



EUROPEAN PUBLIC HEALTH WEEK



Dear reader,

Today mental health was in the spotlights on the European Public Health Week stage. Thank you GAMIAN-Europe for hosting this kick-off event. The webinar started with a video from the Vice President of EUPHA's Public mental health section, Jutta Lindert. She described the need of research in the context of the effects of the pandemic on mental health. Monica Brînzac, coordinator at EUPHANxt, welcomed the participants and highlighted the events to come on this day. Chiara Samele and Julian Beezholt took over to share insights on GAMIAN-Europe's brand new survey about mental health needs & services during the pandemic, from both a patient and clinicians perspective. Radka Maxová, co-chair of the MEP Alliance for Mental Health mentioned the growing demand on mental health services due to the pandemic and the war in Ukraine and the many challenges that are ahead of us in the mental health. She's working on a comprehensive EU strategy as an answer to the mental health situation. Helen Bennett there after told about her successful practice, followed by John Saunders' vision on the current state of mind on mental health services, seen from the carer perspective. To top the session off, a panel of experts by experience (Erik van der Eycken, Paivi Rissanen and Péter Kéri) shared their country perspectives.

[Watch the webinar here.](#)



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At the moment, the whole picture of the effects of the pandemic remain unknown. Therefore we need longitudinal, reliable data to better understand, mitigate and if possible prevent mental health conditions. One of these studies is the one that is presented today by GAMIAN Europe.

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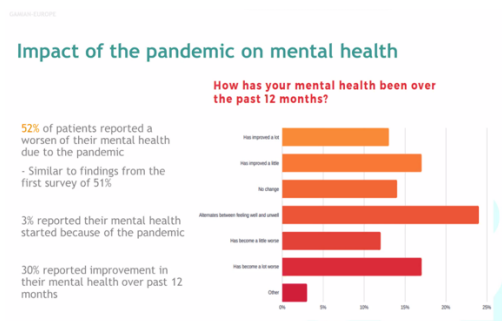
Prof. Jutta Lindert, Vice President of EUPHA's Public mental health section

Other events today

Of course there were a lot more events today. Let us give you a little glimpse:

- The Medical University of Pleven organised a webinar with the aim to increase motivation and skills of student nurses to work with different patients, so stress, mistakes and dissatisfaction will decrease. They also organised a lot of physical activities to emphasize the connection between physical activities and mental health.
- Instituto de Salud Carlos III, Instituto Aragonés de Ciencias de la Salud, Robert Koch Institute, Gesundheit Österreich GmbH & Swansea University joined their forces to talk about **COVID-19 related changes in mental health in Europe**.
- The Health Policy Partnership **shared a video** on the regional inequalities in access to appropriate mental health care.
- Students of the public health department of the Angel University of Ruse learned about the topic of mental health.
- The importance of sleep was learned to students of the American International School of Cyprus, organised by the University of Nicosia Medical School.
- Manchester University celebrates the European Public Health Week again today with their interactive information board.
- Marija Jevtic organised the Mental Health Forum at the Faculty of Medicine Novi Sad (Serbia): "The Mental Health Forum is a safe and open place (and shelter) for discussing the importance of mental health and raising various topics related to mental health students and future health professionals (for two years). Mental Health is essential for health workers and young healthcare professionals."

Find a summary of the fourth day in Wakelet.



EUPHA featured events of the Friday - Building resilient health systems

- Find an overview of all events here.
- 08:00 - 09:15 (CEST) Webinar - Wake-up: Building resilient pharmaceutical systems (Gesundheit Österreich)
- 09:00 - 13:00 (CEST) War in Ukraine and Public Health (ASPHER & Medical University of Gdansk during the II Gdansk Health Days)
- 10:00 - 11:00 (CEST) Personalized medicine and public engagement (EUPHA Section Public Health Genomics in collaboration with EUPHA Section Public Health Epidemiology and others)
- **10:00 - 11:30 (CEST) Kick-off event EUPHA & the Observatory: Transforming health systems for resilience: access, workforce & digital**
- 10:00 - 11:30 (CEST) Showcasing cross-border cooperation to strengthen health (WHO Regions for Health Network)
- 12:00 - 13:30 (CEST) Health provision in times of armed conflict: what have we learned from the last European conflict in ex-Yugoslavia? Organised by European Health Forum Gastein
- 12:00 - 13:45 (CEST) Our Executive Director Dineke Zeegers is involved in the panel discussion on 'Public Health Risks and Moral Responsibility: The COVID-19 Pandemic' (Cyprus Epidemiology and Public Health Association)
- 13:30 - 14:00 (CEST) Lecture: Country visits: interviewing health information system stakeholders (PHIRI)
- 13:00 - 14:00 (CEST) Workforce for tomorrow's emergencies - Visions for preparedness 2.0 (WHO EURO Regional Center on Emergency Preparedness, Istanbul)
- 14:00 - 15:15 (CEST) Pillars of Health coalition: launch event (The Center for Health Policies and Services - Romania | Media Education Centre - Serbia | VU Athena Institute - the Netherlands | Wemos - the Netherlands)
- 15:00 - 16:00 (CEST) School as part of community to child sexual abuse (EUPHA Injury Prevention and Safety Promotion and others)
- 15:00 - 16:00 (CEST) RE-building resilient health system: Ukrainian perspectives (Public Health Center Ukrain)

On this page you can find all events for all days. You can find them per day, country, language, by format or all in one overview. If you go to all events, there's a link to a PDF file per day, which gives you an easy overview of everything that happens on each day.

Daily themes & partners

Friday 20 May - Building resilient health systems

The Observatory on Health Systems and Policies

Speakers: Joseph Figueras (The Observatory on Health Systems and Policies), Natasha Azzopardi-Muscat (WHO/Europe), Maya Matthews (European Commission), Anna Odone (EUPHA Digital health section), Anna Sagan (The Observatory on Health Systems and Policies), Ewout van den Ginneken (The Observatory on Health Systems and Policies), Matthias Wismar (The Observatory on Health Systems and Policies), Suszy Lesoff (The Observatory on Health Systems and Policies), Erica Richardson (The Observatory on Health Systems and Policies), Maaïke Droogers (EUPHA) & EUPHA's executive director Dineke Zeegers-Paget).

TRANSFORMING HEALTH SYSTEMS FOR RESILIENCE: ACCESS, WORKFORCE & DIGITAL KICK-OFF DAY 5 - EUROPEAN PUBLIC HEALTH WEEK

Other panellists: Ewout van Ginneken, Anna Sagan, Matthias Wismar (Observatory)
Dineke Zeegers-Paget, Maaïke Droogers (EUPHA)

Facilitators: Suszy Lesoff and Erica Richardson (Observatory)

AGENDA | 10.00 - 11.30 (GMT+2)

Opening remarks

Resilience policies and strategies: WHO and European Commission perspectives

Expert panel discussion

Interaction with the audience

Closing remarks



Health ALWAYS plays an important role in your life

Watch our European Public Health Week 2022 video. Feel free to share it with your network! It's too late to organise an event, but it's not too late to join events and spread the word!



Spread the word about the EUPHW2022

Tag us when you're talking about the #EUPHW on social media, so your network might get enthusiastic to join the events too. Feel free to use [the dissemination kit](#) to spread the word about the European Public Health Week!

Enjoy the last day of the EUPHW!

If you have questions concerning the EUPHW, feel free to reach out to us at euphacommunications@eupha.org.

Kindest regards,

Annemieke Schuffelen
EUPHW2022 Coordinator