

## Annual report 2022

### EUPHA CAPH

#### CAPH Goals for 2021 - 2025

- To connect public health professionals who share an interest in child and adolescent health
- To provide a forum for knowledge exchange for child and adolescent health
- To provide analysis on child and adolescent health
- To advocate for child and adolescent health in all policies
- To translate science into action for child and adolescent health

We have also identified renewed priorities for action and the objective and specific actions for CAPH can be viewed in our 3 year action plan which is continuously reviewed and updated

#### Collaboration and communication with section members

##### Join the network meeting 2022:

The “Join the network” meeting during the World Public Health Congress 2021 was attended by 40+ participants. After introducing the steering committee, president Sonia Saxena was looking back on all the things the committee has achieved in 2022. Vice president Julia Dratva showed the attendees our plans for 2023 and we discussed what we would like to work on together in 2023.

Different topics were mentioned:

1. Health promotion (literacy) : identifying the youth’s (and parents) needs and what they need to know/life skills
2. Digital Health Data
3. Health Systems: learning objectives at school/the curriculum does not include mental/fysical health
4. Chronic diseases
5. Health inequality

As the interest of young people is not reflected in (health) policy, the section should work on integrated health topics and addressing stakeholders on the right level. [Minutes](#) are on the website.

##### Newsletters and news:

- Members received 5 [newsletters](#) in 2022. In between, they are contacted by e-mail to be informed on current news or activities. One newsletter featured an interview with our young expert guests in the workshop ‘*engaging the unheard stakeholder*’ (EPH 2021) which we organize together with EUPHAnxt. See also our [young stakeholders](#) of 2022.
- Members were contacted and invited to participate workshops organized for EPH Conference 2022 and the Join the Network Meeting in Berlin.

## Activities at the EPH conference/ World Public Health Congress Nov 2022

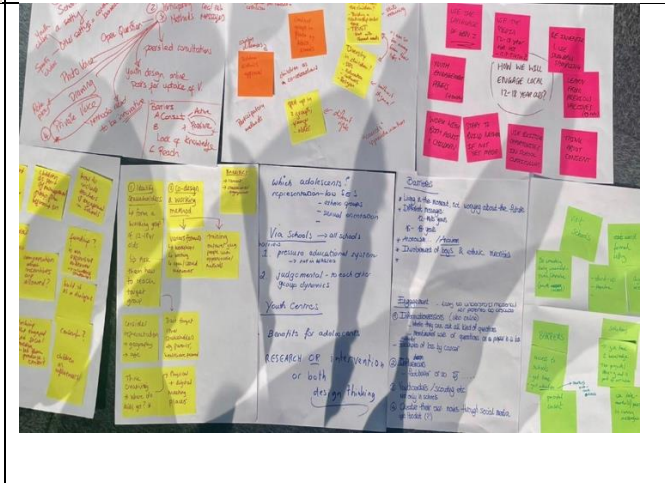
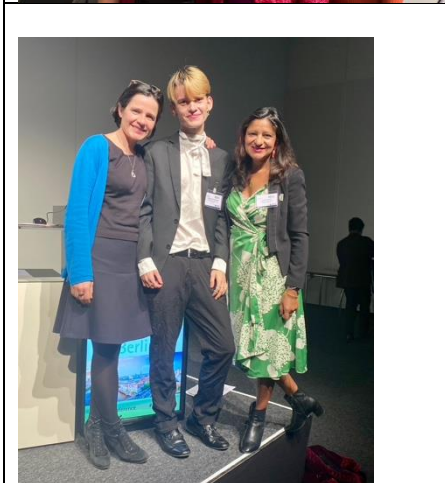
### Preconference activities

- Our section President and Vice President attended a pre conference policy workshop to implement a WHO roadmap on tackling non-communicable disease



- JTN meeting and [report](#)

- **Workshops** The steering committee submitted, organized, and chaired the following workshops (red) longlist below
- **-Engaging the unheard stakeholder (joint Euphanxt)**



- **Report** from young person hosted by CAPH sharing what impact attendance at EUPHA had on research identity (Lysander Slyngsborg)
- Written proceedings have now been made available on CAPH EUPHA webpages
- Our members were also active participants in many parallel sessions (green)



Thursday
Workshop: Promoting and enhancing health literacy through school interventions Orkan Okan - EUPHA (HP), <b>Julia Dratva - EUPHA (CAPH)</b> ,
Teachers' mental health literacy and action competencies <b>Julia Dratva</b> Switzerland
Friday
Workshop: National and European studies on health literacy in children and adolescents Chairperson(s): Orkan Okan - EUPHA (HP), <b>Sonia Saxena - EUPHA (CAPH)</b>
HL-Kids-NRW – Study of fourth-graders' health literacy <b>Torsten Michael Bollweg - Germany</b>
Measuring health literacy and its associations with health behaviors of adolescents in Germany <b>Anne-Kathrin Mareike Loer - Germany</b>
Exploring children's health literacy in the Netherlands—results in a sample of 8-11 year olds <b>Jany Rademakers - Netherlands</b>
Health literacy among adolescents: summary of some key findings from ten European countries <b>Leena Paakkari - Finland</b>
Digital health literacy and health behaviors of eighth and ninth graders from Germany <b>Kevin Dadaczynski - Germany</b>
<b>Skills building seminar: Children and young people: engaging the unheard stakeholder</b> Chairperson(s): <b>Sonia Saxena - EUPHA (CAPH)</b> , <b>Jinane Ghattas - EUPHAnxt</b>
<b>Workshop: Mental health promotion is key to making a change for children and adolescents</b> Chairperson(s): <b>Julia Dratva - EUPHA (CAPH)</b> , <b>Jutta Lindert - EUPHA (PMH)</b>
Workshop: Oral presentations: Digital interventions <b>Julia Dratva (EUPHA-CAPH)</b> , <b>Raziye Salari (Sweden)</b>
Central concepts in mental health promotion programs for children and adolescents: Evidence and examples from Switzerland <b>Frank Wieber - Switzerland</b>
Implementing Mental Health Promotion Initiatives—Process Evaluation of the ABCs of Mental Health in Denmark <b>Lourdes Cantarero Arevalo - Denmark</b>
Challenges in school-to-work transition for marginalized groups - the need to strengthen structures for vulnerable youth (post pandemics) Findings from the German project "Co*Gesund" <b>Maja Kuchler - Germany</b>
Family factors contribute to mental health conditions – a systematic review <b>Sarah Marth - Germany</b>
Meeting the governance challenges of integrated health and social care <b>Josephine Exley - United Kingdom</b>
COVID-19 containment measures impact utilization and provision of healthcare in Europe <b>Julia Dratva - EUPHA (CAPH)</b>
Evaluation of opt-in HIV testing in the construction workplace using the socioecological framework <b>Holly Blake - United Kingdom</b>
The Health and Quality of Life Development Plan as a policy advisory tool for municipalities <b>Rita Sequeira - Portugal</b>
Barriers and Facilitators to Healthcare Service Access among Persons with Spinal Cord Injury (SCI) <b>Olena Bychkovska - Switzerland</b>
How to involve 'hard to reach' population groups in research projects

<i>Lilian van der Ven - Netherlands</i>
Heaven knows I'm miserable now: Free market capitalism, health and well-being in European countries <i>Pål Erling Martinussen - Norway</i>
Addressing the relational determinants of health <i>Alison Mc Callum - United Kingdom</i>
<b>Saturday</b>
<b>Workshop: It Takes Two To Improve European Child Health (Care) Organised by EUPHA-CAPH et al., European Journal of Public Health Chairpersons: Danielle Jansen, Julia Dratva - EUPHA (CAPH)</b>
<b>Workshop: Developmental and School-Based Factors Shaping Sexual and Gender Minority Youth Mental Health Chairperson(s): Arjan van der Star - EUPHA (SGMH), Sonia Saxena - EUPHA (CAPH)</b>
Sexual orientation and mental health disparities in US pre-teens: A longitudinal mediation study <i>Arjan van der Star - EUPHA (SGMH)</i>
Suicide attempts in LGBTQ+ youth in Switzerland: Qualitative insights in school-based risk factors <i>Niolyne Jasmin Bomolo - Switzerland</i>
Sexual attraction-based disparities in adolescent mental health: The role of school norms <i>Wouter Kiekens - Netherlands</i>
<b>Dilemmas around self-disclosing identity and health status among sexual and gender minority adolescents living with chronic condition: A dialogical study</b> <i>Lourdes Cantarero Arevalo - Denmark</i>
Structural and school factors, affirmation and well-being among gender minority youth across Europe <i>Sandra Sevic - Croatia</i>

Also, the directorate and CAPH members participated in abstract scoring and shortlisting, offered abstract mentorships.

#### Collaboration with other EUPHA sections:

- CAPH connected with EUPHANxt and EUPHA Mental Health Section for future combined efforts in reaching our aims such as joint workshop submissions. Discussions have started with EUPHANxt to establish a fixed workshop on engaging young people in public health policy 'engaging the unheard stakeholder' chaired and organized collaboratively.

#### **International collaborations, campaigns and advocacy on behalf of EUPHA**

- CAPH participation in and support of the WHO UNESCO Global Chair "– Survey on the Safe Reopening of Schools". This consultation led to the first publication of a WHO safety checklist for schools and is now in second advisory phase and ongoing.

#### **Publications**

- We have co-authored a pan European statement 'Children are not small adults' calling for attention to research on [multiple morbidity in children](#) published in the International Journal of Epidemiology <sup>1</sup>

#### **External visibility and social media presence:**

Our president has been very active in contributing and sharing tweets regarding CAPH.

#### **Reference List**

1. van den Akker M, Dieckelmann M, Hussain MA, et al. Children and adolescents are not small adults: towards a better understanding of multimorbidity in younger populations. *J Clin Epidemiol* 2022 doi: 10.1016/j.jclinepi.2022.07.003 [published Online First: 20220709]