

## Annual report 2021

### EUPHA Food and Nutrition section (EUPHA-FN)

#### Goals for 2021

The number of members has grown consistently during the last year despite the obvious limitations due to the COVID-19 pandemic. There have been no in person meetings or conferences, but most of activities that could have been performed in remote have been done. Moreover, there is an ongoing recruitment (or at least expression of interest) from non-European countries to be involved in the Section activities. Among the proposals for position papers, there has been work on methodology on how to proceed to propose food-based recommendations for European individuals. There is also an ongoing discussion on a position paper on ultraprocessed foods, but there are still some contrasting positions that need to be clarified among Section Members.

#### Activities at the EPH conference

The following workshops have been accepted for the EPH conference (another one has been prepared but not accepted):

- *Workshop*: Impact of nutrition on chronic diseases and environment in Europe: evidence and policy orientation, organized by EUPHA-FN, EUPHA-CD, and WHO Regional Office for Europe
- *Workshop*: Emerging behavioral risk factors for mental health: a life-course perspective, organized by EUPHA-FN & EUPHA-CD

#### Specific activities

- Giuseppe Grosso provided a lecture in a webinar co-organized by EUPHA and EFAD in the context of the *Public Health Week*, held on 20 May, entitled “Sustainable and nutritious diets for healthier populations”.
- Giuseppe Grosso participates as member of the external evaluation committee for the European WholeEUGrain project.
- Giuseppe Grosso participated as invited speaker on behalf of the FN Section in a webinar organized by the Hacettepe University (Turkey) entitled “Healthy Nutrition in Europe: Challenges & Perspectives”
- Christopher Birt and Enni Mertanen are members (and Christopher is Deputy Chair) of the Stakeholders Advisory Board of the JPI Healthy Diet for a Healthy Life (HDHL) organisation which, with EU support, sponsors and funds nutrition-related research. On this account, they are involved, formally on behalf of EUPHA, in the Stakeholders Advisory Board of the “CHIC Project” (a research and innovation project supported through the EU Horizon 2020 funding programme supporting the establishment of a responsible innovation pathway for the development and application of New Plant Breeding Techniques for chicory as a multipurpose crop for the production of high-value consumer products, in line with societal needs and concerns).

### **Annual meeting**

Albeit the program for the annual meeting is not ready yet, the following points will be considered:

- Presentation of methodology for food-based dietary recommendations
- Decision on potential involvement of external scientific experts
- Definition for potential other position papers
- Candidates for new steering committee and working groups
- Discussion on potential dissemination activities (public health week)

### **General communications with section members**

The communications have been done mostly by mailing list (and personal emails, when required).

Separate groups of personal emails are used for specific working group.