

## Curriculum Vitae: Prof. dr. Ute Bültmann

Date and place of birth: November 11, 1968, Schüttorf, Germany



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### Education

1997-2001 **PhD**, Faculty of Medicine, Dept. of Epidemiology, Maastricht University, the Netherlands; **Thesis:** *Fatigue and Psychological Distress in the Working Population: The Role of Work and Lifestyle*; **Supervisors:** Prof. Dr. P.A. van den Brandt, Dept. of Epidemiology, Maastricht University and Prof. Dr. S.V. Kasl, Yale University School of Medicine, Dept. of Epidemiology and Public Health, New Haven, CT, USA

### Present appointments

06/2012 - present **Professor of Work and Health**, Dept. of Health Sciences, Community and Occupational Medicine, University Medical Center Groningen (UMCG), University of Groningen, The Netherlands

### Affiliations

01/2015 - present **Visiting Professor**, National Research Centre for the Working Environment, Copenhagen, Denmark  
02/2012 - present **Guest Researcher** with Karolinska Institute, Division of Insurance Medicine, Dept. of Clinical Neuroscience, Stockholm, Sweden

### Additional qualifications

2019 Registration as Epidemiologist B with the Netherlands Epidemiology Society

### Grants, scholarships and prizes (*total amount as formal applicant and co-applicant € 27.400.000*)

2022 Gravitation scheme - Stress in Action, moving the science of stress from lab to daily life, Netherlands Research Council (NWO) Ministry of Education, Culture and Science  
2017 VICI laureate - Today's youth is tomorrow's workforce: Generation Y at work, The Netherlands Organisation for Scientific Research (NWO) VICI Innovation Scheme

### Management experience

Member of the **Scientific Advisory Board of the Institute of Work & Health**, Toronto, Canada (2017-present); Appointed member of the Scientific Committee of the **Danish Work Environment Research Fund (AMFF)**, Ministry of Employment, Copenhagen, Denmark (2017-present); Vice president of the **Steering Group of the European Public Health Association (EUPHA) Section Social Security, Work and Health** (2016-present); Program leader Public Health Research (co-leadership, 2013-present); Chair of the **PhD Educational Program Committee** of Research Institute SHARE, University of Groningen (2012-present); Member of the **Program Executive Committee** of the CIHR "Work Disability Prevention Strategic Training Program", Dalla Lana School of Public Health, University of Toronto, Toronto, Canada (2010-2015).

## Curriculum Vitae for Ute Bültmann, PhD

### **Main research area**

My research focuses on the epidemiology of work and health, the prevention of work disability, and the facilitation of healthy ageing at work from a life course perspective.

### **Supervision and teaching**

My research group currently consists of 3 Postdocs and 13 PhD students. 20 PhD students completed their thesis successfully under my supervision. I am the coordinator of Research Master Course Public Health Epidemiology and Master thesis and manager of the statisticians/methodologists at the Department of Health Science.

### **Publications (selection)**

280 international, peer-reviewed journal articles; H-index (WoS): 48

Arends I, van Zon SKR, Bültmann U. Supporting workers with mental health problems at work: challenges and avenues. *Scandinavian Journal of Work Environment & Health*. 2022 Jul 1;48(5):323-326.

Faruque, M.O., Framke, E., Sørensen, J.K., Madsen, I.E.H., Rugulies, R., Vonk, J.M., Boezen, H.M., Bültmann, U. Psychosocial work factors and blood pressure among 63 800 employees from The Netherlands in the Lifelines Cohort Study. *Journal of Epidemiology & Community Health*, 2022, 76(1): 60-66.

Sikora, A., Schneider, G., Wegewitz, U., Bültmann, U. Employees Receiving Inpatient Treatment for Common Mental Disorders in Germany: Factors Associated with Time to First and Full Return to Work. *Journal of Occupational Rehabilitation*, 2022 Mar;32(1):114-127.

De Groot, S., Veldman, K., Amick, B.C. III, Oldehinkel, A.J., Arends I., Bültmann, U. Does the timing and duration of mental health problems during childhood and adolescence matter for labour market participation of young adults? *Journal of Epidemiology and Community Health*, 2021, 75(9):896-902.

Schriemer, A.G., Roelen, C.A.M., Abma, F.I., van Rhenen, W., van der Klink, J.J.L., Bültmann, U. Sustainable employability of teachers with hearing loss. *International Journal of Audiology*, 2021, Nov 22:1-8. doi: 10.1080/14992027.2021.2000650. Epub ahead of print.

Bültmann, U., Arends, I., Veldman, K., McLeod, C.B., van Zon, S.K.R., Amick III, B.C. Investigating young adults' mental health and early working life trajectories from a life course perspective: the role of transitions. *Journal of Epidemiology & Community Health*, 2020, 74(2): 179-181.

Ehrenstein, J.K., van Zon, S.K.R., Duijts, S.F.A., van Dijk, B., A.C., Dorland, H.F., Schagen, S.B., Bültmann, U. Type of cancer treatment and cognitive symptoms in working cancer survivors: an 18-month follow-up study. *Journal of Cancer Survivorship*, 2020, 14(2): 158-167.

Nieuwenhuijsen, K., Verbeek, J.H., Neumeyer-Gromen, A., Verhoeven, A.C., Bültmann, U., Faber, B. Interventions to improve return to work in depressed people. *Cochrane Database Systematic Reviews*. 2020 Oct 13;10:CD006237.

### **Handbook**

Bültmann, U. & Siegrist J. Handbook Series in Occupational Health Sciences Volume 1: Handbook of Disability, Work and Health (Eds.), Springer Nature, New York, 2020