none"> • 2nd World Congress on Public Health, Epidemiology & Nutrition: Recent Trends and Innovations in Empowering Public Health and Advancing Health Equity, 15-16 April 2019 in Milano. • Youth Ambassadors for the European Code against Cancer SUMMER SCHOOL 2019, Ljubljana, Slovenia, 31. 08. 2019 • European Association of Dental Public Health 24th Autumn conference in Ghent, Belgium, 12-14th September 2019 • STOP - Science and Technology in childhood Obesity Policy: First Childhood Obesity Stakeholder Conference and Dialogue, Brussels, 16 September
<p>Planning of activities for EPH 2019 in Marseille 20/11 – 23/11</p> <p>20th November 9.00-12.30</p> <p>21th November 14.30-16.20</p> <p>22th November 14.50-15.50</p>	<p>The programme has been planned throughout the year. The activities are based on topics proposed at the Sections Annual General Meeting, EUPH conference 2018.</p> <p>Pre-conference: Road to Framework Convention on Food Systems: tackling global syndemic with food policy</p> <p>Workshop I: Impact of nutrition on non-communicable chronic diseases: a global perspective</p> <p>Workshop II: Skills building seminar: Innovative future meal services targeting old people in Europe</p>

Prepared by

Lise Justesen- secretary of the F& N section

Christopher Birt- vice president of the F& N section

Tatjana Buzeti – president of the F & N section