The ECHI data and the State of Health in the EU

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OUTLINE

I. European Core Health Indicators data
II. The State of Health in the EU
I. European Core Health Indicators data
EU Health Information System

European Statistical System

• Eurostat & Member States

European Core Health Indicators data
European Core Health Indicators (ECHI) data

The purpose of the ECHI data:

- Solid information on the health status of the EU citizens
- Base for policy monitoring and setting of policy
- Cooperation between the European Commission and Member States
## European Core Health Indicators (ECHI) data

<table>
<thead>
<tr>
<th>Heading</th>
<th>Examples</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demographic and socio-economic situation</td>
<td>Population, birth rate, total unemployment</td>
</tr>
<tr>
<td>Health status</td>
<td>Infant mortality, HIV/AIDS, road traffic injuries</td>
</tr>
<tr>
<td>Health determinants</td>
<td>Regular smokers, consumption/availability of fruit</td>
</tr>
<tr>
<td>Health interventions: health services</td>
<td>Vaccination of children, hospital beds, health expenditure</td>
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<tr>
<td>Health interventions: health promotion</td>
<td>Policies on healthy nutrition</td>
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</tbody>
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Linkage to policy areas

The ECHI is grouped under five policy areas:

- Health services and health care
- Ageing and population
- Health determinants
- Diseases and mental health
- Health in all policies
Example:

Policy area: Ageing and population

- Cover all aspects of the ageing populations health (25 relevant indicators)
- Leading indicator - Healthy Life Years at birth and 65
An outline of the added value of ECHI

- Valuable source to national health systems
- Systematic health benchmarking across Europe
- Linkage to policy areas
ECHI data tool

https://ec.europa.eu/health/indicators_data/indicators_en
STATE OF HEALTH IN THE EU
Pooling expertise, strengthening knowledge
The State of Health in the EU

• 2-year cycle of factual, high-quality evidence

• Trilateral partnership between European Commission, OECD and European Observatory on Health Systems and Policies

• At the service of policy makers, stakeholders and practitioners

• Provide Member States with a reliable evidence-base and enable mutual learning and exchange of good practices
Data in the State of Health in the EU

• Measure health status and health systems with indicators

• Efficiency, accessibility and resilience

• Need for good quality and comparable statistics to ensure comparability
HEALTH AT A GLANCE: EUROPE
NOVEMBER 2016

COUNTRY HEALTH PROFILES
NOVEMBER 2017

COMPANION REPORT

VOLUNTARY EXCHANGES
2018
Austria, Cyprus, Finland, Italy, the Netherlands, Poland, Sweden

HEALTH AT A GLANCE: EUROPE
NOVEMBER 2018
Health at a Glance: Europe 2018

STATE OF HEALTH IN THE EU CYCLE
Improving health spending

- Up to one-fifth of health spending can be reallocated to smarter care
- 9.6% of European GDP directed to health care
- 80% of health care costs are for non-communicable diseases
- Around 3% of health budgets are spent on prevention

Ensure equality, accessibility and affordability of care
MAKING THE CASE FOR SMARTER INVESTING IN HEALTH

MENTAL HEALTH

Over 84 000 people died of mental health problems and suicides (2015)

Total costs of mental health problems estimated at over EUR 600 billion per year

Steering Group on Promotion and Prevention to prioritise mental health in the implementation of best practices in 2019
People with a low level of education expected to live 6 years less than those with a high level.

Low-income households are 5 times more likely to report unmet needs than high-income households.

GUARANTEE UNIVERSAL ACCESS TO HEALTHCARE
PREVENTION REMAINS A PRIORITY

Every year more than 1.2 million deaths can be avoided

<table>
<thead>
<tr>
<th>Alcohol</th>
<th>Obesity</th>
<th>Smoking</th>
<th>Vaccination</th>
</tr>
</thead>
<tbody>
<tr>
<td>40% of 15/16-year-olds say they have been “binge drinking”</td>
<td>1 in 6 European adults are obese</td>
<td>1 in 4 adults are smokers</td>
<td>6,000 deaths directly attributed to influenza</td>
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<td>Less than 70% of Europeans think vaccines are safe</td>
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</table>
Conclusions

Member States are enabled to improve integration and sustainability of the EU Health Information System through:

- Expert groups such as DG SANTE Expert Group on Health Information;
- Projects such as Joint Action on Health Information;
- The cycle of the State of Health in the EU
THANK YOU!

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ec.europa.eu/health/state