EUROPEAN PUBLIC HEALTH WEEK 2022

THURSDAY – NO HEALTH WITHOUT MENTAL HEALTH

EVENTS OF THE DAY (N=58)

Online events - 35

Name of event	Start CEST	End CEST	Format	Language	Link
Kick-off event: No health without mental health	11:00	12:15	Roundtable discussion, Webinar	English	https://eupha.org/euphw_page.php?p=HW52
Mental Health Support in the Digital World and Smoking Cessation	**10:00**	**11:00**	**Webinar**	**English**	**https://eupha.org/euphw_page.php?p=HW209**
Mental Health Forum - Open panel discussion	**16:00**	**17:00**	**Panel discussion**	**Serbian**	**https://eupha.org/euphw_page.php?p=HW133**
Opinion column - No health without mental Health	All day		Opinion Column in national media	Portuguese	https://eupha.org/euphw_page.php?p=HW77
Climate change and mental health	All day		Interview	Italian	https://eupha.org/euphw_page.php?p=HW129
Podcast M80 "Consulta Marcada": Mental Health	All day		Podcast	Portuguese	https://eupha.org/euphw_page.php?p=HW92
Podcast: The mental health of carers	All day		Podcast	English	https://eupha.org/euphw_page.php?p=HW164
Podcast: mental health disorders among migrants	All day		Podcast	English	https://eupha.org/euphw_page.php?p=HW83
Podcast: Self-guided digital interventions for individuals at risk of suicide	All day		Podcast	English	https://eupha.org/euphw_page.php?p=HW84
Podcast: Does social media make you unhappy?	All day		Podcast	Dutch	https://eupha.org/euphw_page.php?p=HW80

Are we equals towards mental health?	All day		Article	French	https://eupha.org/euphw_page.php?p=HW186
Public awareness for vaccination, climate change and mental health	8:00	14:00	Poster campaign	Greek	https://eupha.org/euphw_page.php?p=HW173
Youth for Mental Health Awareness - Polygeia	9:00	9:15	Video	English	https://eupha.org/euphw_page.php?p=HW122
Be Aware with Turin Public Health School- day 4	9:00	17:00	Campaign	Italian	https://eupha.org/euphw_page.php?p=HW159
Existential analysis meets imagination therapy in challenging times.	9:00	10:00	Roundtable discussion, Webinar	German	https://eupha.org/euphw_page.php?p=HW114
The importance of resilience in a rapidly changing time.	9:00	10:00	Roundtable discussion, Webinar	German	https://eupha.org/euphw_page.php?p=HW115
II Gdansk Health Days	9:00	17:00	Conference, Panel discussion	Polish/English	https://eupha.org/euphw_page.php?p=HW71
Public Health Technology Week - 2022	9:00	16:00	Conference	Russian	https://eupha.org/euphw_page.php?p=HW63
Are new nurses prepared to deal with difficult patients?	9:30	10:30	Webinar	Bulgarian	https://eupha.org/euphw_page.php?p=HW97
Managing managers mental health	10:00	10:30	Lecture	Serbian	https://eupha.org/euphw_page.php?p=HW198
The invisible sights of conflicts	10:00	11:00	Roundtable discussion	Bulgarian	https://eupha.org/euphw_page.php?p=HW179
Status: online - prevention of risky use of the Internet	10:00	12:00	Lecture	Croatian	https://eupha.org/euphw_page.php?p=HW196
Mental health during pregnancy	11:00	13:00	Online Campaign	Bulgarian	https://eupha.org/euphw_page.php?p=HW110
Panel discussion "No health without mental health"	12:00	13:30	Panel discussion	Serbian	https://eupha.org/euphw_page.php?p=HW224
Monitoring COVID-19 related changes in mental health in Europe	12:30	13:30	Webinar	English	https://eupha.org/euphw_page.php?p=HW86
Resilience Workshop: Overcoming Thinking Patterns that Hold us Back	13:00	15:00	Workshop	English	https://eupha.org/euphw_page.php?p=HW150
Caring violent child safely in psychiatric units	13:45	14:15	Lecture	Bulgarian	https://eupha.org/euphw_page.php?p=HW49

Mental&Public Health (a story from Transylvania)	14:00	15:00	Roundtable discussion	English	https://eupha.org/euphw_page.php?p=HW195
Mental illness-related stigma and its destructive effect on treatment	14:00	15:30	Lecture	English	https://eupha.org/euphw_page.php?p=HW168
Determinants of mental health and well-being	14:30	15:00	Lecture	Bulgarian	https://eupha.org/euphw_page.php?p=HW50
Burnout education, normatives and digital tools for EU Universities	15:00	16:00	Webinar	Romanian	https://eupha.org/euphw_page.php?p=HW100
Safeguarding alcohol policies to implement SAFER	16:00	17:30	Webinar	English	https://eupha.org/euphw_page.php?p=HW96
PsychedelicsEUROPE - Towards Innovative Approaches in Mental Health	16:00	17:00	Webinar	English	https://eupha.org/euphw_page.php?p=HW149
OGD INSIDE - Public Mental Health	16:45	17:30	Webinar	German	https://eupha.org/euphw_page.php?p=HW190
Projections of Kaunas	18:00	19:00	Roundtable discussion	Lithuanian	https://eupha.org/euphw_page.php?p=HW202

In-person events - 5

Name of event	Start CEST	End CEST	Format	Country	Language	Link
Physical Activity for Mental Health in Medical University - Pleven	15:00	17:00	Game, Walk	Bulgaria	Bulgarian	https://eupha.org/euphw_page.php?p=HW98
Why Sleep Matters?	7:15	8:00	Interactive Session	UK	English	https://eupha.org/euphw_page.php?p=HW214
Student Conference: Public Health Challenges	8:00	14:00	Conference	Bulgaria	Bulgarian	https://eupha.org/euphw_page.php?p=HW10
Six ways to wellbeing	9:00	17:00	Interactive display	UK	English	https://eupha.org/euphw_page.php?p=HW68
Prevent peer violence and improve mental health	10:00	11:30	Panel discussion	Serbia	Serbian	https://eupha.org/euphw_page.php?p=HW131

Hybrid events - 5

Name of event	Start CEST	End CEST	Format	Language	Link
Film and mental health	**16:00**	**17:00**	**Panel discussion**	**English**	**https://eupha.org/euphw_page.php?p=HW192**
Mental health and Public Health	10:30	11:00	interview	Bulgarian	https://eupha.org/euphw_page.php?p=HW157
Mental health for all (MielenterveyttÃ¤ kaikille)	11:00	14:00	Lecture	Finnish	https://eupha.org/euphw_page.php?p=HW34
How to preserve and improve mental health after health crisis?	16:00	17:30	Panel discussion	Serbian	https://eupha.org/euphw_page.php?p=HW72
No health without mental health	18:00	19:00	TV interview	Bulgarian	https://eupha.org/euphw_page.php?p=HW44

WHO EVENTS - 13

Name of event (WHO)	When	Format	Language	Link
Staying mentally healthy during hard times – A nurse's personal advice	All day	Video	English	https://eupha.org/euphw_page.php?p=HW258
Podcast: The voices of health workers	All day	Podcast	English	https://eupha.org/euphw_page.php?p=HW257
Ensuring the health and well-being of people in prison	All day	Publication	English	https://eupha.org/euphw_page.php?p=HW254
Mental health, men and culture: how do sociocultural constructions of masculinities relate to men's mental health?	All day	Publication	English	https://eupha.org/euphw_page.php?p=HW251
Mental health during COVID-19: Stories of resilience from Albania	All day	Video	English	https://eupha.org/euphw_page.php?p=HW249
Mental health and young people: House of Swag performs for WHO/Europe	All day	Video	English	https://eupha.org/euphw_page.php?p=HW248
Voices from across the Region at the launch of the Pan-European Mental Health Coalition	All day	Video	English	https://eupha.org/euphw_page.php?p=HW247
Coping with mental health challenges during COVID-19: stories from Hungary	All day	Video	English	https://eupha.org/euphw_page.php?p=HW246
Protecting the mental health of health workers	All day	Video	English	https://eupha.org/euphw_page.php?p=HW245
The WHO European Region speaks with one voice on the need to improve mental health systems	All day	Video	English	https://eupha.org/euphw_page.php?p=HW244
The path to a better health is possible	All day	Video	English	https://eupha.org/euphw_page.php?p=HW243
Tobacco use and mental health – fact sheet	All day	Fact sheet	English	https://eupha.org/euphw_page.php?p=HW242
WHO European framework for action on mental health (2022)	All day	Publication	English	https://eupha.org/euphw_page.php?p=HW241