

EPH Conference 11th Nov 2022

Skills building seminar

Children and young people:

Engaging the unheard stakeholder.

Summary of event

Chairs: Jinane Ghattas, EUPHANxt, UCLouvain & Dr Helen Skirrow, Imperial College London.

Panelists:

Monica Brinzac, EUPHANxt, Babeş-Bolyai University.

Dr Kim Foley, Imperial College London.

Lysander Slyngborg, Citizen Scientist

Professor Sonia Saxena, Imperial College London & President EUPHA Child & Adolescent Public Health



Outline

11:45: **Next generation perspectives** (Videos), *Jinane Ghattas*

11:55: **Our reflections** (Mentimeter), *Helen Skirrow*

12:05: **Youth engagement story** *Lysander Slyngborg*

12:10: **Examples of engaging young people & children** *Kim Foley & Helen Skirrow*

12:15: **Group exercise** *Monica Brinzac, Jinane Ghattas & Helen Skirrow*

12:25: **Feedback from group exercise** *Monica Brinzac, Jinane Ghattas & Helen Skirrow*

12:30: **Reflections** *Sonia Saxena & Lysander Slyngborg*

12:35: **Take home messages** *Jinane Ghattas & Helen Skirrow*

12:40: **Close**



What are your thoughts after watching that video?



Mentimeter



The importance of engaging young people and children:

Jinane Ghattas & Helen Skirrow



12: Children have right to express their views, feelings and wishes in all matters affecting them, and to have their views considered and taken seriously.

13: Every child must be free to express their thoughts and opinions.

Youth engagement story: Lysander Slyngborg



Examples of engaging children & young people:

Kim Foley & Helen Skirrow



Children's workshop: “Why do you think physical activity is important?”

Kim Foley

“gets energy going”

“boosts your power and gives you energy”

“if you are stressed it makes you feel happy again”

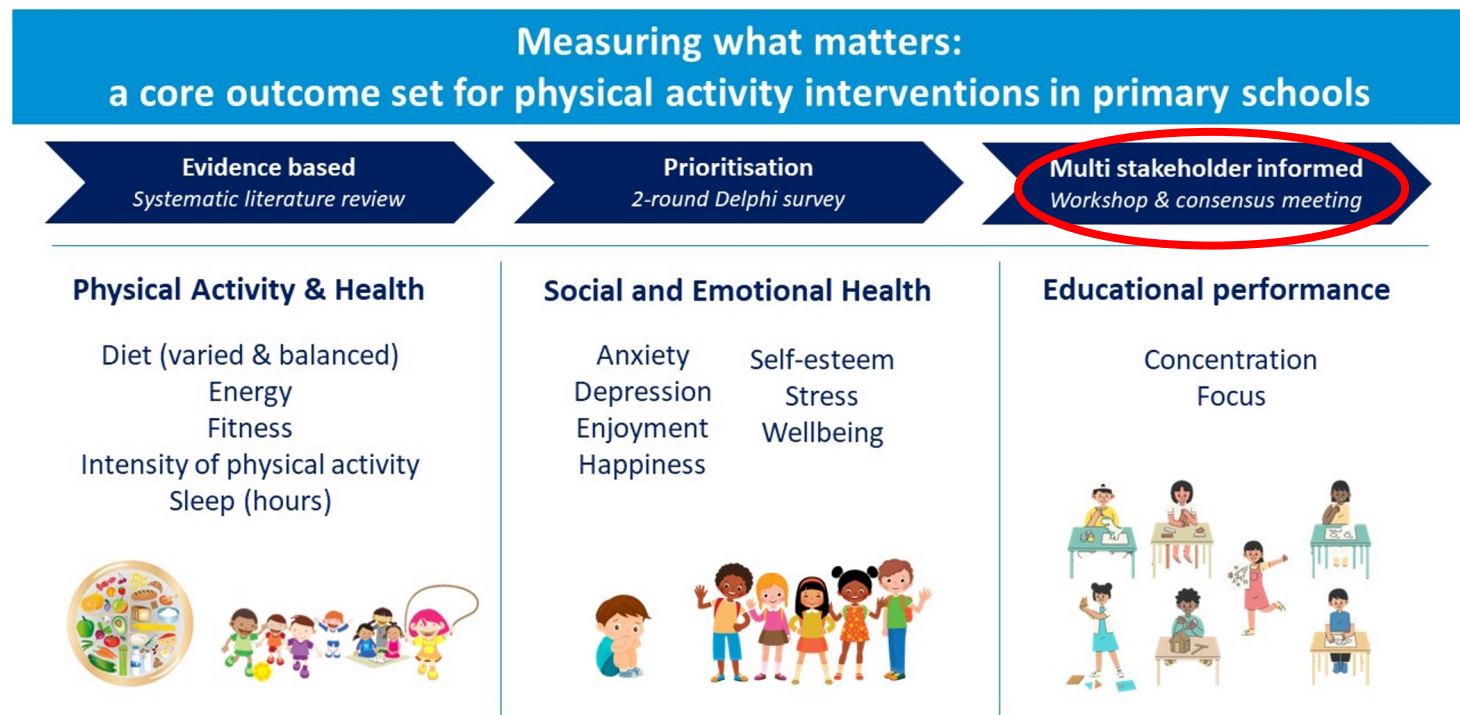
“entertaining”

“you feel more healthy”

“helps muscles get stronger”

“it makes you want to do more of it”


“makes you more durable”



Involving students to help shape research: *Kim Foley*



How did wearing the monitor feel...

During the day? 


"Felt okay"

"Fantastic -
didn't feel it"

"Great"

"Comfortable"

"Amazing, I loved it so much I
never wanted to take it off"

During a bath/shower? 

"I moved it further up my
arm it kept slipping"

"Scared, I was worried it
was not water-proof"

"I didn't wear it in the bath"

Whilst sleeping? 

"Fantastic - didn't feel it."

"Great"

"Super"

Example: Engaging young people: *Helen Skirrow*



EDITORIALS

 Check for updates

Should the UK vaccinate children and adolescents against covid-19?

The UK is an outlier in holding off vaccinating healthy 12-17 year olds

Sonia Saxena,¹ Helen Skirrow,¹ Kate Wighton²

¹ Department of Primary Care and Public Health, Imperial College London, London W6 8RF
² Communications and Public Affairs, Imperial College London, London, UK

 Check for updates

Covid-19 vaccines for teenagers: conversations and consent

Whatever teenagers and families decide, their views must be heard and respected

Sonia Saxena,¹ Helen Skirrow,¹ Helen Bedford,² Kate Wighton³

¹ Department of Primary Care and Public Health, Imperial College London, London, UK
² Department of Population Policy and Practice, University College London



EDITORIALS



 Check for updates

Vaccinating children aged under 5 years against covid-19

Whether other countries should follow the US's lead is unclear

Sonia Saxena,¹ Helen Skirrow,¹ Kate Wighton²

¹ Department of Primary Care and Public Health, Imperial College London, London, UK
² Faculty of Medicine, University of Southampton, Southampton, UK

EDITORIALS

 Check for updates

ESSENTIALS

Consenting children aged under 18 for vaccination and treatment

Sonia Saxena,¹ Helen Skirrow,¹ Arti Maini,¹ Benedict Hayhoe,¹ Nina Pollok²

¹ Department of Primary Care and Public Health, Imperial College London, London, UK
² Leeds School of Medicine, University of Leeds, Leeds, UK

PRACTICE



Imperial College
London

Child Health Unit

Group Exercise:

Monica Brinzac, Jinane Ghattas & Helen Skirrow



- You are a **Public Health Practitioner** in a local public health department.
- A **new vaccine for children aged 12–18 years** is being introduced to prevent cancer in later life.
- ***Brainstorm*** in your groups about **how** you would **engage local children aged 12–18 years** to **raise awareness and promote uptake of the new vaccine**.
- Think about **who** you would engage and ***how you would overcome barriers***.
- You need **1 person to scribe** and **1 person to feedback** from each group.
- Please take **10 minutes**.



Feedback from the groups:

Monica Brinzac, Jinane Chattas & Helen Skirrow

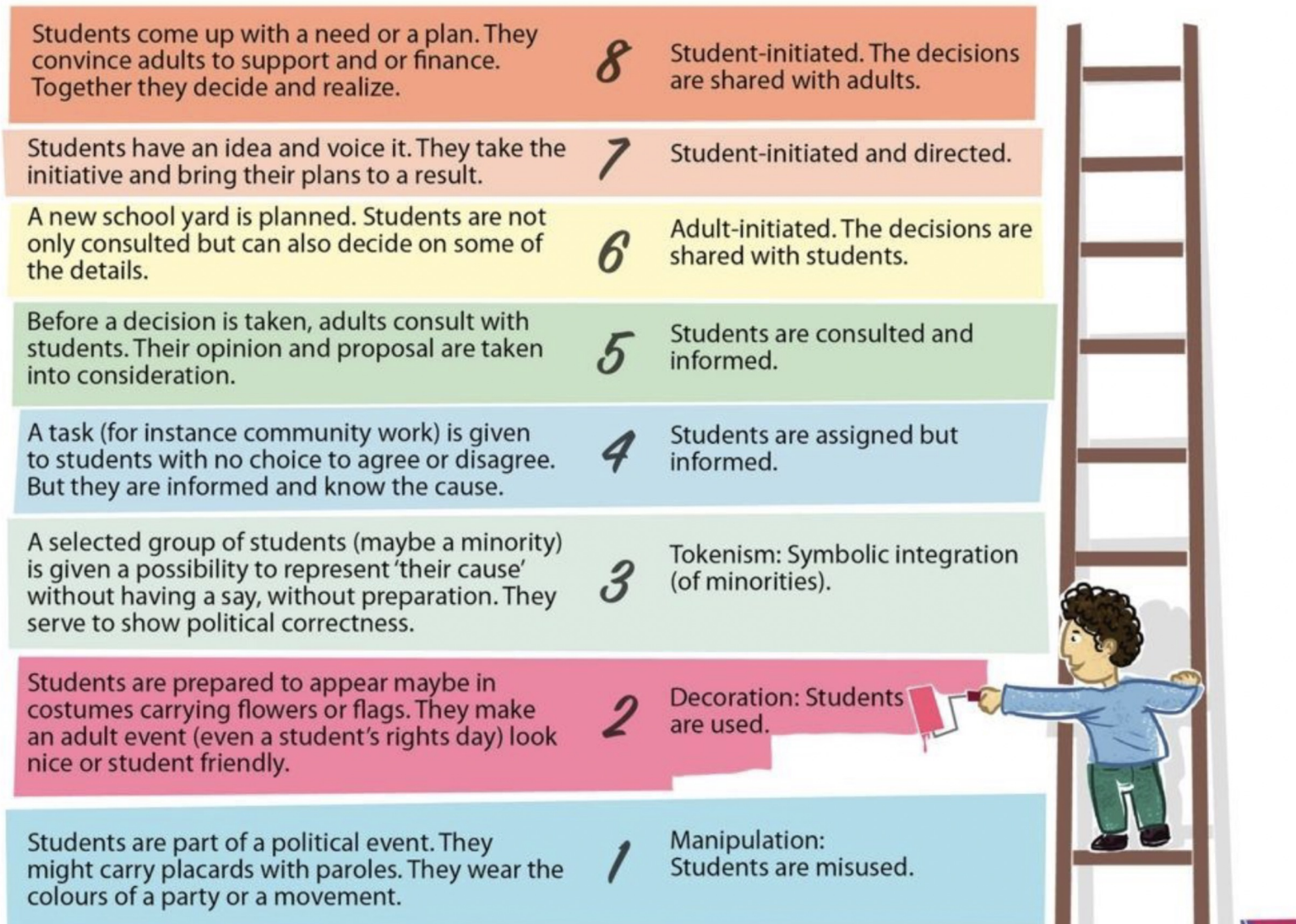


Reflections:

Sonia Saxena & Lysander Slyngborg



Take home messages: *Jinane Ghattas & Helen Skirrow*



EUPHA
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CHILD AND ADOLESCENT
PUBLIC HEALTH



Children and young people: Engaging the unheard stakeholder

Take home messages: *Jinane Ghattas & Helen Skirrow*



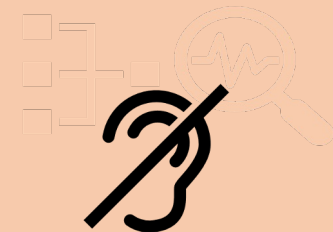
Prioritize engaging young people & children in policy & research



Build on existing networks such as schools & youth groups to engage young people and children



Engage with children and young people from those groups whose voices are less often heard



Children and young people: Engaging the unheard stakeholder



Feedback

Thank you so much for the inspiring session on youth participation at EUPHA

It was great, really enjoyed it!

Someone next to me said it was the most engaging session they'd been to at the conference (and I totally agree)! 14:10

Excellent example of engaging children & young people in the development of a core outcome set for [#PhysicalActivity](#) interventions in primary schools. For example, children helped design the protocol for wearing of activity trackers [#EPH2022](#) [#COS](#)

Great to see such a commitment from [@CaphEupha](#) [@EUPHANxt](#) to making engagement with children & young people in research and policy a priority 🍷
[#EPH2022](#)

Fantastic, engaging session led by [@HelenSkirrow](#) exploring the importance of involving children and young people in research
[#nothingaboutuswithoutus](#) [#EPH2022](#)

💡 Great start to the day for our colleagues [@debbiejwalters](#) & [@HarrisAMarc](#) at [@EPHconference](#). Really interesting talk being held on giving young people a voice 🗣️ to enable them to inform policy & engaging 'the unheard stakeholder'

[@KA_Foley](#) [@JinaneG](#) [@BrinzacMonica](#)
[#EPHC2022](#)

