

INTERNATIONAL SYMPOSIUM - PRELIMINARY PROGRAM (5-6 June 2025)

Society, Nutrition and Chronic Disease Prevention: Time for a Paradigm Shift

Location: IRCCS Neuromed, Pozzilli, Isernia, Molise Region, Italy

DAY 1 (June 5)

Welcome – Registration

Opening Session

9:30 – Welcoming remarks – Giovanni de Gaetano (Neuromed, Pozzilli, Italy)

9:45 – Introduction to symposium

EUPHA Chronic Disease Section - Saverio Stranges (Western University Canada/Federico II University, Naples, Italy)

EUPHA Food and Nutrition Section – Giuseppe Grosso (University of Catania, Italy)

10:00 – Licia Iacoviello (LUM University, Bari, Italy/Neuromed, Pozzilli, Italy)

Twenty years of the Moli-sani Study Experience: Lessons Learned and Way Forward

10:30 – Elio Riboli (Imperial College, London, UK)

The EPIC Study Experience: Lessons Learned and Way Forward

11:00 – Valentina Andreeva (Sorbonne Paris Nord University and University of Paris, France)

15 years of the NutriNet-Santé experience: advancing the field of nutritional epidemiology

11:30 – Eliseo Guallar (New York University, NY, USA)

Nutritional Supplements and Chronic Disease Prevention: Mith or Reality?

12:00 – First Panel Discussion - *Current Perspectives across Europe and beyond*

Valentina Andreeva, Giovanni de Gaetano, Eliseo Guallar, Licia Iacoviello, Elio Riboli

13:00 - 14:00 – Lunch Break & Networking

14:00 – Sabina Sieri (Italian National Cancer Institute, Milan, Italy)

Dietary habits & NCD risk factors across Italy: Preliminary data from the YouGoody study

14:30 – Sarah Cuschieri (University of Malta)

Nutrition, Obesity and Chronic Disease: Perspectives from a Small European Country

15:00 – Valeria Pala (Italian National Cancer Institute, Milan, Italy)

Measuring Dietary Patterns in population-based studies

15:30 – Marialaura Bonaccio (Neuromed, Pozzilli, Italy)

Ultra-processed Foods Consumption and Chronic Diseases

16:00 – Mariana Di Lorenzo (Federico II University, Naples, Italy)

Ultra-processed Foods Consumption, Adiposity and Obesity Risk

16:30 – Augusto Di Castelnuovo (Neuromed, Pozzilli, Italy)

Alcohol and Chronic Disease: Reconciling Evidence with Public Health Policy

17:00 – **Second Panel Discussion – *Nutritional Epidemiology: Past, Present, Future...***

Sarah Cuschieri, Augusto Di Castelnuovo, Marialaura Bonaccio, Valeria Pala, Sabina Sieri

18:00 – Social Activities

20:00 - Dinner

DAY 2 (June 6)

9:30 – Welcome Coffee & Networking

10:00 – Annalisa Giosuè (Federico II University, Naples, Italy)

Dietary Patterns and Chronic Disease Prevention within the One Health Approach

10:30 – Jason Gilliland (Western University, London, Ontario, Canada)

Smartphone-based interventions to improve food literacy and diet quality

11:00 – Gabriele Riccardi (Federico II University, Naples, Italy)

Novel Approaches to Promoting Healthy Dietary Patterns

11:30 – Marilena Vitale (Federico II University, Naples, Italy)

The Switch Project to improve dietary habits across Europe

12:00 – Third Panel Discussion – *From Research to Policy to tackle diet-related chronic disease*

Annalisa Giosuè, Jason Gilliland, Gabriele Riccardi, Maurizio Trevisan, Marilena Vitale

13:00 - 14:00 – Lunch Break & Networking

14:00 – Simona Castaldi (University of Campania “Luigi Vanvitelli”, Caserta, Italy)

Sustainable Food Systems: An Ecological Perspective

14:30 – Franca Barbic (Humanitas University, Milan, Italy)

Diet and Health Promotion Programs in the Workplace

15:00 – Julian Mamo (University of Malta)

Dietary and lifestyle interventions for Chronic Disease Prevention in Primary Care

15:30 - Giuseppe Grosso

Public Health Nutrition: Assessing Evidence to Determine Policy and Practice

16:00 – Saverio Stranges (Western University Canada/Federico II University, Naples, Italy)

Revisiting Public Health Policies on Diet and Chronic Disease

16:30 – Fourth Panel Discussion – *Need for Multisectorial Approaches and Future Perspectives*

Franca Barbic, Simona Castaldi, Maria Benedetta Donati, Licia Iacoviello, Julian Mamo

17:30 - 18:00 – Summary of Symposium & Next Steps (Saverio Stranges & Giuseppe Grosso)

18:00 – Social Activities

20:00 – Mediterranean Dinner