

European Public Health (EPH) Pre-Conference Workshop

Tuesday 12 November 2024

13:30 to 17:00

Lisbon, Portugal

Using Systems Thinking to enhance Knowledge Dissemination and promote Healthy Behaviours

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13:30 – 13:40	Welcome
13:40 – 14:00	Introduction Overview of Systems Thinking Workshop Goals
14:00 – 14:20	Group Activity: Understanding the barriers and facilitators to disseminating evidence-based information to the general public Working in small groups you will identify key challenges and opportunities to disseminating scientific evidence to the general public when aiming to increase their awareness of healthy behaviours and knowledge on risk factors related to cancer prevention, and that of other non-communicable diseases.
14:20 – 15:00	Group Activity: Systems Mapping Exercise Using your ideas from the previous activity, groups will start to create a systems map of the dissemination system.
15:00 – 15:30	Coffee Break
15:30 – 16:00	Group Discussion: Groups will share their systems maps and discuss the interconnectedness and interactions between various parts of the 'system' (i.e., the research dissemination landscape) to highlight and increase understanding of where the system succeeds and where it needs to improve.
16:00 – 16:45	Group Activity: Identifying Leverage Points (Solutions) Working in small groups, you will identify parts of the system that can be improved (known as leverage points) to improve our dissemination of evidence-based information on healthy behaviours and risk factors to the general public, with the goal of improving population health and wellbeing. This will be followed by a discussion and sharing of ideas.
16:45 – 17:00	Closing remarks and Key Takeaways