

# Migrant Inequalities in urban settings and changing public health practice

Caroline Costongs, moderator

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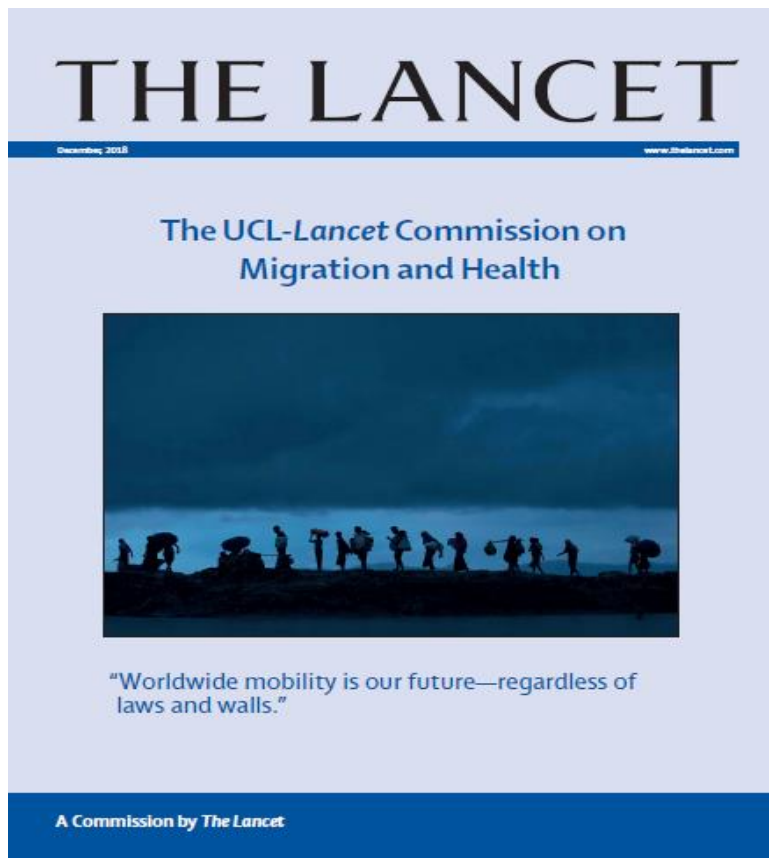
**Bernadette Nirmal Kumar**

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- Populist rhetoric - migrants have many more children than host populations!
- BUT growth and decline of migrant populations affected by birth and death rates and inward and outward migration
- Large scale longitudinal data from six countries (France, Germany, Spain, Sweden, Switzerland, and UK), shows migrants have lower first-birth rates than non-migrants with the exception of Turkish women
- Birth rates among migrants were barely at the level of population replacement (a total fertility rate below 2.1 births per woman) and often

# MIGRANTS ARE NOT DAMAGING ECONOMIES

- »»» An overwhelming consensus of evidence exists on the positive economic benefits of migration.
- »»» In advanced economies, each 1% increase in migrants in the adult population increases the gross domestic product per person by up to 2%.
- »»» An estimated US\$613 billion in remittances was sent by migrants to their families at origin in 2017.

# MIGRANTS ARE NOT A BURDEN ON HEALTH SERVICES

- »»» Migrants constitute a substantial proportion of the health care workforce in many high income countries e.g. in the UK, 37% of doctors received their medical qualification in another country.
- »»» International migrants in high-income countries have lower rates of mortality compared to general populations across the majority of disease categories.



"The moment for migration is now. Migration is our reality and our future—it needs to unite rather than divide us."  
—Jocalyn Clark and Richard Horton

The UCL-Lancet Commission on Migration and Health

THE LANCET

The best science for better lives

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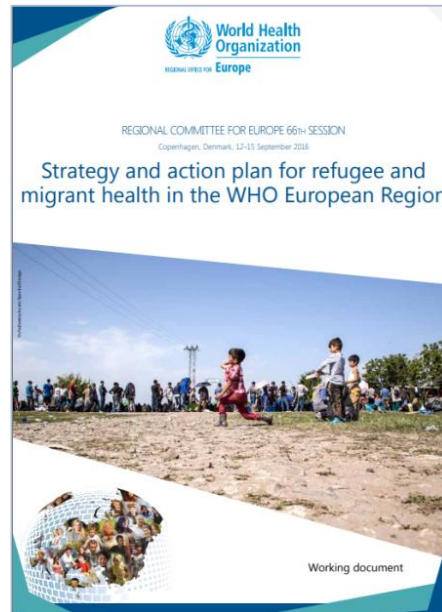
Maryam Gardisi

Jean-Paul Moatti

# MIGRATION AND HEALTH IN THE INTERNATIONAL AND REGIONAL AGENDA

WHA 70.15

WHO Global action  
plan to promote  
refugee and migrant  
health



United Nations  
Global Compact



Global Compact  
FOR Migration

SUSTAINABLE DEVELOPMENT GOALS





# Global, Regional and National approaches to localizing the agenda



- **Sub-national collaborations** through local governments and initiatives such as the Mayoral Forum on Human Mobility, Migration and Development (Mayors Mechanism) (linked to the GFMD)
- **Civil society partnerships** at local level
- **Academic Networks** working both internationally and nationally
- **WHO Collaborating Centers** developing and implementing evidence based interventions

Best practice actions include:

- Data collection
- Identifying gaps in services
- Combatting myths and xenophobia
- Focus on vulnerable subgroups
- Focus on health through the life-course
- Inclusion and participation





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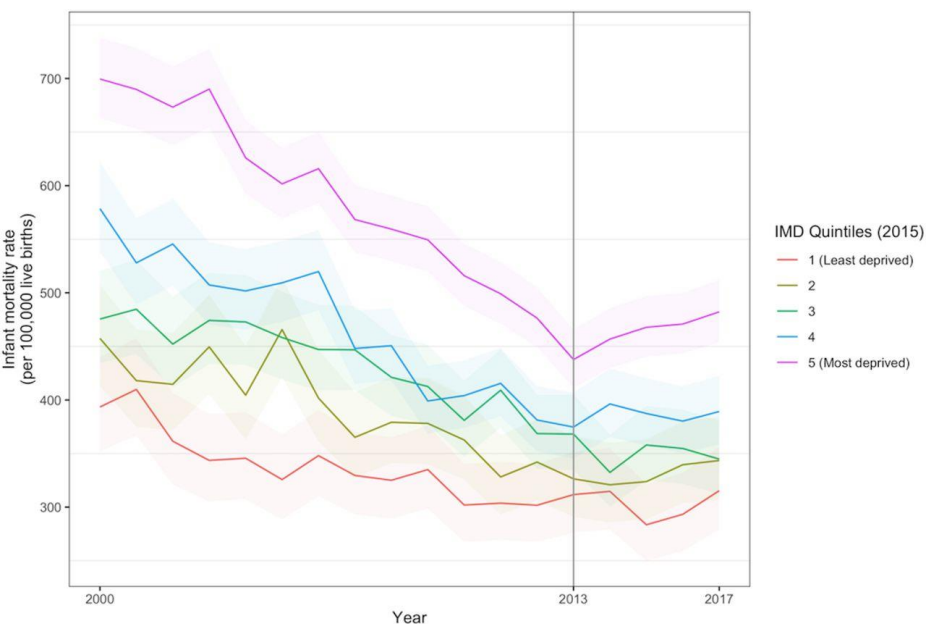
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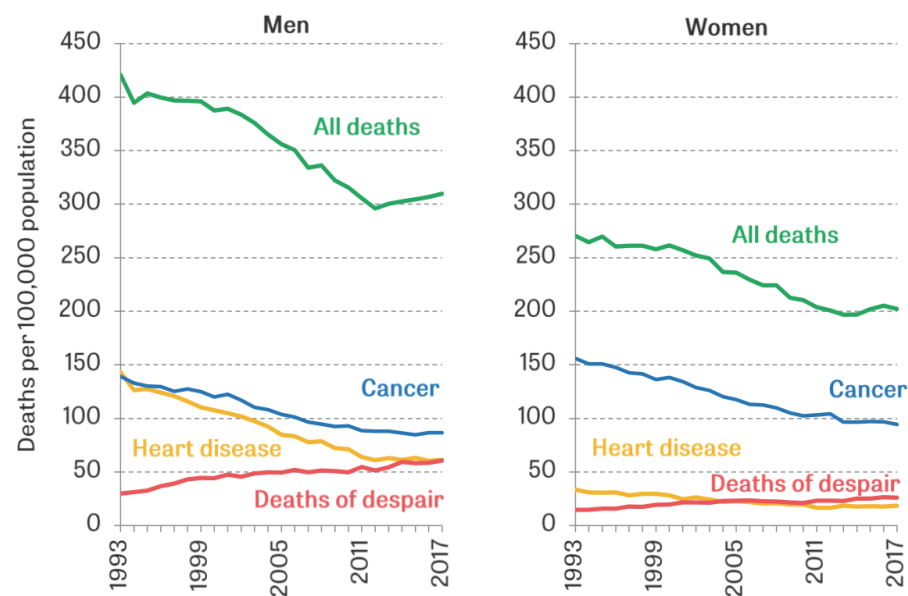
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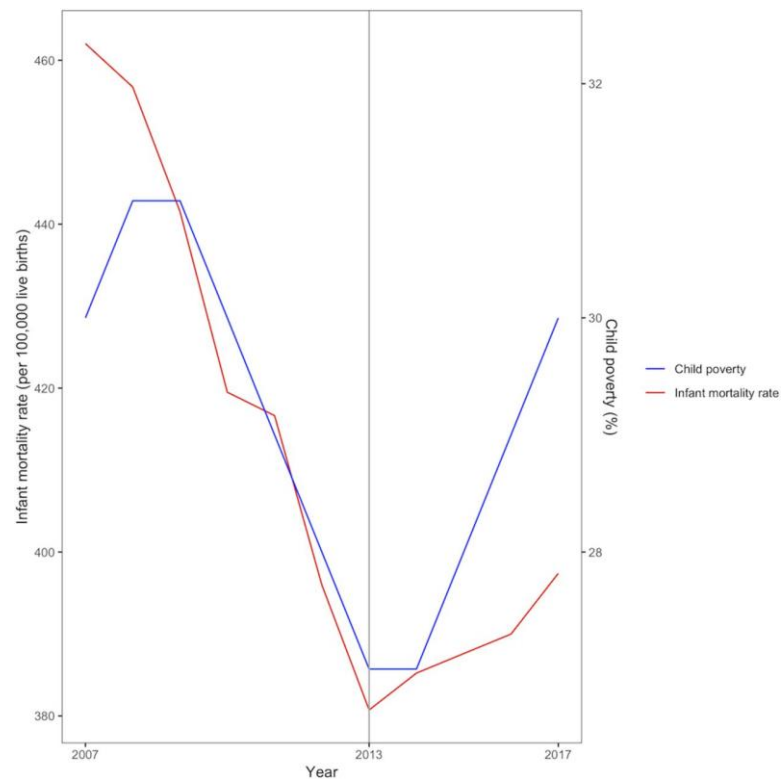


*Infant mortality trend by deprivation quintile of local authority district, 2000–2017, with 95% binomial CIs. IMD, Index of Multiple Deprivation. Source: Taylor-Robinson et al, BMJ Open, 2019.*



*Middle-age mortality, aged 45–54, in England 1993–2017. Source: Joyce and Xu 2019. Note: Authors' use ONS mortality data, and Case and Deaton's 2015 and 2017 classification of 'deaths of despair'*

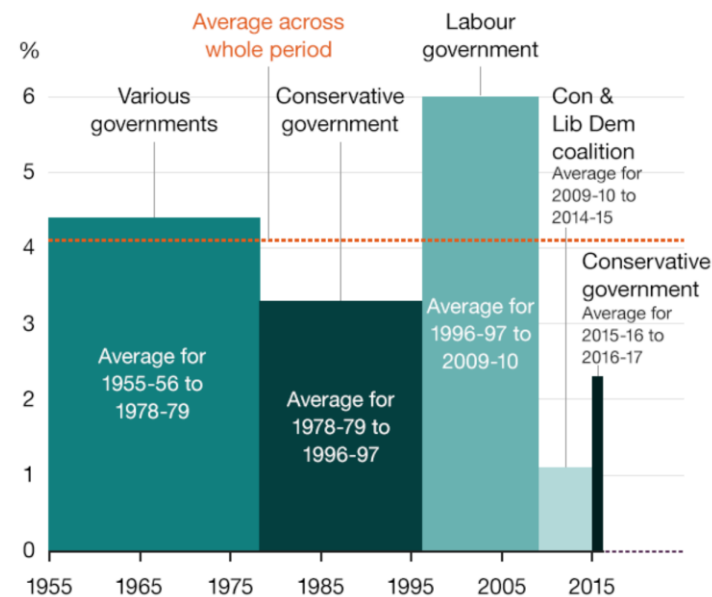
## Trends in infant mortality and child poverty in England, 2007–2017



David Taylor-Robinson et al. *BMJ Open* 2019;9:e029424

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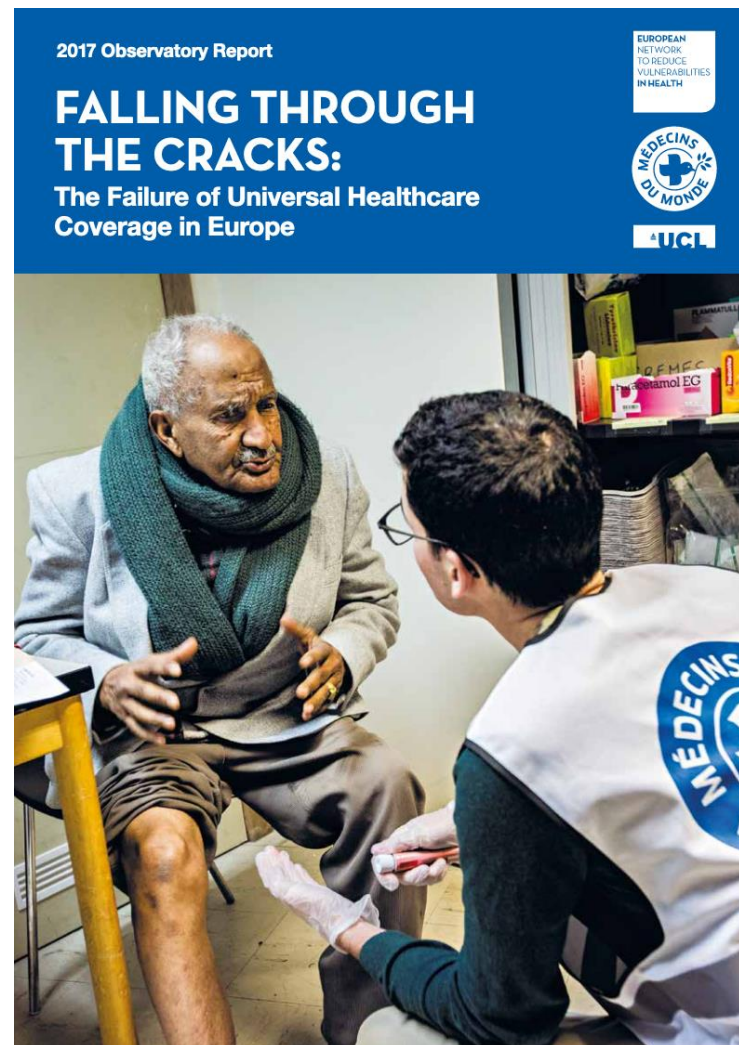
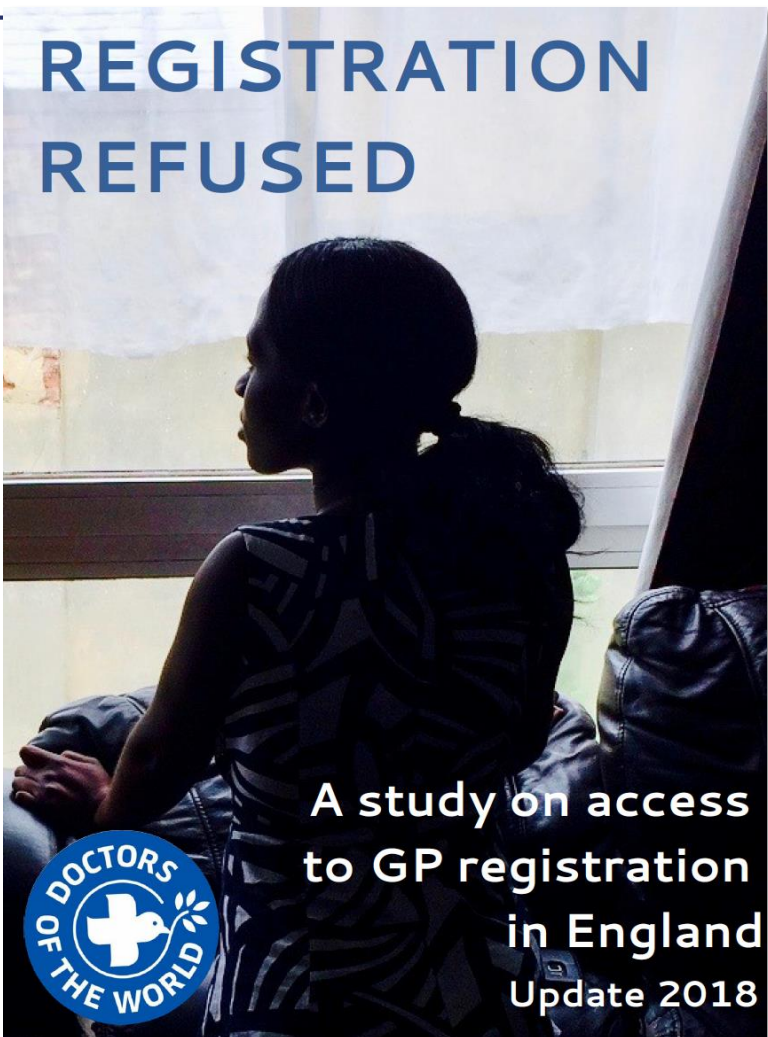
BMJ Open



Source: IFS

BBC

Average annual increase in government spending on health, based on 2017-18 prices. Source: <https://www.bbc.com/news/health-42572110>



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Medical  
services,  
Psychiatry,  
Psychotherapy

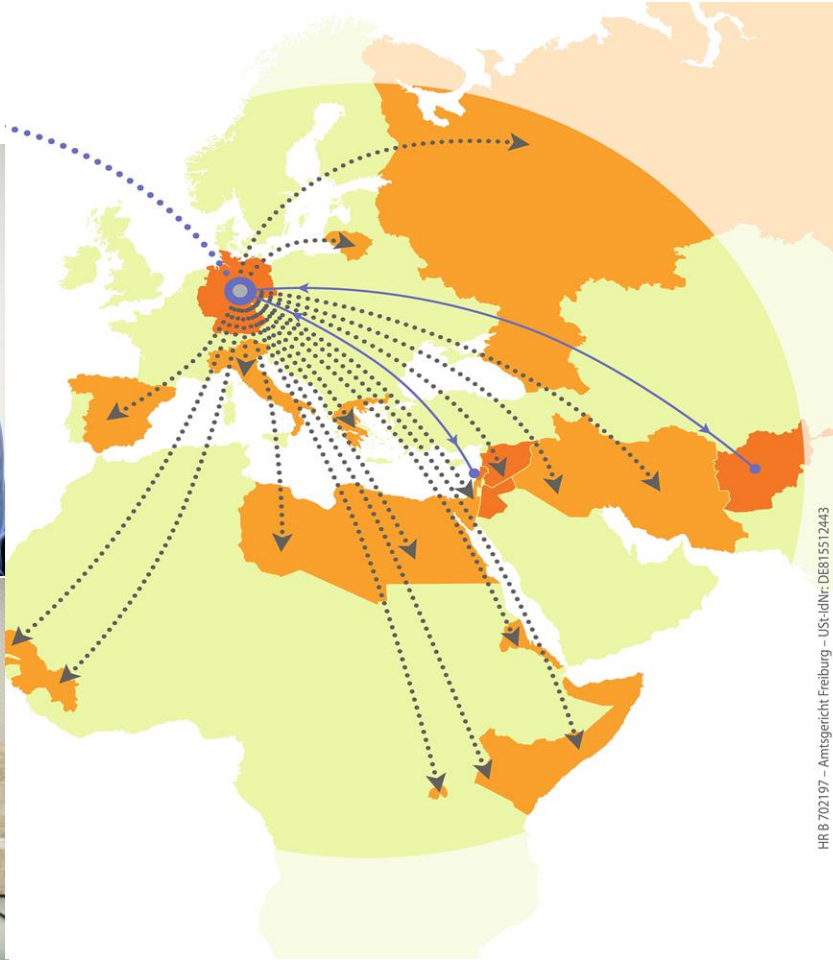
**Value Based  
Counseling**

Support groups, Life-skill groups,  
Mediation in family conflicts, Caregiver support groups,  
Raising awareness of mental health issues and  
psychosocial stressors

Sociocultural dialogues,  
Sociocultural events focused on specific social topics,  
Sociocultural community projects







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<https://sustainabledevelopment.un.org/gedr2019>



THE FUTURE  
IS NOW  
SCIENCE FOR ACHIEVING  
SUSTAINABLE DEVELOPMENT



GLOBAL SUSTAINABLE  
DEVELOPMENT REPORT

2019

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**Thank  
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