

Care 4 Care: Taking care of what takes care of you

The third day of the European Public Health WEEK was dedicated to 'Care 4 Care'.



Following the motto of the day, 'Taking care of what takes care of you', EUPHA posed the question:

Who cares for the health workforce?

More specifically, how will the parties participating in the forthcoming EU elections take care of our health workforce?

Read EUPHA's call to action for the health workforce in response to the European Union parties' manifestos.

PDF

EUPHA_HWR_EU_election_statement-15May2019.pdf

In fact, healthcare workforce was a hot discussion topic on 'Care 4 Care' day on social media.



Health workers have a crucial role to play

World Health Organization

in educating patients on how to take care of their health and advocating for their patients' needs.

 **EUPHAnxt**
@EUPHAnxt

Let's care for who takes care of us! [#EUPHW](#)
[#care4care](#)

♡ 4 2:35 PM - May 15, 2019

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Why is [#OccupationalTherapy](#) a key profession in [#primaryhealthcare](#) ? Read COTEC's [#openaccess](#) articles on this issue tinyurl.com/y3evpsu6 and tinyurl.com/yyqzt63m @enOThe1 @_ROTOS_ @SPOTeurope @primarycare4um #care4care #EUPHW

♡ 4 2:00 PM - May 15, 2019

**Scoping review: occupational therap...**

Scoping review: occupational therapy interventions in primary care - Volume 20 - Marije Bolt, Tiska Ikking, Rosa Baaijen, cambridge.org

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RESEARCH

Open Access



Are our 'UHC systems' learning systems? Piloting an assessment tool and process in six African countries

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Abstract

Background: If there is one universal recommendation to countries wanting to make progress towards Universal Health Coverage (UHC), it is to develop the learning capacities that will enable them to 'find their own way' – this is especially true for countries struggling with fragmented health financing systems. This paper explores results from a multi-country study whose main aim was to assess the extent to which UHC systems and processes at country level operate as 'learning systems'.

Method: This study is part of a multi-year action-research project implemented by two communities of practice active in Africa. For this specific investigation, we adapted the concept of the learning organisation to so-called 'UHC systems'. Our framework organises the assessment around 92 questions divided into blocks, sub-blocks and levels of learning, with a seven scale score in a standardised questionnaire developed during a protocol and methodology workshop attended by all the research teams. The study was implemented in six francophone African countries by national research teams involving researchers and cadres of the ministries involved in the UHC policy. Across the six countries, the questionnaire was administered to 239 UHC actors. Data were analysed per country, per blocks and sub-blocks, by levels of learning and per question.

Results: The study confirms the feasibility and relevance of adapting the learning organisation framework to UHC systems. All countries scored between 4 and 5 for all the sub-blocks of the learning system. The study and the validation workshops organised in the six countries indicate that the tool is particularly powerful to assess weaknesses within a specific country. However, some remarkable patterns also emerge from the cross-country analysis. Our respondents recognise the leadership developed at governmental level for UHC, but they also report some major weaknesses in the UHC system, especially the absence of a learning agenda and the limited use of data.

Conclusion: Countries will not progress towards UHC without strong learning systems. Our tool has allowed us to



Dr Liz Hoffman
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We need to establish a research agenda for building a future health workforce in [#Europe](#) [#EUPHW](#) [#CARE4CARE](#) alth-policy-systems.biomedcentral.com/articles/10.11...
[@matthiaswismar](#) [@clamaier](#) [@natasha_azzmus](#)
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[@m_i_ungureanu](#)

♡ 2 3:57 PM - May 15, 2019

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DO YOU KNOW?

Primary healthcare is about caring for people and helping them improve their health and wellbeing rather than just treating specific diseases or conditions.

[#WeStand4UHC](#)
[#HealthforAll](#)



GHMe
@GHMentorships

Day 3 of [#EUPHW](#).

The motto of the day is: "Taking care of what takes care of you."
What consistent action will you take today? Tell us!
[#GHMe](#) [#EUPHW](#) [#Care4Care](#)

♡ 3 7:40 AM - May 15, 2019

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Nurses and midwives are an important part of the multidisciplinary teams that are needed in the delivery of health services.

This prompted the Order of General Medical Assistants of Midwives and Nurses of the Botoșani Branch, Romania, to organise the "Health for all!" symposium:



Nurses are one of the most numerous professional profiles in the structure of professionals serving the health system in Romania, with 140,000 staff (over 2000 of which in Botosani). The activities of nurses comprise a complex area of actions aimed at promoting and maintaining health, preventing illnesses, caring for and recovering sick and healthy people from conception to the end of life.



Botosani, Romania

Also in Romania, this time in Bucharest, a discussion panel took place on the role of hospital service reporting to support healthcare decisions for hospital service funding. Key messages stemming out of the discussion include that health decisions must be based on solid and valid evidence; hospital data collection and reporting have an essential role in supporting decision making in the hospital sector; and hospital data should be simple, accurate, uniform and valid.

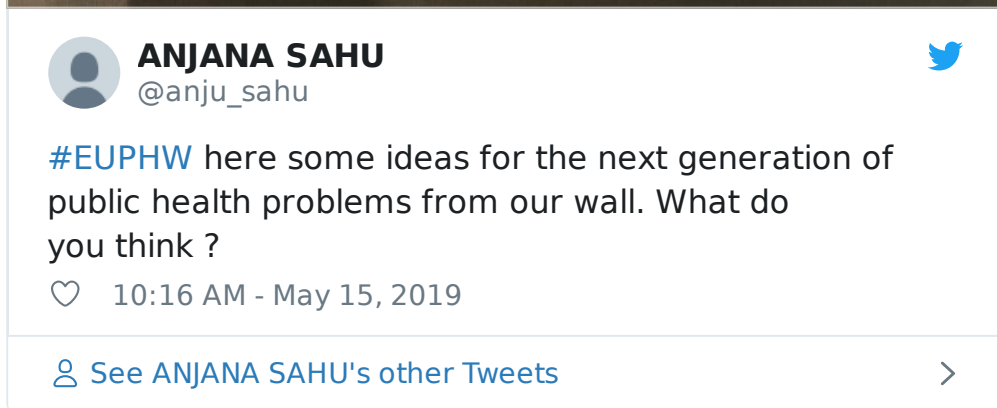


Almost 30 people from the healthcare system in Romania attended the discussion, including specialists at management level in the healthcare system.

In Croatia there was a lecture for doctors, nurses and public health professionals on potentially preventable hospitalizations.



Antimicrobial resistance was considered one of the biggest public health challenges for the next generation: of healthcare professionals:



Also in the UK, the topic was raised with students of the University of Manchester:



ANJANA SAHU

@anju_sahu



#EUPHW Our theme today is AMR. Phone swabbing!

♡ 4 11:32 AM - May 15, 2019

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Still at the University of Manchester, Dr Tracey Farragher explained the evidence for the health benefits of prevention through modifiable risk factors:

Thank You and Further Information

"Taking care of what takes care of you"

The subthemes of this day are: Prevention in healthcare; (self-)management of chronic diseases; primary healthcare; health services research; health workforce reinsurance; healthcare reform

Video Unavailable
Sorry, this video could not be played.

<https://eupha.org/care-4-care>

[Learn More](#)

Division of Population Health, Health Services Research & Primary Care
i3HS Hub is a multidisciplinary project to promote teaching and research across disciplines for population health benefit through data sciences @i3hsH
<https://www.research.manchester.ac.uk/portal/tracey.farragher.html> @TFarragher

Day 3: Prevention 6

What's the evidence for the health benefits of prevention through modifiable risk factors? Epidemiologist Tracey Farragher, lecturer in healthcare sciences at [The University of Manchester](#) in this video presentation:
#EUPHW #Care4Care

👍 8 💬 Comment ➡ 2

In Serbia, a lecture organised by the Society of medical doctors of Vojvodina - Serbian Medical Association discussed the important link between Sustainable Development Goals and Health Systems, and also the importance of access to healthcare, healthcare reforms and healthcare transformations at financial, workforce and environmental level.



Lecturer: Marija Jevtic MD PhD, full professor, Faculty of Medicine University of Novi Sad, Institute of Public Health of Vojvodina (vice president of Environment&Health Section EUPHA, president of Section of Health Management in Society of medical doctors of Vojvodina - Serbian Medical Association)

Meanwhile, in other countries...



Iveta Nagyova

@IvetaNagyova



🇸🇰 [#Slovakia](#) is joining [#EUPHW](#) [@EUPHActs](#) Day 3 - Care4Care with event organized in [#Kosice](#) (second largest city) aimed at raising awareness about the new approaches & opportunities for the improvement of [#integratedcare](#), featuring [@SCIROCCOxchange](#) & [#LORICCOM](#) projects [twitter.com/EUPHActs/statu...](https://twitter.com/EUPHActs/status...)

EUPHA [@EUPHActs](#)

Welcome to day 3 of the European Public Health WEEK, dedicated to Care 4 Care.

What are you doing in your own countries to take care of what takes care of us?

We look forward to seeing your photos and hearing your stories [#EUPHW](#) [#primarycare](#) [#diseaseprevention](#) [#healthworkforce](#)





♡ 6 7:56 AM - May 15, 2019



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A "Health Risk Factors" seminar in Ruse University "Angel Kanchev", Bulgaria, discussed health literacy and its association with better health outcomes for the society with nurse and midwife students. Doctors from the Department of Disease Prevention and Health Promotion explained the main health risk factors and suggested effective strategies for avoiding them.



Credit: Department of Health Care, Faculty of Public Health and Health Care, University of Ruse "Angel Kanchev".

Health literacy and education was also discussed in Portugal and in Turkey:



"How to improve health through health education?" was debated at the University of Madeira - High School of Health, Portugal



Presenters include Faculty Members of Public Health Department (Prof. Dr. Pınar Okyay, Prof. Dr. Erdal Beşer, Prof. Dr. Filiz Abacıgil); Faculty of Medicine student who is TurkMSIC National Public Health Officer-Assistant Bahadır Haytabey.

Still in Turkey, and still in line with the theme of day 2, the next generation of healthcare workers promoted a healthy environment by collecting cigarette butts around the Medical Faculty!



Meanwhile, our partners highlighted prevention and risk factors as important components of 'Care 4 Care':



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[#OccupationalTherapy](#) can restore, improve, maintain, develop and adapt both skills & the environment where needed. By doing that [#occupationaltherapists](#) PREVENT unhealthy behaviour and unhealthy situations, which improves lives and saves money. [#EUPHW](#) @EUPHActs @PrimaryCare4um

stephanie saenger @ergosteph

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Natasha Azzopardi M

@natasha_azzmus



8 different ways to empower our health systems

[maphm.org/2019/05/15/8-d...](https://maphm.org/2019/05/15/8-different-ways-to-empower-our-health-systems) via [@maphmorg](#) #EUPHW

♡ 6 9:48 AM - May 15, 2019



8 different ways to empower our health systems

Focus on Prevention Health promotion and disease prevention pave the way for a more efficient health system

maphm.org

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Susan Nasif
@DrSusanNasif



Whoop whoop,

Happy first [#EUPHW](#) from high school in Netherlands
(Biology and History Class) [#vaccineswork](#)

[#mobilizeKIdsAsVaccinesAmbassadors](#) 😎😎 (comic by:
[Cimaza.be](#))

♡ 4:13 PM - May 15, 2019

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AlcoholActionIreland
@AlcoholIreland



Prevention can reduce noncommunicable diseases such as cancer and diabetes. Reducing harm from alcohol will significantly improve our health. Stick to low risk alcohol consumption guidelines.

askaboutalcohol.ie #EUPHW @publichealthie @EUPHActs

♡ 9 8:26 AM - May 15, 2019



Ask About Alcohol - Evidence Based ...

Askaboutalcohol.ie aims to improve people's knowledge about alcohol – how much we're drinking, how it affects us
askaboutalcohol.ie

[See AlcoholActionIreland's other Tweets](#)



In Gdańsk, Poland, the Public Health Scientific Circle of the Medical University has been gathering at the library to promote each day of the European Public Health WEEK.



Last but not least, this day was a good opportunity to bring together all public health and healthcare professionals and do more for health:

A Europe where all people are as healthy as they can be throughout their lives is possible.

EUROPE, LET'S DO MORE FOR HEALTH!

www.eu4health.eu



EPHA

@EPHA_EU



70% of Europeans want the EU to do more for health. On the occasion of the first [#EUPHW](#) do the candidates support greater EU level action on health? eu4health.eu [#EU4health](#) [#TellEurope@EUDebate](#)

♡ 9 2:04 PM - May 15, 2019

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We will see you tomorrow!