



JOINING FORCES
FOR HEALTHIER POPULATIONS
11-15 MAY 2020

GET INVOLVED!

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SUMMARY OF EVENTS organized by BPHA



JOINING FORCES
FOR HEALTHIER POPULATIONS
11-15 MAY 2020



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**During the EUPHW BPHA organized
35 registered on EUPHA website events**

The EUPHW has been promoted on many national and local newspapers and **6 additional interviews** on a request of national and local media and on the websites of all our member institutions. Here are some links:

Bulgarian National Radio

The European Public Health Week starts today

<https://bnr.bg/post/101273323/ot-dnes-zapochva-evropeiskata-sedmica-na-obshtestvenoto-zdrave>

Bulgarian Telegraph Agency – 11 May 06:55

The European Public Health Week stars today under the motto “JOINING FORCES FOR HEALTHIER POPULATIONS”

<http://www.bta.bg/bg/c/BO/id/2208844>

Bulgarian Telegraph Agency – 11 May 06:55

Upcoming events for 11 May - EUPHW

<http://www.bta.bg/bg/c/BO/id/2208836>

Bulgarian Telegraph Agency – 10 May 10:43

Bulgaria takes part in EUPHW with more that 30 events

<http://www.bta.bg/bg/c/BO/id/2208540>

Bulgarian Telegraph Agency – 7 May 2020

Ruse University participates in EUPHW

<http://www.bta.bg/bg/c/BO/id/2206800>

News.bg

Specialists from the National Centre of Public Health and Analyses with online consultations during the EUPHW

<https://news.bg/health/spetsialisti-davat-onlayn-konsultatsii-v-evropeyskata-sedmitsa-na-obshtestvenoto-zdrave.html>

MONITOR

<https://www.monitor.bg/bg/a/view/evropejskata-sedmica-na-obshtestvenoto-zdrave-e-posvetena-na-covid-19-201183>

Website of the National Centre of Public Health and Analyses – Sofia

European Public Health week will take place in May

<https://ncpha.government.bg/bg/latest-news/latest-news-2/latest-news-3/ephw-bg>

Pleven University site. European Public Health Week 11-15 May 2020

<http://mu-pleven.bg/index.php/bg/news/current-news/5533-11-15-2020>

InfoPleven. The European Public Health Week starts today

<https://infopleven.com/>

PLEVENUTRE.bg. The European Public Health Week is devoted to COVID-19

<http://www.pleven.utre.bg/2020/05/10/556688->

[evropeyskata sedmitsa na obshtestvenoto zdrave e posvetena na covid 19](http://www.pleven.utre.bg/2020/05/10/556688-evropeyskata-sedmitsa-na-obshtestvenoto-zdrave-e-posvetena-na-covid-19)

Pleven press

Pleven will participate in the Second European Public Health Week

<https://www.plevenpress.com/>

Radio Shumen- *HW50- Interview of prof. Sonya Toncheva, Director of Shumen affiliate on the contribution of nurses and midwives to sustainable public health*

<https://www.bnr.bg/shumen/post/101273726/A>

Shumen affiliate of MU-Varna

https://www.facebook.com/filialshumen/?epa=SEARCH_BOX

Stara Zagora – darik.news.bg

<https://dariknews.bg/regioni/stara-zagora/>

Trakia University Stara Zagora takes part in EUPHW

https://www.actualno.com/starazagora/trakijskijat-universitet-se-vkluchva-v-evropejska-sedmica-na-obshtestvenoto-zdrave-news_1460075.html

ZAGORANEWS - European Public Health week 11-15 May

<http://zagoranews.bg/2020/05/07/>

RADIO999 - European Public Health Week starts today

<https://radio999bg.com/bylgariya/zapochna-evropeyskata-sedmitsa-za-obshtestveno-zdrave>

MU-Varna website:

<http://www.mu-varna.bg/BG/Pages/evropejska-sedmica-zdrave.aspx>

**On the TV of the Medical University of Varna
three livestreaming Interviews were realized.**

Links to the video:

<https://youtu.be/gBflr9W394Q>

https://youtu.be/_7DJC5Ws0HM

<https://www.youtube.com/watch?v=p2U0wa1PcQA&feature=share&fbclid=IwAR08d3IsZcrUrPCKe4QHiDxjHKLzeOXYWSGj11OVxaEGbFieoy3nd9v-pwU>



JOINING FORCES
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Monday 11 May 2020
Promoting health through
the Global Goals

**HW19 - interview and opening the EUPHW on
Bulgarian National Radio "Horizon"**

First emissions – 11.05.2020 at 08:00 and 10:00

**Second emission – 12.05.2020 at 01:00
on Night Horizon**

**Assoc. Prof. Gena Grancharova
President of Bulgarian Public Association**

HW50 – Interview of Prof. Sonya Toncheva, D. Sc., Director of Shumen Affiliate of MU-Varna

“The contribution of nurses and midwives to sustainable public health”

Through Shumen Radio as part of the Bulgarian National Radio with over 1 000 000 listeners the EUPHW was opened for the community and events in Shumen were promoted.

Shumen affiliate is a new member of BPHA participating in EUPHW for the first time with great enthusiasm. Many different events were organized covering all five day themes.

<https://bnr.bg/play/post/101273726/obshtestvenoto-zdrave-na-fokus>

HW20 - Bulgarian Health system and Goal 3 of SDG and COVID-19 pandemic

Audience: 118 second year medical students

MESSAGES

Public Chat 2

NOTES

Shared Notes

USERS (109)

Гл. Гл.ас.д-р Дим... (You)

До. Доц.д-р Гена Георг...

Аб. Абил Адемов Аби...

Ал. Александра Алек...

Ал. Александра Люд...

Ал... 12:16 PM Здравейте

To join the audio bridge click the headset icon (upper-left hand corner). Please use a headset to avoid causing noise for others.

This session may be recorded.

This server is running BigBlueButton.

do1.mu-pleven.bg/html5client/join?sessionToken=ydqrnxni5jcouqd

онлайн класна стая (Всички участници) 33:39

Доц.д-р Гена Георг...

5 DAYS, 5 THEMES & COVID-19

CONVINCING FOR HEALTHY POPULATIONS 11-15 MAY 2020

EUROPEAN PUBLIC HEALTH WEEK

СЪОБЕДИНИ УСИЛИЯ ЗА ПО-ЗДРАВИ ОБЩНОСТИ 11-15 МАЙ 2020

EUROPEAN PUBLIC HEALTH WEEK

The 10th anniversary of the World Health Organization's International Day of Universal Health Coverage is celebrated on 11 May 2020.

do1.mu-pleven.bg/html5client/join?sessionToken=ydqrnxni5jcouqd

онлайн класна стая (Всички участници) 34:42

Доц.д-р Гена Георг...

EUROPEAN PUBLIC HEALTH WEEK

За втора поредна година Европейската асоциация по обществено здраве (EUPHA) провежда Европейска седмица на общественото здраве в периода 11-15 май 2020 г.

Мотото на седмицата „С съединени усилия за по-здрави общности“ съответства на изключителната ситуация, в която се намира целият свят сега, когато промоцията на общественото здраве е по-важна от всякога.

5/10/2020

do1.mu-pleven.bg/html5client/join?sessionToken=ydqrnxni5jcouqd

Assoc. Prof. Gena Grancharova, MD, PhD,
Department of Public Health Sciences,
Faculty of Public Health, MU-Pleven

MESSAGES

Public Chat 4

NOTES

Shared Notes

USERS (118)

- Гл.ас.д... (You)
- Доц.д-р Гена...
- Абил Адемо...
- Александра ...
- Александра ...
- Анабел Ива...
- Анастасия К...
- Анастасия У...
- Ангел Плам...

Public Chat

To join the audio bridge click the headset icon (upper-left hand corner). Please use a headset to avoid causing noise for others.

This session may be recorded.

This server is running BigBlueButton.

Ал... 12:16 PM
Здравейте


Ма... 12:17 PM
добър ден

MORE MESSAGES BEL...


Send message to Public Chat

онлайн класна стая (Всички участници) | 38:04

Доц.д-р Гена Георг...



Доц.д-р Гена Георгиева П...



5/10/2020 6

EUROPEAN PUBLIC HEALTH WEEK

SUSTAINABLE DEVELOPMENT GOALS

1 NO POVERTY	2 ZERO WASTE	3 GOOD HEALTH AND WELL-BEING	4 QUALITY EDUCATION	5 GENDER EQUALITY
6 CLEAN WATER AND SANITATION	7 AFFORDABLE AND CLEAN ENERGY	8 DECENT WORK AND ECONOMIC GROWTH	9 INDUSTRY, INNOVATION AND INFRASTRUCTURE	10 REDUCED INEQUALITIES
11 SUSTAINABLE CITIES AND COMMUNITIES	THE GLOBAL GOALS For Sustainable Development		12 RESPONSIBLE CONSUMPTION AND PRODUCTION	
13 CLIMATE ACTION	14 LIFE BELOW WATER	15 LIFE ON LAND	16 PEACE AND JUSTICE STRONG INSTITUTIONS	17 PARTNERSHIPS FOR THE GOALS

HW23 - Webinar with medical students in Bulgaria about SDGs

Ass. Prof. Dima Tsanova, MD, PhD
Department of Public Health Sciences,
Faculty of Public Health, MU-Pleven

Microsoft PowerPoint - GSG

учебна програма по мед. инф. | Login with Facebook - Zoom

Not secure | do2.mu-pleven.bg/pluginfile.php?file=%2F66575%2Fmod_resource%2Fcontent%2F1%2FSDG.pdf

Microsoft PowerPoint - GSG

ID: 625-408-025 | Stop Share

Европейски център за обществен здравеопазване
EUROPEAN PUBLIC HEALTH WEEK

ГЛОБАЛНИ ЦЕЛИ
ЗА УСТОЙЧИВО
РАЗВИТИЕ

гл. ас. д-р Дима Цанова, дм

Дима Цанова

Zoom

Recording...

Participants (13)

Find a participant

Дима Цанова (Host, me)

Сесо Банков

Никола Денев

Радина Белчева

Eliz Azisova

Ruslan

Delyan Dimitrov

Vesela Tsankova

Kamen Kostov

Елена Мухова

Никола Денев

Eliz Azisova

Krasimir Petrov

Yoanna Acheva

Елена Мухова

Румина Минчева

Invite | Mute All | Unmute All

Microsoft PowerPoint - GSG

ID: 625-408-025 | Stop Share

ПОДЦЕЛИ

3.3 До 2030 г. да се прекратят епидемиите от СПИН, туберкулоза, малария и неглижираните тропически болести и борба с хепатита, болестите, пренасяни от вода и други заразни болести.

TARGET 3-3

3.4 До 2030 г. преждевременната смъртност от незаразни заболявания да намале с една трета чрез профилактика, лечение и промоция на психичното здраве и благополучие.

TARGET 3-4

Дима Цанова

The same webinar was organized for 14 groups during the week and involved 144 students.

HW26 - Air Quality and COVID19 - Facebook Discussion

Host: Department of health care, Faculty of Public Health and Health Care, Ruse University

Audience: outside the institution, Facebook followers and visitors (>389)
100 participants



<https://www.facebook.com/ZdravniGrizhiRuse/posts/147355920168031>

<https://www.facebook.com/photo?fbid=148588496711440&set=a.107642337472723>



Over 100 Facebook users participated in the survey. 86% consider that measures for restriction of COVID-19 occurrence have contributed to restriction of air pollution as well. This result confirms that air cleanness is a current problem for citizens.

Prof. Ivanichka Serbezova, Head of the Department of Health care concluded: “The theme of air cleanness is a question of present interest for the community, to which the publications of the department reach through social networks. Many people express their wish to participate in the discussions and studies, initiated by the department.”

HW30 - Health Promotion and the urgent public health problems

Assoc. Prof. Stela Georgieva, MD, PhD
Department of Public Health Sciences,
Faculty of Public Health, MU-Pleven

Audience:

Assoc. prof. Stela Georgieva underlined:

“The EUPHW initiative has a potential to become a tradition with every year regularity because of the great interest showed by us as hosts of the events as well as by the participants. EUPHW focuses at the most important public problems and provides us with many ideas for our future scientific, educational and practical activities”.



EUROPEAN
PUBLIC HEALTH
WEEK

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HEALTH PROMOTION and the urgent public health problems

Assoc. prof. Stela Georgieva, MD, PhD
Faculty of Public Health
Medical University - Pleven, Bulgaria



EUROPEAN
PUBLIC HEALTH
WEEK

HW42 - Ancient & emerging diseases as a consequence of human activity

Host of event: Assoc. prof. Borialava Chakarova, MD, PhD, Medical Faculty, Tracian University, Stara Zagora

Audience: 58 medical and health care students and academic staff



European Public Health WEEK
11-15 May 2020

Joining forces for healthier populations



Древни и новопоявили се
болести, променили хода на
човешката цивилизация



JOINING FORCES
FOR HEALTHIER POPULATIONS
11-15 MAY 2020

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Понеделник, 11 май:
Насърчаване на здравето чрез глобалните цели

Доц. д-р Б. Чакърова, дм
Медицински факултет
Тракийски университет – Стара Загора

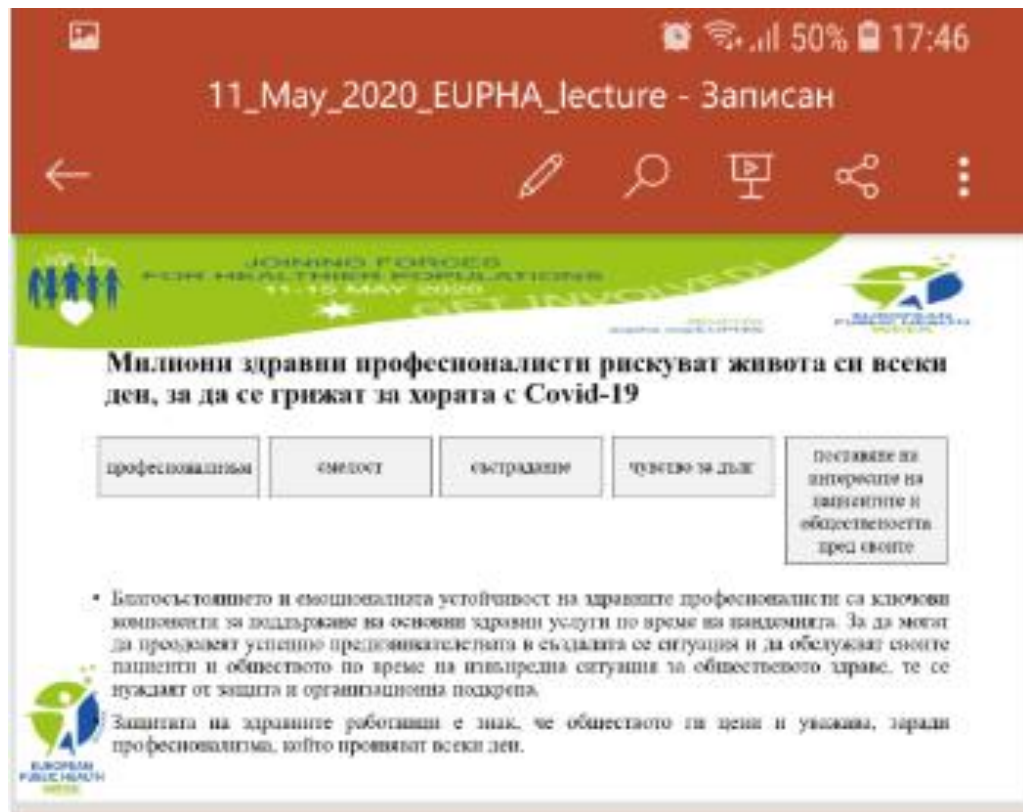
Main views and impressions: Despite the challenges we faced in pandemic situation, the distant communication and online meetings provided us with new opportunities to meet various and motivated audience and to send important messages about the increasing role of public health.

Additional activity: On 11 May assoc. prof. B. Chakarova has been interviewed by the journalist of Radio “Stara Zagora” and the interview has been emitted in the morning emission as the start of EUPHW in Stara Zagora.

HW45 - The role of medical professionals in COVID-19 pandemic

Dr. Rozalina Yodranova

Medical College, Tracian University,
Stara Zagora



11_May_2020_EUPHA_lecture - Записан

11_May_2020_EUPHA_lecture - Записан

JOINING FORCES FOR HEALTHIER POPULATIONS 11-18 MAY 2020 GET INVOLVED!

Милioni здравни професионалисти рискуват живота си всеки ден, за да се грижат за хората с Covid-19

професионализъм смелост състрадание чувство за дълг

поставяне на интересите на пациентите и обществеността пред своите

- Благосъстоянието и емоционалната устойчивост на здравните професионалисти са ключови компоненти за поддържане на основни здравни услуги по време на пандемията. За да могат да продължат успешно предизвикателствата и създават се ситуации и да обслужват своите пациенти и обществото по време на извънредна ситуация за общественото здраве, те се нуждаят от защита и организационна подкрепа.

Защитата на здравните работници е знак, че обществото ги цени и уважава, заради професионализма, който проявяват всеки ден.



JOINING FORCES FOR HEALTHIER POPULATIONS 11-18 MAY 2020 GET INVOLVED!

Актуално за COVID-19
и ролята на медицинските специалисти
в пандемията

Д-р Розалина Йорданова
Медицински колеж, Тракийски университет,
гр. Стара Загора

Audience: first year students in a specialty “Laboratory technician”. Because of the expressed interest, the lecture has been delivered on the next day to the second year students in the same specialty. It was nice to see that the students recognised the role of medical professionals in COVID-19 pandemic and their future as laboratory technicians.

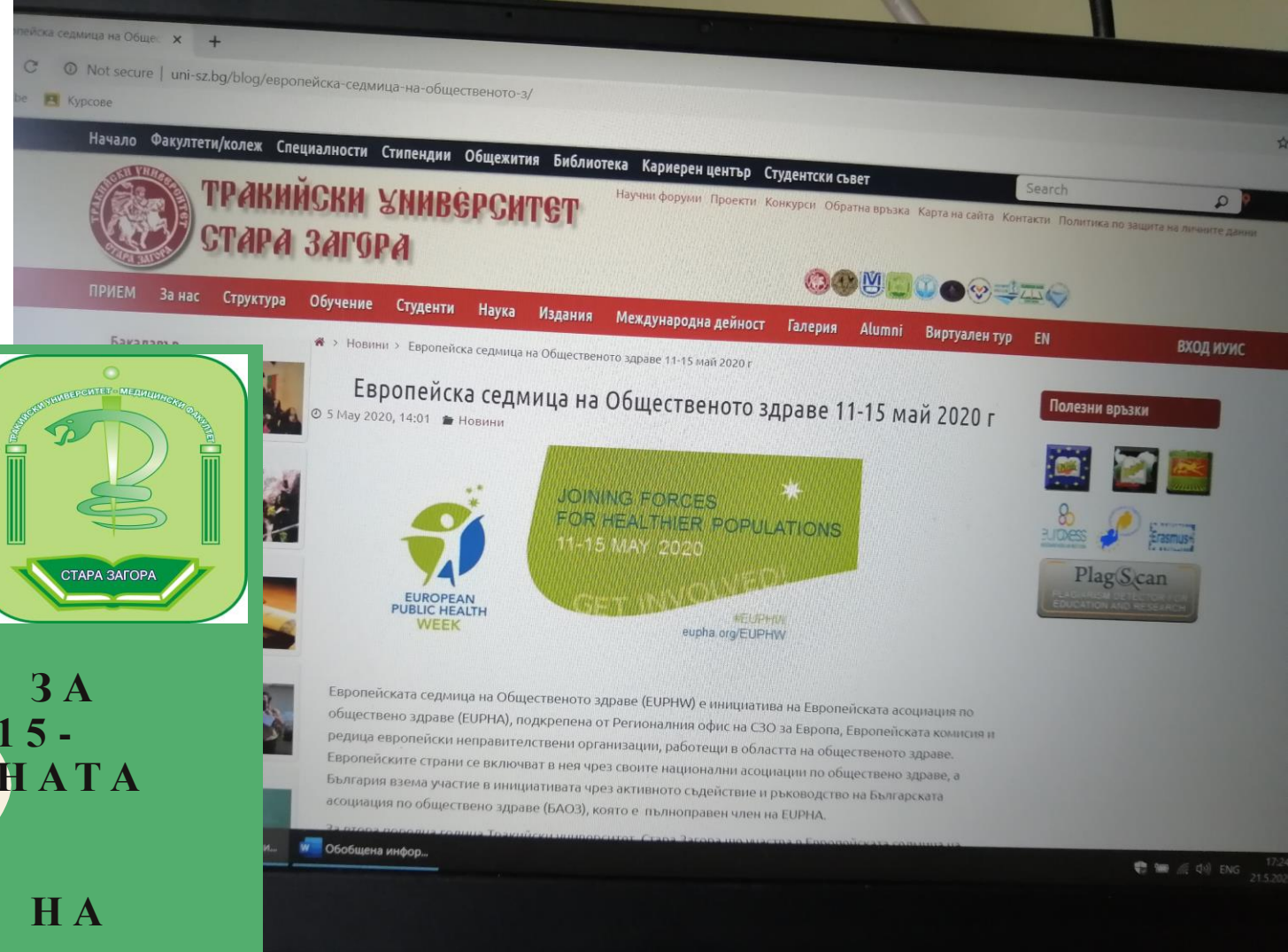
HW37 - Physical activity and ability in young people in Plovdiv, Bulgaria

“My first participation in the EUPHW was a big challenge. Although it was a bit difficult, I hope I managed to organize my event in the framework of our extreme overload in relation to online education. I was very surprised of the great students’ interest to the theme and I am planning to participate again in such initiative.”

The screenshot shows a Microsoft Teams meeting interface. The main content is a presentation slide titled "Презентация ЕУРНА Мерджанова...". The slide content includes the EUPHW logo, the text "JOINING FORCES FOR HEALTHIER POPULATIONS 11-15 MAY 2020", and the Bulgarian title "ФИЗИЧЕСКА АКТИВНОСТ И ДЕЕСПОСОБНОСТ ПРИ ПОДРАСТВАЩИТЕ В ГР. ПЛОВДИВ". Below the title, it says "ас. Елена Мерджанова, дм Пловдив, 2020г.". The slide also features a green banner with "GET INVOLVED!" and "#EUPHW eupha.org/EUPHW". The Teams interface shows a sidebar with navigation options like "Дейност", "Чат", "Екипи", "Assignments", "Календар", "Обаждания", "Файлове", "Приложения", and "Помощ". The bottom status bar indicates "Слайд 1 от 15" and "Български".

**Ass. Prof. Elena Merdganova, PhD
Faculty of Public Health, MU-Plovdiv
Department of Nursing**

HW47 - Health promotion through Global Goals



**ГЛОБАЛНИТЕ ЦЕЛИ НА ООН ЗА
УСТОЙЧИВО РАЗВИТИЕ (2015-
2030) В КОНТЕКСТА НА ЗДРАВНАТА
ПРОМОЦИЯ**

**В ЕВРОПЕЙСКАТА СЕДМИЦА НА
ОБЩЕСТВЕННОТО ЗДРАВЕ**

**НАЦИОНАЛНА ПРОГРАМА ЗА
ПОДОБРЯВАНЕ НА МАЙЧИНОТО И
ДЕТСКОТО ЗДРАВЕ (2014-2020 Г.)**

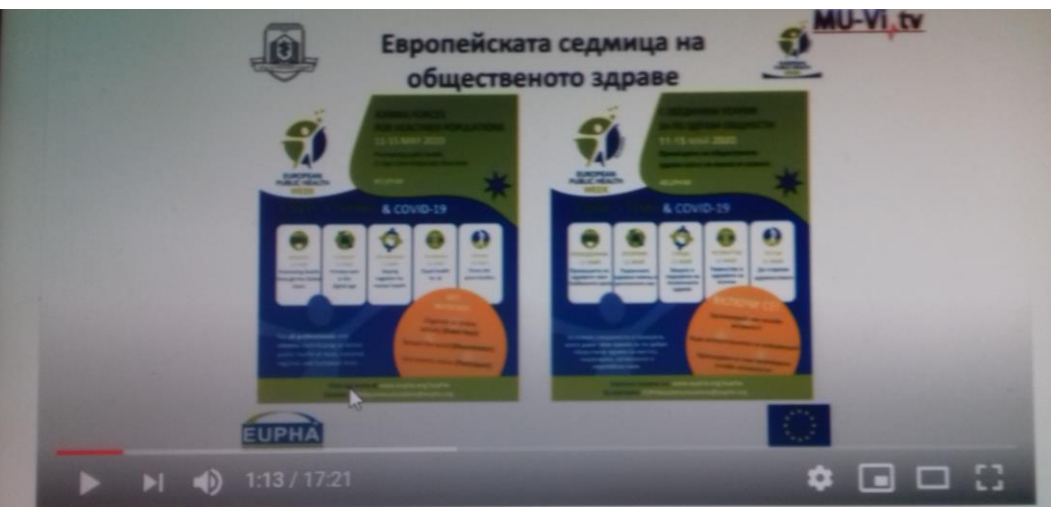
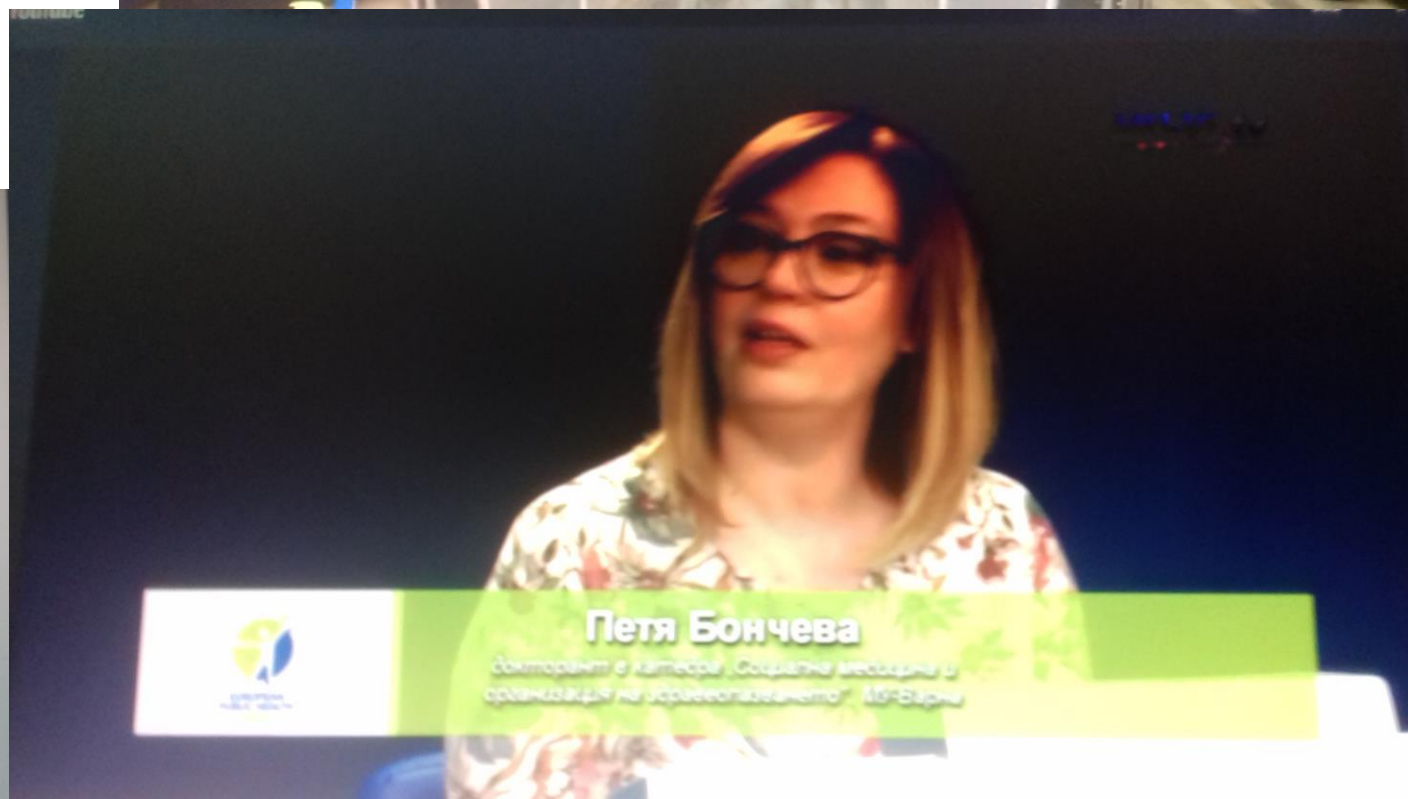
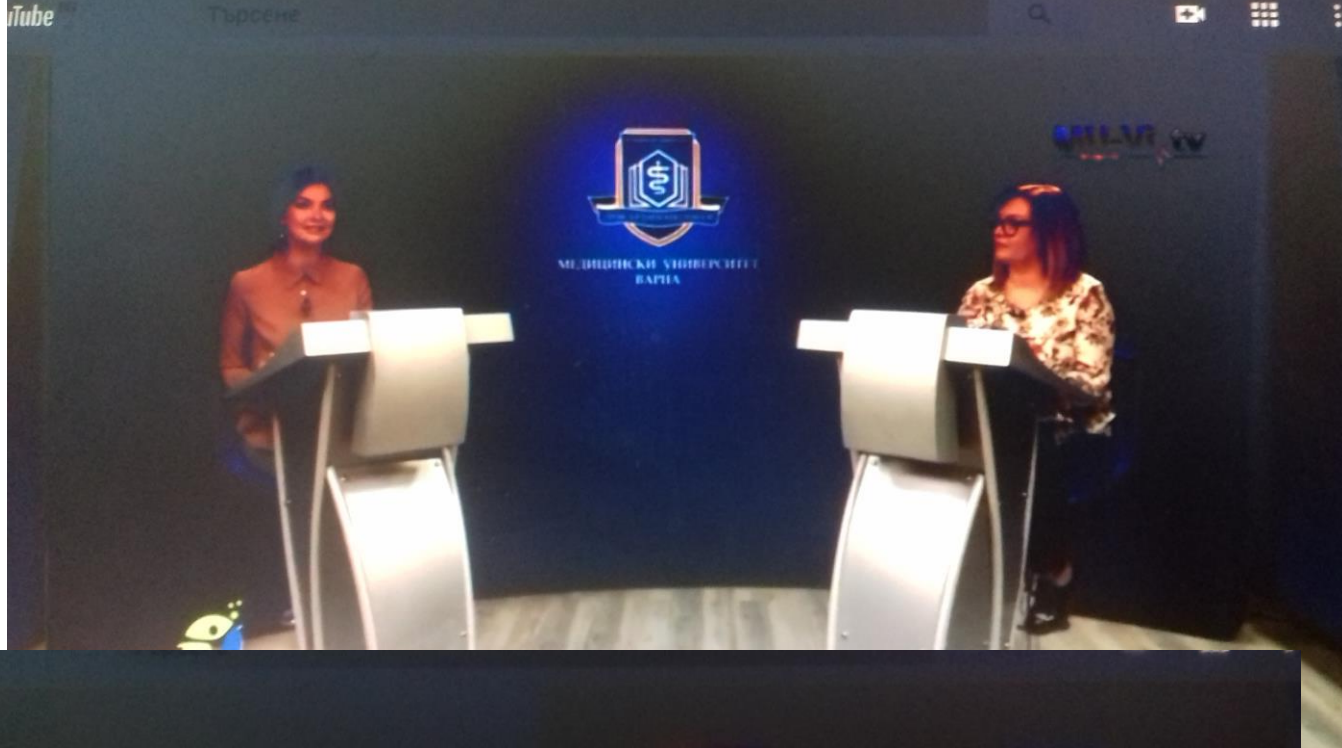
ПРОФ. ХРИСТИНА МИЛЧЕВА, ДП

**Prof. Hristina Milcheva, PhD
Medical Faculty, Tracian University,
Stara Zagora**

HW142 – Theme „Health Promoting University”

Interview with live streaming on TV of MU-Varna

Petya Boncheva, PhD Student,
Department of Social Medicine,
Faculty of Public Health, MU-Varna

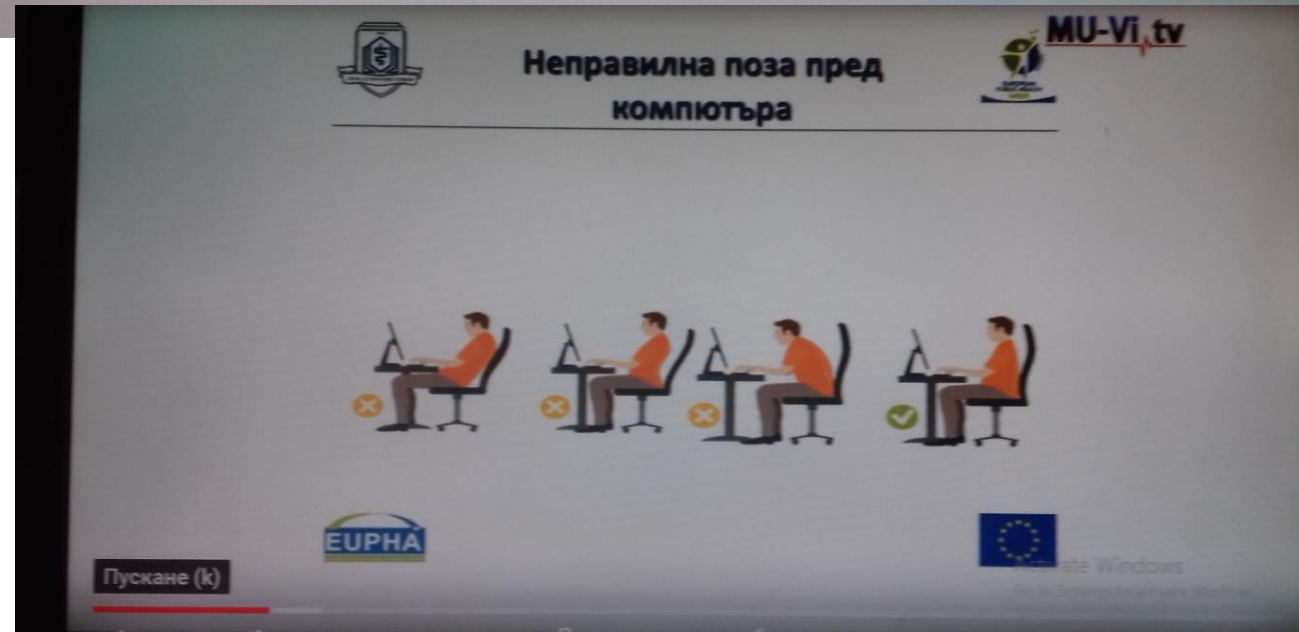
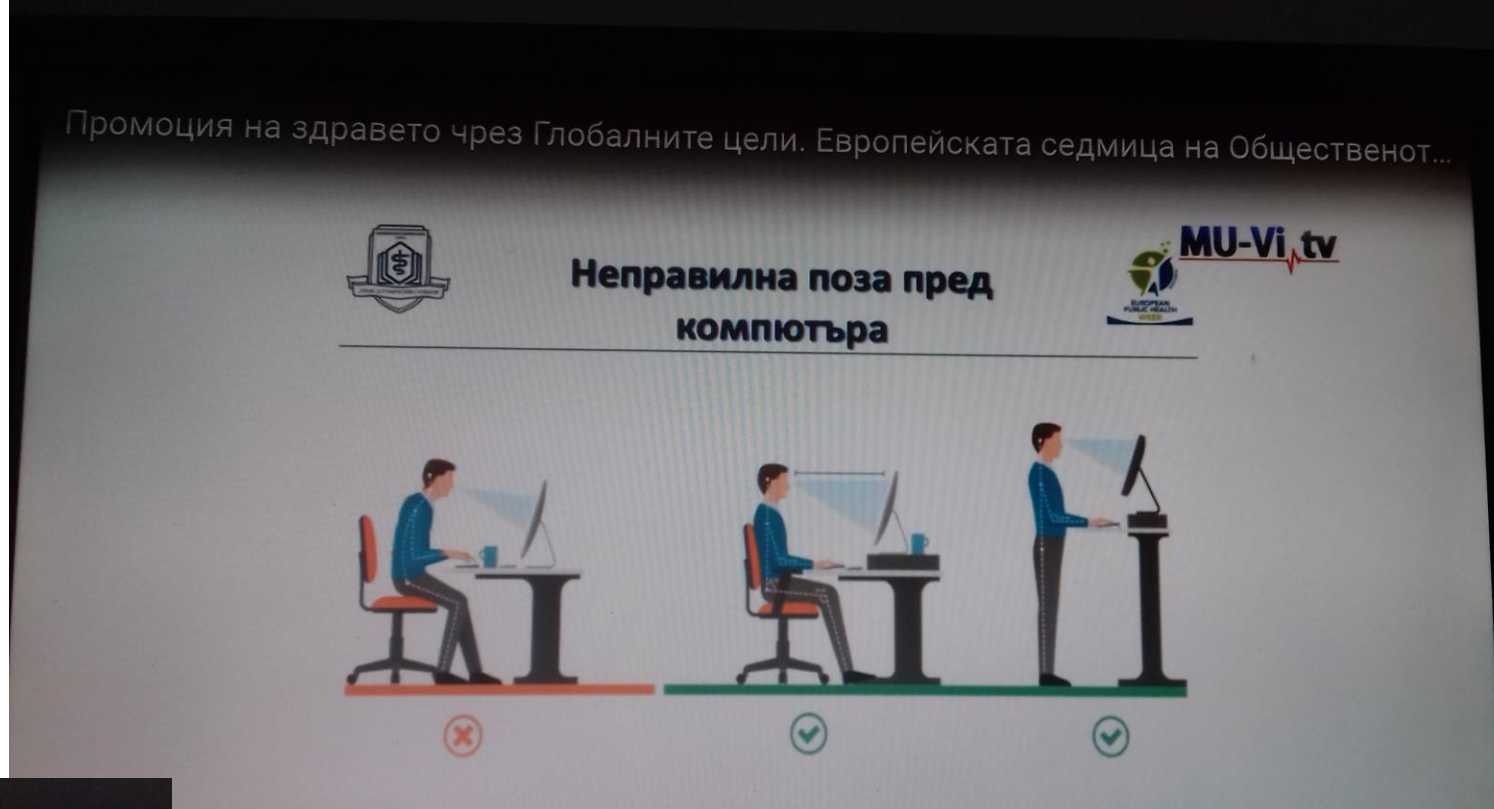
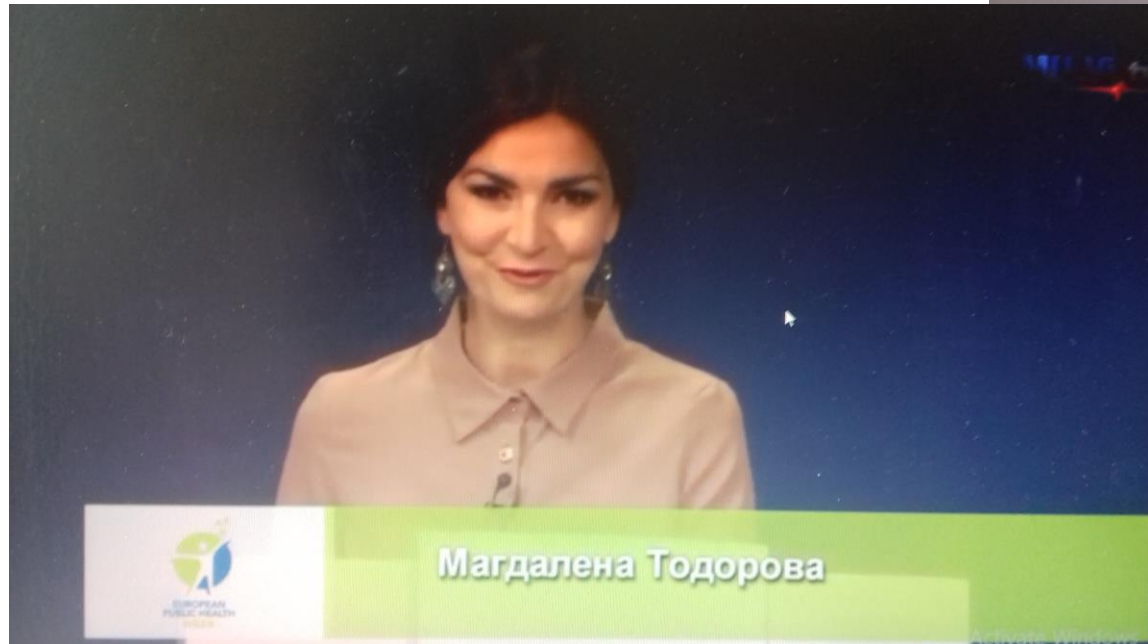


Промоция на здравето чрез Глобалните цели. Европейската седмица на Общественото здраве

HW111 – Stay Home – Learn & Work Safely!

Training seminar with a presentation
on TV of MU-Varna

Organised by the training sector
“Rehabilitator”, Faculty of Public
Health, MU-Varna



HW94 - 5G. Myths and facts

Within this event the specialists from the National Centre of Public Health and Analyses provided on the website much information about 5G – links to some important European documents and many interviews on national mass-media about the “hot theme of 5G”. There was a “hotline” to citizens on 11 May to put some questions to the specialists.

All the materials are still available on the website:

<https://ncpha.government.bg/bg/latest-news/latest-news-2/latest-news-3>

Organisers:

Prof. Mishel Izrael, leading expert, consultant of WHO and European Commission

Collaborators:

Victoria Zaryabova and Tsvetelina Shalamanova

5G - ИНФОРМАЦИОННИ МАТЕРИАЛИ НА СЗО, ЕВРОПЕЙСКАТА КОМИСИЯ, МЕЖДУНАРОДНИ И ДРУГИ НАУЧНИ ОРГАНИЗАЦИИ



5G mobile networks and health

<https://www.who.int/news-room/q-a-detail/5g-mobile-networks-and-health>

ЕВРОПЕЙСКА КОМИСИЯ

5G for Europe: An Action Plan (SWD(2016) 306 final)

Effects of 5G wireless communication on human health

ICNIRP (МЕЖДУНАРОДЕН КОМИТЕТ ПО ЗАЩИТА ОТ НЕЙОНИЗИРАЩИ ЛЪЧЕНИЯ)

5G. Radiofrequency - RF EMF

PUBLIC HEALTH ENGLAND - NATIONAL RADIOLOGICAL PROTECTION BOARD

(Обществено здраве Англия – Национален борд за радиологична защита)

Guidance 5G technologies: radio waves and health

L'AGENCE NATIONALE DES FRÉQUENCES (ANFR)

(Национална агенция по честотите Франция)

Get ready for 5G

Европейска седмица на общественото здраве 11-15 май 2020



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5G - ИНТЕРВЮТА В МЕДИИТЕ



- 7.05.2020 *премиера* Интервю с професор Мишел Израел за 5G и мобилните мрежи
Професор Мишел Израел: "България има силно защитаващи ограничения за мобилните мрежи и 5G"

<https://www.techtrends.bg/2020/05/07/michel-israel-5g-interview-6723>



- 30.09.2019 БНТ-1 "100% будни" | Митове и легенди за 5G мрежата - "5G мрежата – опасна или безопасна"



- 25.06.2019 В България няма свободни честоти за тестове на 5G мрежата



- 10.04.2019 Опасни ли са 5G мрежите за здравето?



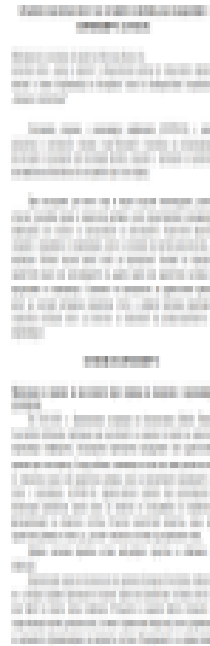
25.06.2019 Проф. Израел: 5G ще обхване всички дейности, технологиите изпреварват изследванията върху здравето

HW65 - Nutrition and food safety in the pandemic period

On 11 May 2020 within the daily theme of EUPHW “Promoting health through Global Goals” prof. Veselka Duleva, Director of the division “Foods and nutrition” at the NCPHA announced on the website and in the media e-mail v.duleva@ncpha.government.bg opened to citizens for questions on **Nutrition | food safety in the period of COVID-19 pandemic.**

On the NCPHA a link to specially prepared publication on the same subject has been provided.

<https://ncpha.government.bg/bg/latest-news/latest-news-2/latest-news-3>



ЗАГЛАВИЕ: ХРАНЕНЕ И БЕЗОПАСНОСТ НА ХРАНИТЕ В ПЕРИОД НА ПАНДЕМИЯ С

КОРОНАВИРУС (COVID-19)

АВТОР: проф. д-р Веселка Дулева, дм

ИЗДАТЕЛ: НЦОЗА

ГОДИНА НА ИЗДАВАНЕ: 2020

ЕЗИК: български

ТАГОВЕ: nCovid-19



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11-15 MAY 2020

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#EUPHW
eupha.org/EUPHW

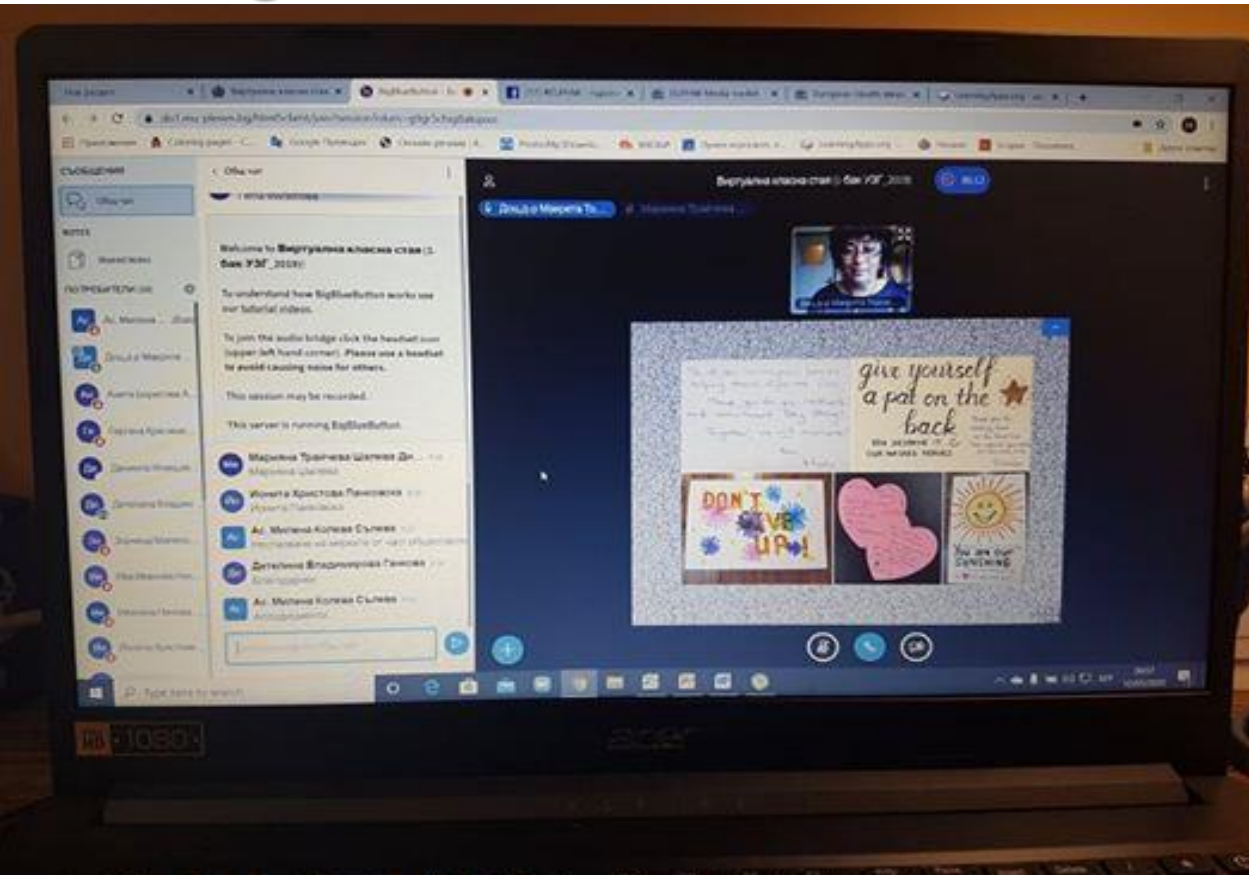


Tuesday 12 May 2020

Primary care in the digital age

HW25 - COVID-19: Challenges to Bulgarian Nurses and Midwives in the pandemic

Audience: 25 students in Health Care Management



CHALLENGES TO BULGARIAN NURSES AND MIDWIVES IN THE PANDEMIC



Makreta Draganova
Milena Saleva

**Assoc. Prof. Makreta Draganova, MD, PhD,
Ass. Prof. Milena Saleva,
Department of Public Health Sciences,
Faculty of Public Health, MU-Pleven**

Additional activity devoted to 12 May 2020

The International Day of Nurses

Interview of assoc. prof. Makreta Draganova, PhD, a nurse by background and lecturer in health care management

The interview was initiated by the Bulgarian National Radio and was emitted at the broadcast “Night Horizon” on 12 May – 02:30

HW32 - Year of the Nurse and Midwife 2020

Organiser: Assoc. Prof. Gergana Petrova, PhD, Department of Nursing Faculty of Public Health, MU-Plovdiv

Audience: 95 first year students in Nursing



Year of the Nurse and Midwife 2020
Assoc. Prof. Gergana Petrova, PhD
Department of Nursing, Faculty of Public Health,
Medical University – Plovdiv, Bulgaria



Impressions: The students accepted the information about the role of Florence Nightingale in establishing of nursing with extraordinary interest.

<https://muplovdivbg.sharepoint.com/teams/FacultyofPublicHealth>
<https://www.facebook.com/gergana.petrova.16>

2020-та Световна година на медицинската сестра и акушерката.
Безценният принос на Флоранс Найтингейл за модерното сестринство



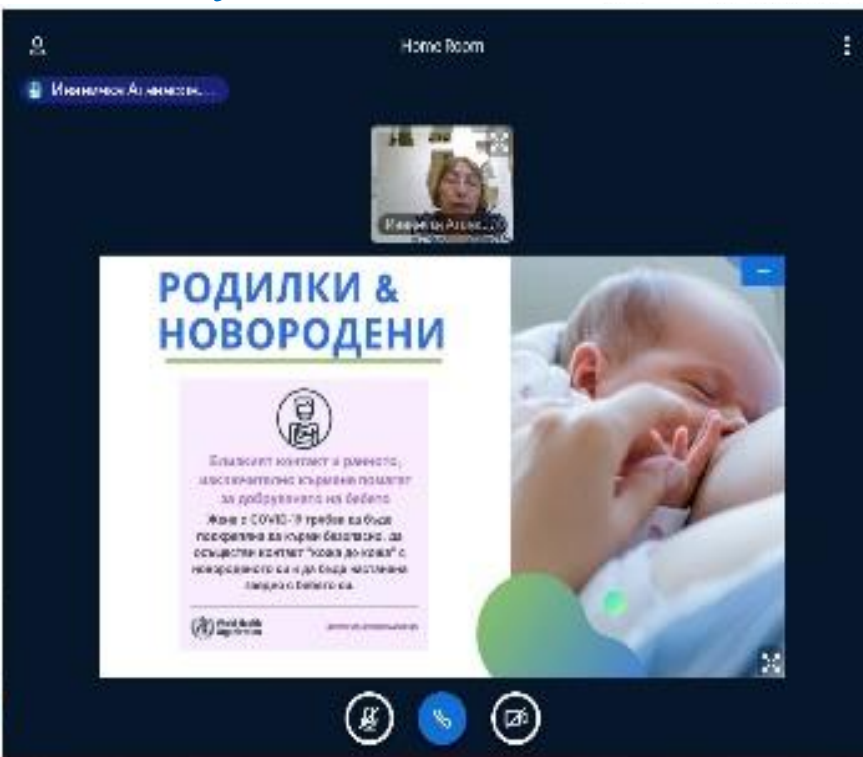
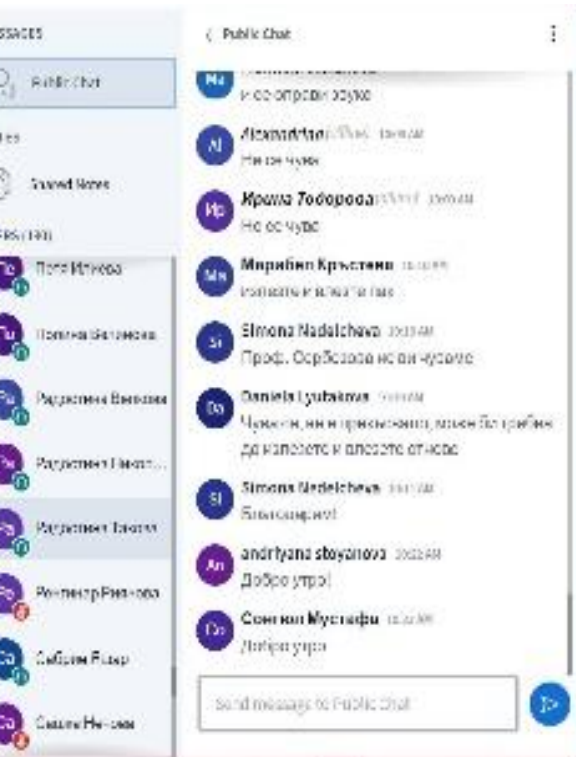
доц. Гергана Петрова, дм

Катедра „Сестрински грижи“, ФОЗ, МУ-Пловдив

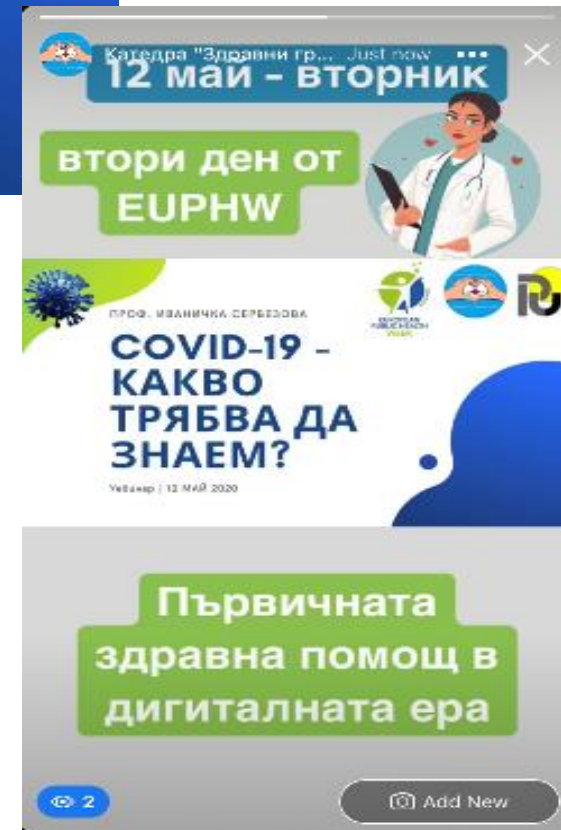


HW27 - COVID-19: Webinar for Students

Organised by prof. Ivanichka Serbezova, Department of Health Care, Faculty of Public Health and Health Care, Ruse University



*Audience: Over 1345
students and teachers in
Nursing and Midwifery*



MESSAGES < Public Chat

Public Chat

NOTES Shared Notes

USERS (125)

Yanina Yanakieva 08:58 AM
Здравейте!

Anife Shaboeva 08:58 AM
Добро утро!

Veta Yustopova 08:58 AM
Добро утро!

Kremina Kirilova 08:58 AM
Така си мислим!

Alise Ismailova 08:58 AM
Добро утро!

Solya M. 08:58 AM
Добро утро!

Ganxo Mehad 08:58 AM
Добро утро!

Gosnel Refik 08:58 AM
Добро утро!

Viktoria Aikova 08:58 AM
Добро утро!

Send message to Public Chat

Home Room

Иванчик Атанасов...

Иванчик Атанасов

СЪДЪРЖАНИЕ

какво ще обсъдим днес?

какви представяния възвущат?
какви са пропорциите за представяне?
кой са рисковите групи?
какви е влиянието на мерките бореу
живота на хората?
как можем да помогнем на
обществото?

MESSAGES < Public Chat

Public Chat

NOTES Shared Notes

USERS (125)

Yanina Yanakieva 08:58 AM
и са опрени звука

Alexandra (Lily) 08:58 AM
Не се чува

Irina Todorova (Lily) 08:58 AM
Не се чува

Mariabel Krysteva 08:58 AM
изплате и власта пак

Simona Nedelcheva 08:58 AM
Проф. Саббасова не ни чува!

Daniela Lyutakova 08:58 AM
чува се, не е прекъсвало, може би трябва
да излезете и влизате отново

Simona Nedelcheva 08:58 AM
Благодарим!

andriyana stoyanova 08:58 AM
Добро утро!

Gosnel Mustafa 08:58 AM
Добро утро

Send message to Public Chat

Home Room

Иванчик Атанасов...

Иванчик Атанасов

ПОСЛАНИЕ:

Физическа, а не социална изолация!

Можем да останем свързани – социалните мрежи ни предоставят възможност за социален контакт в безопасна среда! Можем да останем заедно – да си помагаме взаимно с информация и посредством усвоените умения и знания! Можем да открием нови хоризонти и да осъществим значаивни идеи!

MESSAGES < Public Chat

Public Chat

NOTES Shared Notes

USERS (125)

Yanina Yanakieva 08:58 AM
и са опрени звука

Alexandra (Lily) 08:58 AM
Не се чува

Irina Todorova (Lily) 08:58 AM
Не се чува

Mariabel Krysteva 08:58 AM
изплате и власта пак

Simona Nedelcheva 08:58 AM
Проф. Саббасова не ни чува!

Daniela Lyutakova 08:58 AM
чува се, не е прекъсвало, може би трябва
да излезете и влизате отново

Simona Nedelcheva 08:58 AM
Благодарим!

andriyana stoyanova 08:58 AM
Добро утро!

Gosnel Mustafa 08:58 AM
Добро утро

Send message to Public Chat

Home Room

Иванчик Атанасов...

Иванчик Атанасов

КАК ДА ПОМОГНЕМ НИЕ?

Студентите по здравни грижи имат своето значимо място за обществото в условията на пандемия и изолация!

MESSAGES < Public Chat

Public Chat

NOTES Shared Notes

USERS (125)

Yanina Yanakieva 08:58 AM
изплате и власта пак

Ani Markova 08:58 AM
И пак мен не се чува

Martina Stefanova 08:58 AM
и се опрени звука

Alexandra (Lily) 08:58 AM
Не се чува

Irina Todorova (Lily) 08:58 AM
Не се чува

Mariabel Krysteva 08:58 AM
изплате и власта пак

Simona Nedelcheva 08:58 AM
Проф. Саббасова не ни чува!

Daniela Lyutakova 08:58 AM
чува се, не е прекъсвало, може би трябва
да излезете и влизате отново

Simona Nedelcheva 08:58 AM
Благодарим!

Send message to Public Chat

Home Room

Иванчик Атанасов...

Иванчик Атанасов

МЕНТАЛНО ЗДРАВЕ

препоръки

HW55 - New approaches to pregnancy monitoring under COVID conditions

Lecture of assoc. prof. Teodora Evtimova, PhD, to fourth year students in Midwifery, Shumen Affiliate,

Първичната здравна помощ в дигиталната ера
12 май 2020г.

Нови подходи при наблюдението на бременността в условията на COVID-19

доц. Т. Евтимова, д.о.з.
МУ-Варна, Филиал Шумен

eupha.org/EUPHW #EUPHW

18 присъстващи

Модератор (1)
ДОЦЕНТ Теодора Николаева Евт...

Участници (17)
Гьонюл Демир
Деница Барбова
Десислава Тонева
Джансу Исмаил
Димитричка Динкова
Зейра Азис
Ирен Салим
Мария Стефанова
Мелин Мехмед
Мехтап Рашид
Натали Димитрова
Неслихан Юсеин
Нурджихан Неджиб
Светлана Янева
Седя Ростем
Фатме Идириз
Чидем Рушан

Първичната здравна помощ в дигиталната ера - 12 май

Осигуряването на непрекъснати здравни грижи е ключово за преодоляване на трудностите при справяне с COVID - 19

С активното участие на Филиал Шумен към МУ – Варна

#EUPHW

18 присъстващи

Модератор (1)
ДОЦЕНТ Теодора Николаева Евт...

Участници (17)
Гьонюл Демир
Деница Барбова
Десислава Тонева
Джансу Исмаил
Димитричка Динкова
Зейра Азис
Ирен Салим
Мария Стефанова
Мелин Мехмед
Мехтап Рашид
Натали Димитрова
Неслихан Юсеин
Нурджихан Неджиб
Светлана Янева
Седя Ростем
Фатме Идириз
Чидем Рушан

Assoc. prof. Teodora Evtimova underlined: “My first participation in the EUPHW is in the year of an extraordinary situation when the promotion of public health is more important than even. The restriction measures for COVID-19 may create serious problems in health services that will expose millions pregnant women and newborns to high risk but the quality of midwifery care should be kept on high level. The midwife needs to answer all questions concerning the safety I health prevention of both – mothers and newborns.

<https://www.facebook.com/filialshumen>

HW75 - Digital health, telemedicine and COVID-19

Organised by assoc. prof. Vladimir Gonchev, Faculty of Public Health and Health Care, Burgas University “Asen Zlatarov”



Дигитално здраве, телемедицина и COVID-19

- Живеем в безпрецедентни времена.
- Новият щам на коронавируса се разпространява с тревожна скорост, дотолкова, че Световната здравна организация (СЗО) обяви пандемия на 11 март.
- Други все още правят сравнения на филми като „Зараза“ или дори проектират постапокалиптични сценарии, популяризирани във видеоигри като „Последният от нас“ или „Постоянното зло“.



Digital health, telemedicine and COVID-19

Дигитално здраве, телемедицина и COVID-19

Доц. Владимир Гончев

My impression is that EUPHW was extremely well organized with many events and useful and varied information. There was a very good media coverage in the Bulgarian media. Through the academic lecturers the information reached a large number of students at universities.

I look forward to the next edition of EUPHW in 2021.



JOINING FORCES
FOR HEALTHIER POPULATIONS
11-15 MAY 2020

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#EUPHW
eupha.org/EUPHW



Wednesday 13 May 2020

Staying together for mental health

HW28 - Campaign Results Discussion - Students for Local Communities

**Host: Department of health care, FPHHC,
Ruse University**

**Audience: Facebook followers and visitors
about 300 participants.**

Conclusions and impressions: The campaign was realized as a successful format for sharing the results of the initiative, presenting a modern and accessible way for informing the audience. Within this initiative students in nursing and midwifery provided their support and help to the citizens in conditions of unexpected crisis. They realised over 100 health consultations, training and support to needy patients and families under the supervision of their mentors and within their competencies.

<https://www.facebook.com/ZdravniGrizhiRuse/posts/147947936775496>



Катедра "Здравни грижи", Русенски
университет

Posted by ...

Wednesday at 12:01 · 🌐

"Заедно в подкрепа на психичното здраве" е темата на третия ден от Европейската седмица на общественото здраве на **European Publi...** See More



HW53 - Occupational stress in medical professionals at psychiatric hospitals

Webinar organized by ass. prof. Radostina Zhecheva, PhD, Department of Health Care, Shumen Affiliate“

Audience: Fourth year students in Nursing

19 присъстващи

Модератор (1)

ГЛ. АСИСТЕНТ Радостина Ивано...

Участници (18)

Айсел Юмер
Арзу Фикрет
Деря Сезгинова Османова
Елиф Галиб
Есин Мустафова
Жанета Христова
Ивелина Николова
Марияна Петрова
Мартина Иванова
Мелис Юзеирова
Мерлин Юсеин
Мирослава Стоянова
Михаела Добрева
Назмие Самиева
Петя Дренчева
Пламена Братанова
Синем Салим
Христина Христова

19 присъстващи

Модератор (1)

ГЛ. АСИСТЕНТ Радостина Ивано...

Участници (18)

Айсел Юмер
Арзу Фикрет
Деря Сезгинова Османова
Елиф Галиб
Есин Мустафова
Жанета Христова
Ивелина Николова
Марияна Петрова
Мартина Иванова
Мелис Юзеирова
Мерлин Юсеин
Мирослава Стоянова
Михаела Добрева
Назмие Самиева
Петя Дренчева
Пламена Братанова
Синем Салим
Христина Христова

19 присъстващи

Модератор (1)

ГЛ. АСИСТЕНТ Радостина Ивано...

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Арзу Фикрет
Деря Сезгинова Османова
Елиф Галиб
Есин Мустафова
Жанета Христова
Ивелина Николова
Марияна Петрова
Мартина Иванова
Мелис Юзеирова
Мерлин Юсеин
Мирослава Стоянова
Михаела Добрева
Назмие Самиева
Петя Дренчева
Пламена Братанова
Синем Салим
Христина Христова

HW40 - Fear as a common human response encountering an unknown disease

Online lecture and debate

Host of event: Assoc. prof. Borialava Chakarova, MD, PhD,
Medical Faculty, Tracian University, Stara Zagora

Audience: 48 medical and health care students from 5 specialties



European Public Health WEEK
11-15 May 2020

Joining forces for healthier populations



Страхът като човешка реакция при среща с неизвестната болест

В ерата на информационните технологии, в ежедневието си човек се среща с новини, които нерядко изиграват съществена роля за неговото психично и не рядко и физическо здраве и дори оцеляване. Информацията, отнасяща се пряко или косвено за човешкото здраве се асимилира според познанията на индивида и често предизвиква чувство на страх и безпомощност.

В хода на пандемията от COVID-19 страхът от неизвестността, заплашваща човешкия живот проявява широк диапазон от пълно отричане на болестта, до неадекватно силни реакции на страх.

Целта на дебата е да се презентират разнообразните причини и прояви на страха от неизвестната болест – в исторически план и в прижекторите на съвременето.

Участие в семинара вземат студенти и преподаватели от Тракийски университет – Стара Загора.



JOINING FORCES
FOR HEALTHIER POPULATIONS
11-15 MAY 2020

GET INVOLVED!



Сряда, 13 май:

Да останем заедно за психично здраве

Доц. д-р Б. Чакърва, дм

Медицински факултет
Тракийски университет – Стара Загора



1882 – 1945

"Единственото, от което трябва да се боим, е самият страх".

Франклин Рузвелт, 1933

Американският президент е имал предвид други заплахи, когато е казал това в прословутото си въспително слово през март 1933 г., но от дистанцията на времето и събитията, думите му днес имат особено звучене.

HW36 - Attention deficit hyperactivity disorder in children

Online lecture by ass. prof. Valentina Lalova, PhD, Department of Health Care, Faculty of Public Health, MU-Plovdiv

Audience: 3rd and 4th year students in Nursing

The screenshot shows a Zoom meeting interface. The main window displays a presentation slide titled "ATTENTION DEFICIT HYPERACTIVITY DISORDER IN CHILDHOOD /ADHD/". The slide is part of a presentation for "EUROPEAN PUBLIC HEALTH WEEK" (EUPHW) held from May 11-15, 2020. The slide content includes the EUPHW logo, the text "JOINING FORCES FOR HEALTHIER POPULATIONS 11-15 MAY 2020", the hashtag "#EUPHW", and the website "eupha.org/EUPHW". The presenter is identified as "Assist.Prof. Valentina Lalova, Ph.D." from the "Department of Nursing, Faculty of Public Health, Medical University of Plovdiv, Bulgaria". The slide also features a "GET INVOLVED!" banner and a "Thank you for your attention" message. The Zoom interface shows a meeting titled "Събрание в „Общи“" with 09:16 remaining. The taskbar at the bottom shows various application icons and the system clock indicating 11:01 on 13.5.2020.

Conclusions: During the last decades specialists in pedagogy, pediatric, psychology, psychiatry, social and medical care try to inform the society how to determine the problems related to the development in children with attention deficit disorder and hyperactivity. Recognising the disease symptoms earlier, we can help the child to live using its maximum potential. The role of nurses in the health promotion and child mental care is of utmost importance. The students in Nursing expressed much interest, asked many questions and participated in the discussion in this theme.



JOINING FORCES
FOR HEALTHIER POPULATIONS
11-15 MAY 2020

GET INVOLVED!

#EUPHW
eupha.org/EUPHW



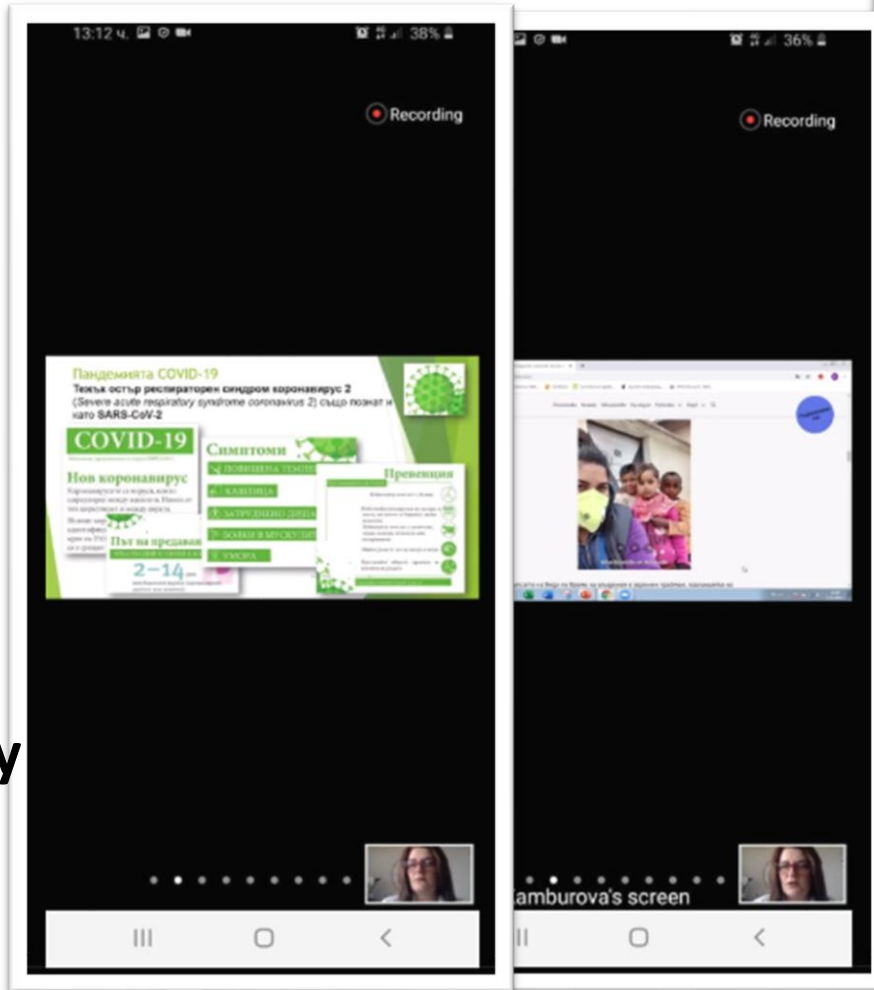
Thursday 14 May 2020

Equal health for all

HW22 - COVID-19: Social and health inequalities in Bulgaria

Reach: 39 students in 3 specialties and a colleague from North Macedonia

Lecturer:
 Assoc. prof.
 Mariela Kamburova, MD, PhD, Department of Public Health Sciences, Faculty of Public Health, Medical University of Pleven









COVID-19: СОЦИАЛНИ И ЗДРАВНИ НЕРАВЕНСТВА В БЪЛГАРИЯ

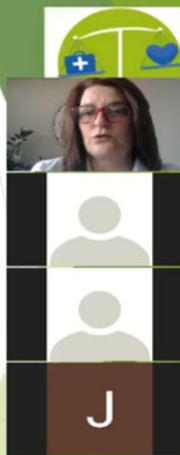
Доц. д-р Мариела Камбурова, дм
 Катедра „Общественоздравни науки“, ФОЗМУ-Плевен



- ▶ Като цяло, колкото по-нисък е социално-икономическият статус на човек, толкова по-лоши са здравните резултати.
- ▶ Това е т.н. *социален градиент в здравето*.
- ▶ Той съществува във всички страни, но наклона на кривата варира.

Самооценка на здравето в ЕС (над 65 г.)
 Делът на хората, които оценяват здравето си като „добро“ или „много добро“ се увеличава с нивото на образованието и дохода.

Група	ДОБРО ИЛИ МНОГО ДОБРО	СРЕДНО	ЛОШО ИЛИ МНОГО ЛОШО
20% - най-богати	80.4%	15.7%	3.9%
Средно богати в ЕС-28 в 2017г. над 16 г.в.	69.7%	22%	8.3%
20% - най-бедни	61.2%	25.6%	13.2%



HW29 - Breastfeeding and New Mothers during COVID19

Facebook Campaign

Host: Department of Health Care, FPHHC, Ruse University

Audience: Facebook followers and visitors about 300 participants

An educational film “Breastfeeding is the best” by Creative House Media, realized with the support of UNICEF and Norway Embassy was presented. The film is adapted in Bulgarian on the initiative of the National association “Support for breastfeeding”. During the discussion through Facebook the current WHO guidelines and safety rules for breastfeeding in COVID-19 pandemic have been presented.



Катедра "Здравни грижи", Русенски университет

Thursday at 11:39 · 🌐

Включете се в “прожекцията” ни и тагнете приятелки, които искат да знаят повече за кърменето! ❤️

#EUPHW

<https://youtu.be/Z1MKqhgLhAM>



YOUTUBE.COM
Гърдата е най-доброто
Общобразователен филм



Conclusions and impressions:

The information has been very well accepted and this motivates us to plan more initiative in the future in online format that will allow the specialists and students to support the public and vulnerable groups according to their competencies through social networks.

HW41 - Risk groups and risk factors in epidemics with parasitic agents

Online lecture and workshop

Host of event: Assoc. prof. Borialava Chakarova, MD, PhD, Medical Faculty, Tracian University, Stara Zagora

Audience: 52 academic staff and students from 5 specialties



European Public Health WEEK
11-15 May 2020

Joining forces for healthier populations



Рискови групи и рискови фактори при епидемии с паразитни агенти

Епидемиите, причинени от паразити имат различни параметри по отношение на качествени и количествени показатели. Рисковите групи лица са в пряка или косвена зависимост от етиологичния агент. Рисковите фактори в съвременните динамично създавани екологични връзки са в променящи се помежду си взаимоотношения. Съвременните диагностични технологии допринасят за прецизиране на групите в риск и детайлизиране на факторите за разпространение на паразитните агенти.

Лицата в риск от заразяване и факторите подпомагащи това при епидемии с различен механизъм на предаване са и причините за пандемичното разпространение на непознатия SARS-CoV2.

Целта е дискусия върху многообразието на механизмите и факторите за разпространение на паразитните болести и попадналите под тяхното въздействие възприемчиви лица, както и да се потърси равновесие на здравето за всички.

Участие в семинара вземат студенти и преподаватели от Тракийски университет – Стара Загора.



JOINING FORCES
FOR HEALTHIER POPULATIONS
11-15 MAY 2020

GET INVOLVED!



14 май, четвъртък:
Равно здраве за всички

Доц. д-р Б. Чакърва, дм

Медицински факултет
Тракийски университет – Стара Загора



ECDC (2006 – 2014)



	2006-2010	2011-2014	Общо
България	1946	1207	3153
EU/EEA	4361	3258	7619
%	44.62%	37.05%	41.38%

(ECDC, 2010, 2016)

HW43 - COVID-19 and the greatest humanitarian lesson to be learned

Webinar organized by Mrs Elitza Stoichkova, specialist in English teaching, Shumen Affiliate, MU-Varna

Audience: First year students in Nursing

The screenshot shows a Zoom meeting interface. The main window displays a presentation slide with the following content:

- Header: "Equal health for all 14 May, 2020"
- Title: "COVID-19 and the greatest humanitarian lesson to be learned"
- Speaker: "Elitza Stoichkova, MU-Varna, Shumen Affiliate"
- Logos: "EUROPEAN PUBLIC HEALTH WEEK" and "Prof. Dr. Paraskeva Stoyanova"
- Website: "eupha.org/EUPHW" and hashtag "#EUPHW"
- Icon: A scale of justice with a blue cross on the left pan and a blue heart on the right pan.

On the right side, a participant list is visible, showing 22 participants. The moderator is "ПРЕПОДАВАТЕЛ Елица Тодор...". Other participants include "E Farina #2", "Monika Permatasari", "Абибе Ислямова Исмаилова", "Айлин Яхя Бейти", "Айше Мехмедова Арифова", "Дамла Бюрхан Хюсеин", "Диляна Грозданова Гроздева", "Емине Мустафа Хюсеин", "Жаклина Петрова Ганчева", "Йозлем Ридван Закир", "Неслихан Исметова Ахмедова", "Нилдян Насуфова Хамидова", and "Сибял Фахри Фахроедин".

The screenshot shows a Zoom meeting interface. The main window displays a presentation slide with the following content:

- Text: "I hope that the humanity has already learned its lessons from the past and now we are stronger and more capable of coping with the disaster. Trust – towards authorities, public health institutions, medical researchers and practitioners – is once again a key concept in times of crisis."
- Logos: "EUROPEAN PUBLIC HEALTH WEEK" and "#EUPHW"
- Icon: A scale of justice with a blue cross on the left pan and a blue heart on the right pan.

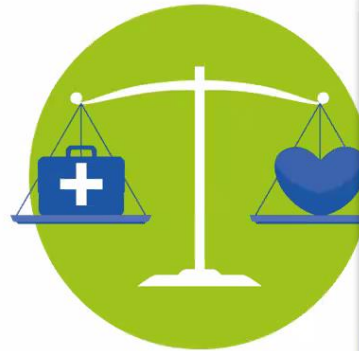
On the right side, a participant list is visible, showing 31 participants. The moderator is "ПРЕПОДАВАТЕЛ Елица Тодор...". Other participants include "Debora", "E Farina #2", "Monika Permatasari", "Абибе Ислямова Исмаилова", "Айлин Яхя Бейти", "Айше Мехмедова Арифова", "Айше Мустафова Хасанова", "Берк Съдкъев Неджибов", "Дамла Бюрхан Хюсеин", "Даниела Стефанова Петрова", "Диляна Грозданова Гроздева", "Емине Мустафа Хюсеин", "Еркан Метинев Мустафов", "Жаклина Петрова Ганчева", and "Йозлем Ридван Закир".

The most important conclusion from this event for me is that the students as future medical professionals have a clear vision about their role as health mediators, despite the situation and challenges they face. As non-medical specialist, I consider that in a moment of world health crisis everybody who has an opportunity should promote public health ideas.

HW48 - Volunteering - psycho-social support in a crisis

ДОБРОВОЛЧЕСТВОТО –
ПСИХО-СОЦИАЛНА
ПОДКРЕПА В УСЛОВИЯТА
НА КРИЗА

14 май 2020



Лектори:

Доц. Искра Петкова, дп

Ас. Вероника Спасова

Ас. Калина Кънчева

Ас. Мариета Гуновска Равенство в здравето за всички

<https://us04web.zoom.us/j/79208653868?pwd=RWp6VnJDTVByaVRSbTF0V084QjkwUT09>
Meeting ID: 792 0865 3868 Password: 028948 Time: May 14, 2020 02:30 PM Sofia

Online lecture and great discussion with 23 students in the specialty “Social work in health care system”.

The event was organized by the Department of Social care at the Medical University of Pleven.

Доброволец

Доброволецът е човек, който по собствено желание се заема с някаква работа или участва с нещо при извършването на дадени дейности.

- Той извършва своята работа безвъзмездно, без да очаква някаква награда или заплащане за свършеното.
- Най-често наградата за усилията се явява добрата дума, признанието, похвалата от страна на околните хора или други доброволци.
- Доброволец от латински „voluntaries”, означава “доброволец от свободна воля”.
- На български думата звучи като съчетание от „добро” и “воля”, т.е. добра, свободна воля или пък вол правещ добро.
- Оттук се предполага, че всеки, който е доброволец, на драго сърце би приел да свърши работа, която не е негово задължение.

Грижа за най-уязвимите

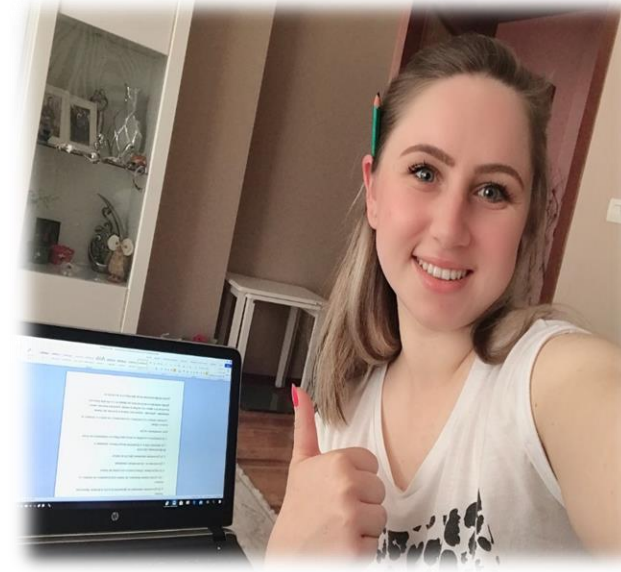
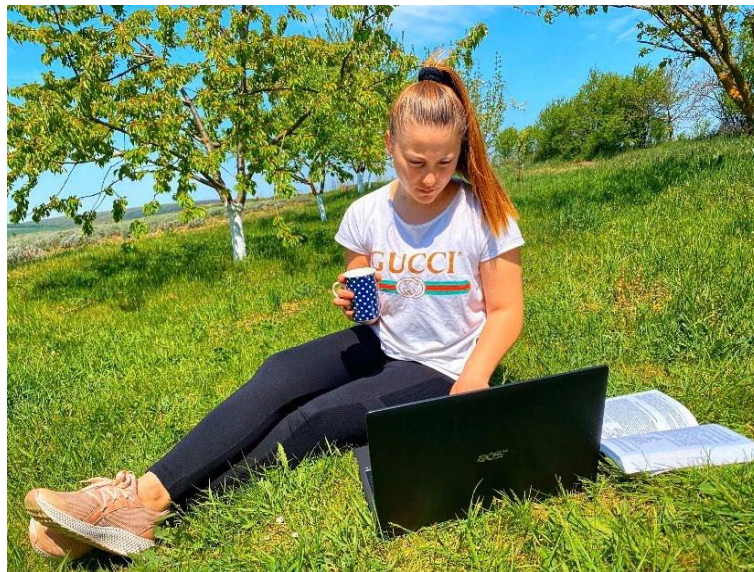
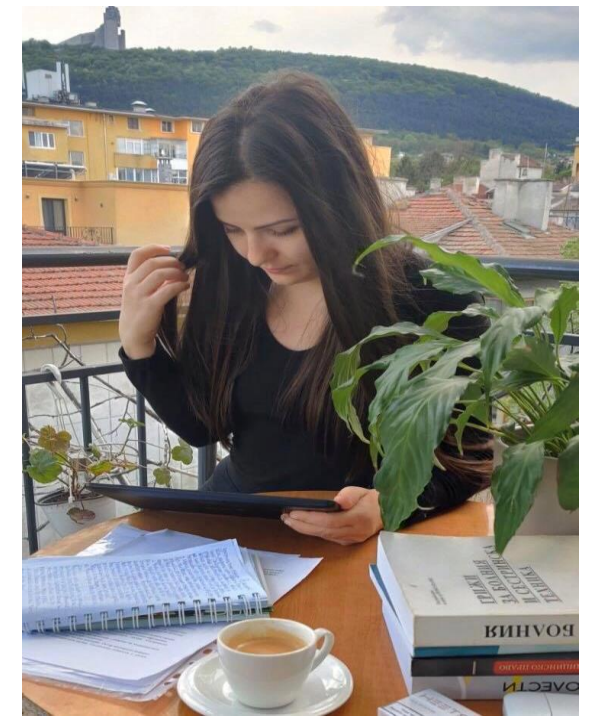
Самотно живеещи възрастни хора, болни или трудноподвижни

Доставка от доброволци по домовете на тези хора на лекарства, храни и продукти от първа необходимост

HW56 - Health care training in the pandemic COVID-19

Online photo exhibition organized
by Shumen Affiliate of MU-Varna

On the Facebook of Shumen Affiliate
185 photos were published showing
different ways using by the students
to study in VOVID-19 pandemic



HW63 - The program "Nurse Family Partnership-Bulgaria" in COVID-19

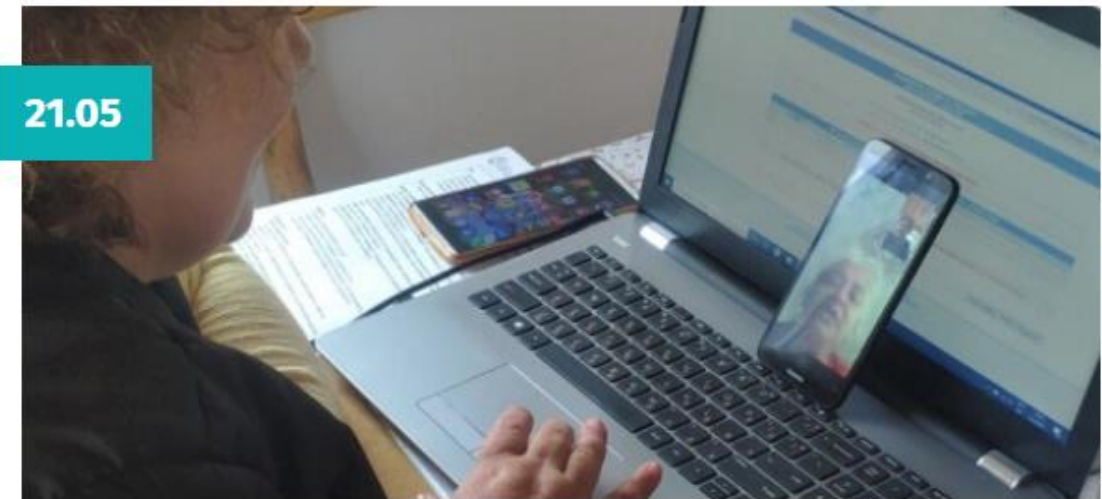
This event is unique one. Assoc. prof. Krasimira Kostadinova, Director of Child and Youth Health Division at the National Centre of Public Health and Analyses, member of BPHA, is a partner in the Programme for patronage services „Nurse - Family Partnership – Bulgaria” developed by the “Trust for Social Achievement” to support targeted groups of pregnant women, children under 2-years of age and their families of Roma origin.

On 14 may prof. Kostadinova had an opened telephone and e-mail line to answer all the questions concerning pregnancy in COVID-19 pandemic.

<https://ncpha.government.bg/bg/latest-news/latest-news-2/latest-news-3>



Nurse Family Partnership Program - Bulgaria Presented as a Good Practice During the European Public Health Week



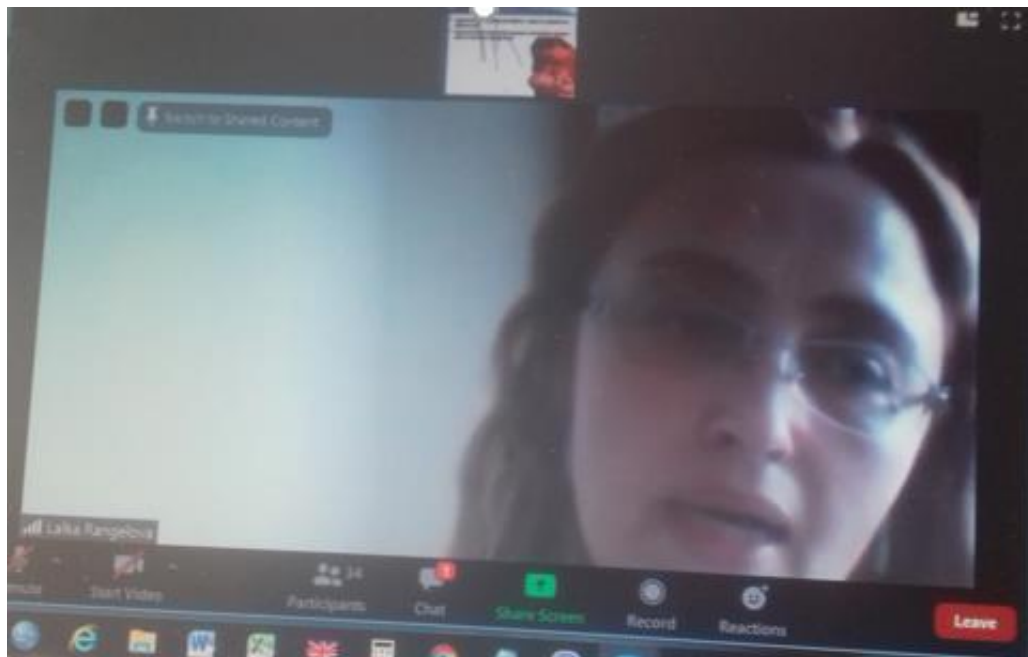
Two Months of Successful Remote Home Visiting

HW64 - Training on healthy eating during pregnancy and breastfeeding

This event with national reach was organized by assoc. prof. Lalka Rangelova, well known specialist in Nutrition at the National Centre of Public Health and Analyses, member of BPHA.

34 pregnant women linked to the online presentation in ZOOM and asked many questions.

After the lecture, prof. Rangelova has been also interviewed by the Radio-Varna.



Съвременни предизвикателства в храненето на бременната и кърмеща жена

Доц. д-р Лалка Рангелова, ДМ
Национален център по обществено здраве и анализи

София, 2020 г.



Значение на храненето

Хранително програмиране през ранния живот

Храненето през първите 1000 дни

- растежа и здравето на децата,
- физическо и интелектуално развитие
- върху риска в по-късна възраст от ХЗ: сърдечно-съдови, диабет, затлъстяване, белодробни и др.

A screenshot of a Zoom meeting showing a presentation slide. The slide is titled 'Значение на храненето' and discusses 'Хранително програмиране през ранния живот'. It lists the importance of nutrition in the first 1000 days for child growth, physical and intellectual development, and the risk of chronic diseases like heart disease, diabetes, and obesity. The Zoom interface shows a grid of participants, including 'Gena Grancharo...' and 'Lalka Rangelova'.



JOINING FORCES
FOR HEALTHIER POPULATIONS
11-15 MAY 2020

GET INVOLVED!

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Friday 15 May 2020
Grow old, grow healthy

HW54 - The effects of physical inactivity on health in isolation

Webinar organized by ass. prof. Milena Todorova and Karolina Nikolova with 22 third year students in Nursing, Shumen Affiliate, Departments of health care

Main message: At the moment when the old people are advised to stay at home, the regular physical activity can help to keep the muscle tone and cognitive function, to minimize anxiety and depression and to prevent diseases.



МЕДИЦИНСКИ УНИВЕРСИТЕТ
ПРОФ. Д-Р ПАРАСКЕВ СТОЯНОВ – ВАРНА
ФИЛИАЛ ШУМЕН

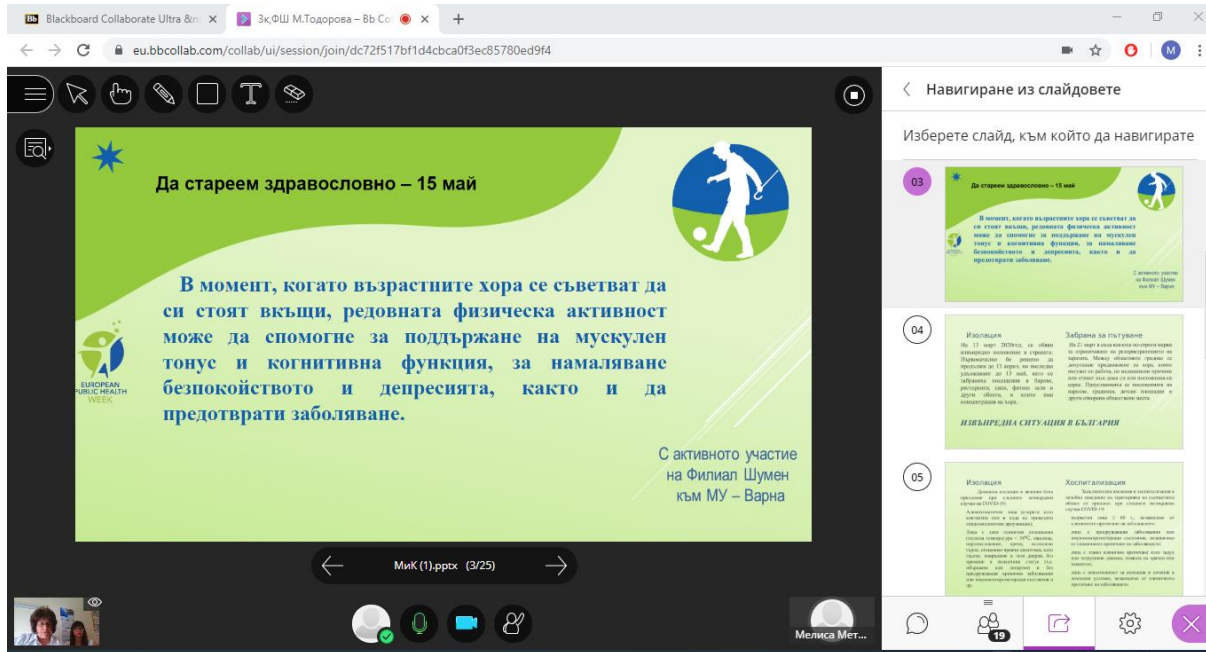
С ОБЕДИНЕНИ УСИЛИЯ
ЗА ПО-ЗДРАВИ ОБЩНОСТИ
11-15 МАЙ 2020
Промоцията на общественото
здраве сега е по-важна от всякога
#EUPHW

ВЛИЯНИЕ НА ОБЕЗДВИЖВАНЕТО ВЪРХУ ЗДРАВЕТО ПРИ ИЗОЛАЦИЯ

ас. Милена Милкова
пр. Каролина Николова

С активното участие
на Филiaal Шумен
към МУ - Варна

Slide 1 of 25



eu.bbcollab.com/collab/ui/session/join/dc72f517bf1d4cbca0f3ec85780ed9f4

Да стареем здравословно – 15 май

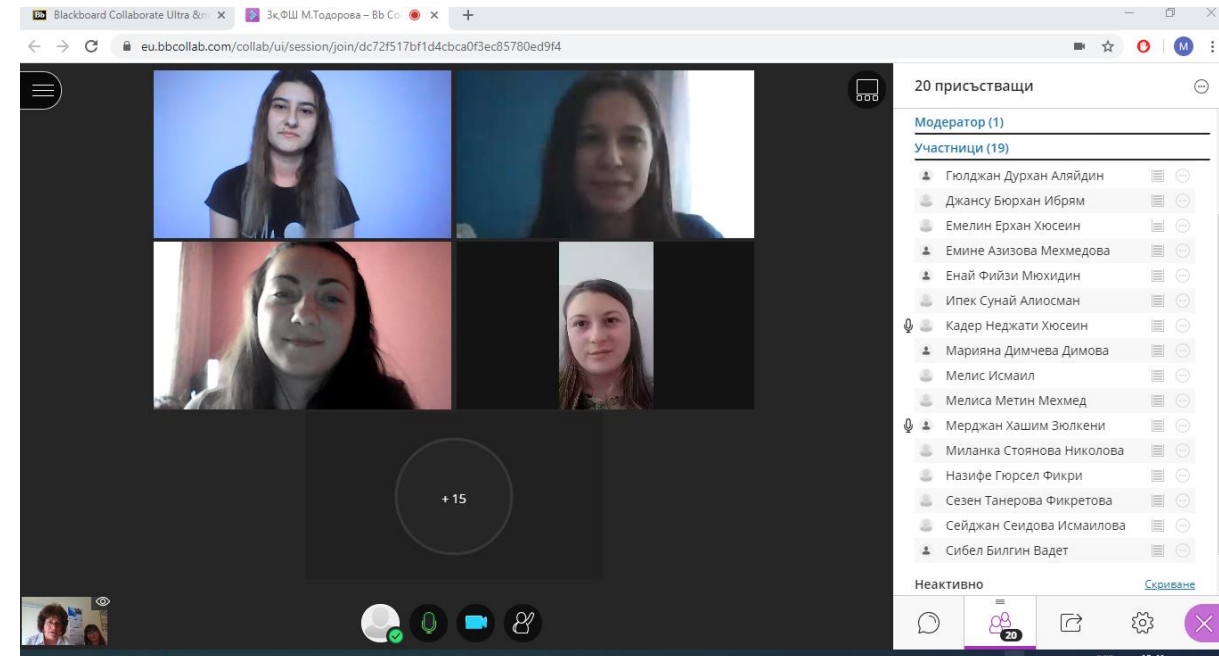
В момент, когато възрастните хора се съветват да си стоят вкъщи, редовната физическа активност може да спомогне за поддържане на мускулен тонус и когнитивна функция, за намаляване безпокойството и депресията, както и да предотврати заболяване.

С активното участие на Филiaal Шумен към МУ – Варна

Навигиране из слайдовете

Изберете слайд, към който да навигирате

- 03 Да стареем здравословно – 15 май
- 04 Изолация
- 05 Изолация



eu.bbcollab.com/collab/ui/session/join/dc72f517bf1d4cbca0f3ec85780ed9f4

20 присъстващи

Модератор (1)

Участници (19)

- Голджан Дурхан Аляйдин
- Джансу Бюрхан Ибрам
- Емелин Ерхан Хюсеин
- Емине Азизова Мехмедова
- Енай Фийзи Мухидин
- Ипек Сунай Алиосман
- Кадер Неджати Хюсеин
- Марияна Димчева Димова
- Мелис Исмаил
- Мелиса Метин Мехмед
- Мерджан Хашим Зюлкени
- Миланка Стоянова Николова
- Назифе Гюрсел Фикри
- Сезен Танерова Фикротова
- Сейджан Сейдова Исмаилова
- Сибел Билгин Вадет

Неактивно Скриване

HW96 - Feeding elderly people during social exclusion

Online lecture by ass. prof. Tsvetomila Valcheva, PhD, Department of Health Care, Faculty of Public Health, MU-Plovdiv

Audience: students in Nursing



EUROPEAN PUBLIC HEALTH WEEK

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Feeding elderly people during social exclusion
Tsvetomila Valcheva

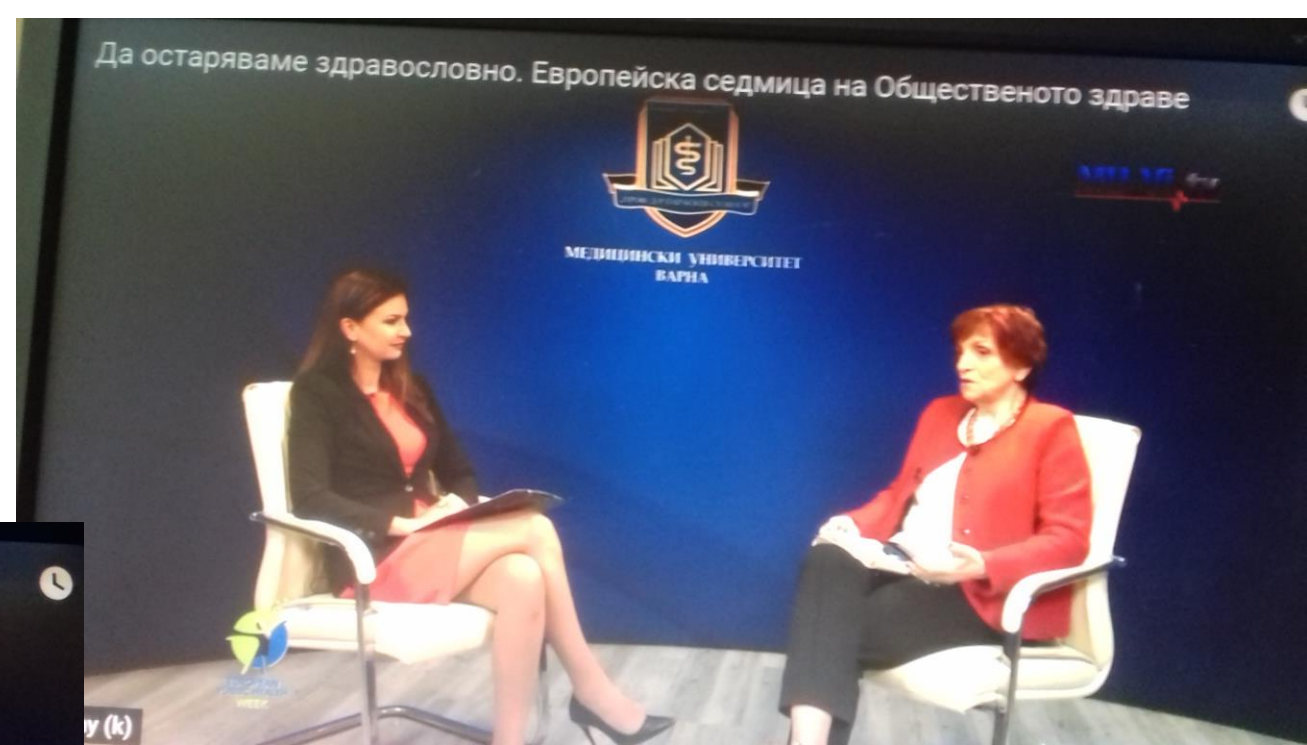
Department of Nursing, Faculty of Public Health,
Medical University-Plovdiv, Bulgaria



Conclusions: Students participated actively with their own photos and shared impressions in coping with isolation of their adult and old relatives. Students did an evaluation on malnutrition and proposed health education activity for healthy nutrition consistent with the structure and functional patterns of digestive system in adults and old people.

HW110 - Individuals and community for healthy ageing

This event was a 30-minutes interview with livestreaming on TV of MU-Varna where the emeritus member of BPHA assoc. prof. Nevyana Feschieva, well known and highly recognized specialist in public health, expressed her broad understanding on the process of healthy ageing.



The main message: The increase in life expectancy is a victory of humanity. We should remember that the old age is an individual problem but ageing is a societal problem. We need to change our view to older people. We need a new approach to the process of ageing. Even in old age, human life should be lived with dignity. In today digital era there are many fields where old people can contribute very much. Health promotion should start quite earlier in human life providing the people with appropriate forestall health information.

<https://www.youtube.com/watch?v=p2U0wa1PcQA&feature=share&fbclid=IwAR08d3IsZcrUrPCKe4QHiDxjHKLzeOXYWSGj11OVxaEGbFieoy3nd9v-pwU>