

LEARNING OUTCOMES:

On completion of the module, students can expect to have acquired:

- Fundamental knowledge on the impact of trauma on mental health
- Capability to interpret the role of trauma as a key factor in mechanisms of ill health, both mental and physical
- The ability to assess and evaluate the mental health impact of traumatic life experiences
- Basic knowledge on resilience and posttraumatic growth
- Skills regarding critical appraisal and analysis of the scientific literature on traumatic stress
- Knowledge of trauma informed care approaches.
- Systemic approach to trauma management.

ORGANIZERS:



PARTNER:



ADMISSION CRITERIA

Bachelor's diploma as a minimal requirement.

The applicant shall submit a CV and a cover letter in English.

Selected candidates should submit a brief description of research idea.

**REGISTRATION IS
OPEN!**



Application fee: 200 €

**3 ECTS
AWARDING COURSE***

*Accreditation process
undergoing



Medical University of
Gdansk

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6th International
Summer School
on Public Mental Health

Trauma-informed Public
Health – approaches to
resilience and trauma
informed public health



2nd-6th June
2025

GDAŃSK,
POLAND

PROGRAM



2ND JUNE, MONDAY, CONFERENCE

10.00-16.00

INTERNATIONAL CONFERENCE
Trauma-informed Public Health –
approaches to resilience and trauma
informed public health

3RD JUNE, TUESDAY

9.00-9.30 Prof. Łukasz Balwicki,
Prof. Jutta Lindert
Introduction

9.30-11.00 Prof. Jutta Lindert
Traumatic life events-epidemiology

11.00-11.15 **COFFEE**

11.15-13.00 Group work:
Traumatic life events in Europe –
epidemiology – introduction and
group work

13.00-14.00 **LUNCH**

14.00-15.00 **Students' presentations**

15.00-15.15 **COFFEE**

15.30-16.30 Group work:
Designing reviews in the field of
traumatic stress studies

4TH JUNE, WEDNESDAY

9.00-10.30 Prof. Jutta Lindert
Wars and historical trauma –
epidemiology and characteristics

10.30-11.00 **COFFEE**

11.00-13.00 Dr Agnieszka Wojtecka
Refugees mental health

13.00-14.00 **LUNCH**

14.00-15.00 Dr Agnieszka Wojtecka
Interventions for refugees in Poland

15.00-15.30 **COFFEE**

15.30-17.00 Group work:
Review study protocol
Excursion

17.00-19.00

5TH JUNE, THURSDAY

9.00-10.30 Prof. Sally Mc Manus
Adverse childhood experiences

10.30-11.00 **COFFEE**

11.00-13.00 Prof. Sally Mc Manus
Traumatic experiences of violence
and abuse in adulthood

13.00-13.30 **LUNCH**

13.30-15.00 Dr Hauke Wiegand
The concept of resilience

15.00-15.15 **COFFEE**

15.15-17.00 Dr Hauke Wiegand
Trauma and resilience
FESTIVE DINNER

20.00

6TH JUNE, FRIDAY

9.00-11.00 Dr Hauke Wiegand
Resilience over the life course

11.00-11.15 **COFFEE**

11.15-12.15 Prof. Jutta Lindert,
Prof. Sally Mc Manus, Dr Hauke
Wiegand

Trauma and resilience- next steps
12.15-13.15 **LUNCH**

13.15-15.00 **Students presentations**

15.00 Charlotte Merchandise,
Prof. Jutta Lindert, Prof. Łukasz
Balwicki, Prof. Sally Mc Manus
Official handover of certificates

