



HEALTH IS
A POLITICAL CHOICE!

13-17 MAY 2024

Join the 6th European
Public Health Week!

#EUPHW #EUPHW2024



SUMMARY

of events organized by BPHA

54 events



EUROPEAN
PUBLIC HEALTH
WEEK

ЗДРАВЕТО Е ПОЛИТИЧЕСКИ ИЗБОР!

13-17 МАЙ 2024

Присъединете се към 6-тата Европейска
седмица на общественото здраве!

#EUPHW #EUPHW2024



5 DAYS, 5 THEMES

ПОНЕДЕЛНИК
13 МАЙ

Здравето е
политически
избор

ВТОРНИК
14 МАЙ

Психичното
здраве:
Хората в
центъра

СРЯДА
15 МАЙ

Планетарно
здраве:
Глобален
подход

ЧЕТВЪРТЪК
16 МАЙ

Здравето през
целия жизнен
цикъл: Да
разчупим
барьерите

ПЕТЪК
17 МАЙ

Следващото
поколение
лидери в
общественото
здраве

За всички професионалисти и
граждани, допринасящи за по-
добро обществено здраве на
местно, национално,
регионално и Европейско ниво.

ВКЛУЧЕТЕ СЕ!
Организирайте
събитие!
Разпространявайте
информация!
Присъединете се към
събития!

Find out more at www.eupha.org/euphw
Contact EUPHAcommunications@eupha.org



The European Public Health Week (EUPHW) is an initiative by the European Public Health Association (EUPHA) supported by the WHO Regional Office for Europe.

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EUROPEAN
PUBLIC HEALTH
WEEK

HEALTH IS A POLITICAL CHOICE!

13-17 MAY 2024

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#EUPHW #EUPHW2024



5 DAYS, 5 THEMES

MONDAY
13 MAY

Health is a
political
choice

TUESDAY
14 MAY

Mental
health:
People at the
centre

WEDNESDAY
15 MAY

Planetary
health: A
global
approach

THURSDAY
16 MAY

Health
through the
life course:
Breaking
down silos

FRIDAY
17 MAY

Next
generation:
Public health
leaders of
tomorrow

For all professionals and
citizens contributing to better
public health at local, national,
regional and European level.

**GET
INVOLVED!**
Organise an event!
Spread the word!
Join events!

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Pleven



**Sofia
NCPHA**



Varna



Ruse



Stara Zagora



Shumen



Blagoevgrad



Plovdiv



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#EUPHW #EUPHW2024



Monday 13 May 2024

**Health is a political choice: Starting
the discussion**

5 events

Health is a political choice: Starting the discussion

Seminar in person

HW75:

MATERNAL AND CHILD HEALTH AS A POLITICAL PRIORITY

Monday 13 May 2024

12:00 - 13:30 CET



Event description

Seminar with midwifery students of Medical University – Pleven. It emphasizes on maternal and child health as vulnerable population groups and the importance of political will on its improvement in the focus of Sustainable Development Goals 2016 - 2030. The indicators and their trends on a global and regional scale will be analysed.

Institution involved

Medical University – Pleven, Bulgaria
Bulgarian Public Health Association

Lecturer/Moderator

Stela Georgieva, MD, PhD (BPHA member; EUPHA member)
Department of Social Medicine and Health Management; Faculty of Public Health
Medical University - Pleven

Faculty of Health Care, 3-th floor, Hall 304
Contact: georgieva_sl@yahoo.com



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HW75 – Maternal and child health as a political priority

Monday 13 May, 2024

Time: 12:00-13:00 (GMT+02:00)



Organizers: Faculty of Public Health, Medical University of Pleven, Bulgaria

Lecturer: Assoc. Prof. Stela Georgieva, MD, PhD

Audience: 3rd year students in Midwifery, MU-Pleven, Bulgaria





HW46 - VR-glasses - innovative learning strategy for students

Monday 13 May - Health is a political choice: Starting the discussion
Time: 15h00 until 16h00 (GMT+02:00)



Organisers: Dept. of Nursing Care, Faculty of Public Health, Medical University - Plovdiv, Bulgaria

Lecturer: Assoc. Prof. Gergana Petrova, PhD

Description: VR-glasses are innovative and modern educational approach. We aim to popularize the results by Safe4Child Erasmus+ Project. This project is targeted at health care professionals and student nurses. we expect after VR-glasses teaching to increase their motivation, professional skill and quality of care.





HW135 - How midwives ensure the future of Bulgarian public health?

Monday 13 May - Health is a political choice: Starting the discussion

Time: 10h00 until 12h00 (GMT+01:00)



Organisers: *Department of Healthcare, Ruse University, "Angel Kanchev", BPHA*

Prof. Ivanichka Srebezova, Assist. Prof. Daniela Lyutakova

Description

This panel discussion aimed to examine the integration of health into the political agenda - and more specifically, maternal and child health care as key priorities of future public health. This discussion highlighted the most important midwifery activities that ensure the health of women and babies in Bulgaria. We shared background information about the significant benefits of the midwifery model of care and afterwards we gave students the floor to express their impressions and opinions. A lively discussion happened and a lot of ideas, as well as frustrations were shared.





HW149 – Encouraging nursing and midwifery research for better public health

Monday 13 May 2024 - Health is political choice
8h00 until 9h30 (GMT+02:00) Sofia



Organizer: Department “Healthcare management, Medical ethics and Information technologies”, Faculty of Public Health, Medical University of Pleven, Bulgaria

Prof. Makreta Draganova, PhD

Chief assist. prof. Milena Saleva, PhD

Assist. prof. Antonia Stateva

Description: This is an online webinar organized with healthcare professionals who part-time students in a Master's programme in Healthcare Management. The questions concerning their career opportunities were discussed, emphasizing on the importance of research in nursing and midwifery to public health.

Европейска седмица на обществено здраве
13 – 17 май 2024
ЕВРОПЕЙСКА СЕДМИЦА НА ОБЩЕСТВЕНОТО ЗДРАВЕ
13-17 МАЙ 2024

ЗДРАВНО Е ПОЛИТИЧЕСКИ ИЗБОР!
13-17 МАЙ 2024
Health is a political choice!
13-17 MAY 2024

5 DAYS, 5 THEMES

1. Здравно и политическо избор	2. Здравно и политическо избор	3. Здравно и политическо избор	4. Здравно и политическо избор	5. Здравно и политическо избор
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GET INVOLVED!
Organise an event!
Spread the word!
Join events!

НАСЪРЧАВАНЕ НА НАУЧНИТЕ ПРОУЧВАНИЯ В
ЗДРАВНИТЕ ГРИЖИ ЗА ПО-ДОБРО
ОБЩЕСТВЕНО ЗДРАВЕ

Future Nurse
Participate
Education
Research
Skills
Change

EUROPEAN PUBLIC HEALTH WEEK

HW149 – Encouraging nursing and midwifery research for better public health – Monday



HW55 – Health and health care organization for priority groups of populations

Monday 13 May 2024 - Health is political choice

12:15 until 13:45 (GMT+02:00) Sofia



Organizers: Faculty of Public Health, Medical University of Plevan, Bulgaria

Lecturer:

Assoc. Prof. Mariela Kamburova, MD, PhD, DSc

Description: Importance of reproductive and women's health for public health. Key determinants of women's health. The problem of maternal mortality - causes. The role of WHO in improving women's health. Significance and global trends of child health. Organization of maternal and child health care in Bulgaria - functions of school health offices; tasks of the general practitioner and medical professionals in the process of care of children up to 18 years of age.

Мариела Камбурова
13 май в 21:34

#EUPHW2024
Здравето на обществото и на отделните популационни групи е и политически предопределено! Здравното обслужване на майките и децата беше тема на днешната ми дискусията със студентите от специалност "медицина" втори и шести курс в МУ- Плевен. Умни, любопитни - в петък ще приключим седмицата с разсъждения за ролята на лидерите на бъдещето за подобряване на общественото здраве!

ЗДРАВЕТО Е ПОЛИТИЧЕСКИ ИЗБОР!
13-17 МАЙ 2024
Присъединете се към 6-та Европейска седмица на общественото здраве!
#EUPHW #EUPHW2024

5 DAYS, 5 THEMES

ПОНЕДЕЛНИК 13 МАЙ Здравето е политически избор	ВТОРНИК 14 МАЙ Психично здраве: Хората в центъра	СРЕДА 15 МАЙ Здравето на планетата: Глобален подход	ЧЕТВЪРТЪК 16 МАЙ Здраве през целия живот: Преодоляване на разделенето	ПЕТАК 17 МАЙ Следващото поколение: Лидерите на бъдещето в областта на общественото здраве
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ВКЛУЧИ СЕ!
Организирай събитие!
Разпространи информацията
Присъедини се към събитията!

За всички професионалисти и граждани, които допринасят за по-доброто обществено здраве на местно, национално, регионално и европейско равнище.

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Tuesday 14 May 2024

Mental health: People at the centre

8 events



HW66 – Mental Health for low-vision patients

Tuesday 14 may - Mental health: people at the centre

Time:09:00 until 09:45 (GMT+02:00) Sofia



Organizers: Department of Optometry and Occupational Diseases, Faculty of Public Health, Medical University of Varna, Bulgaria

Lectures: Zornitsa Zlatarova and Darina Koseva.

Event type and format: lecture in-person

Description: The aim of the lecture was to shine a light on the often-overlooked mental health challenges faced by individuals with low vision, to explore the emotional struggles they face and to discover practical ways to help them build resilience and strength.





HW133 - The role of the nurse in complex rehabilitation of patients with SPMS



Tuesday 14 may - Mental health: people at the centre
Time: 09h30 until 10h15 (GMT+02:00) Sofia

Organizers: Dept. of Speech Therapy and Medical Pedagogy, Faculty of Public Health, Medical University of Varna, Bulgaria

Chief Assist. Prof. Violeta Ivanova Staneva, PhD

Chief Assoc. Prof. Petya Hristanova, PhD

Chief Assoc. Prof. Kalinka Ivanova, PhD

Event type and format: lecture in-person

Description: Secondary progressive multiple sclerosis affects young people. The transition from paroxysmal refractory to secondary progressive worsens the condition of patients and increases their disability. Complex rehabilitation for these patients allows meeting medical and non-medical needs, prolongs the period of disability. The nurse, as a coordinator, will assist in the provision of health and social services.





HW130 - Holistic approach in therapy of ADHD

Tuesday 14 May - Mental health: people at the centre

Time: 11h00 until 11h45 (GMT+02:00) Sofia



Organizers: Dept. of Speech Therapy and Medical Pedagogy, Faculty of Public Health, Medical University of Varna, Bulgaria

Chief Assist. Prof. Petya Hristanova, PhD

Chief Assist. Prof. Kalinka Ivanova, PhD

Chief Assist. Prof. Violeta Staneva, PhD

Event type and format: lecture in-person

Description: Attention deficit hyperkinetic syndrome is a psychological developmental disorder associated with attention deficits, restlessness, and impulsive behaviour. There are no deficits in intellectual development, with some having higher than average IQ. The therapeutic approaches are strictly individually oriented, based on the principle of holistic, complex and teamwork.





HW96 - Social media and mental health of adolescent

Tuesday 14 May - Mental health: People at the centre
11h00 until 13h15 (GMT+02:00) Sofia



Organisers: MU-Varna, Faculty of Public Health, Department of Hygiene and Epidemiology with the assistance of MU-VI TV.

The academic staff:

Rositsa Chamova, Stanislava Hadjieva, Rozalina Braykova, Violeta Snegarova.

Description: Two seminars in which 16 medical students from the 3rd course at the Medical University – Varna presented eight lectures related to the impact of social media and other factors on the health of adolescents and provided guidance on how to prevent its negative effects. The topics were presented to 52 students from high schools in Varna.





HW104 - Co-dependence in family members related to psychoactive substance use

Tuesday 14 may - Mental health: people at the centre

Time: 10h00 until 11h30 (GMT+02:00) Sofia



Organisers: Department of Health Care,
Faculty of Public Health, Medical University of
Varna

Assist. Prof. Teodora Radeva,
Assist. Prof. Stoyanka Yancheva,
Assoc. Prof. Mariana Nikolova

Description: This is a seminar for third year nursing students (15 people). The event was held by public health professionals who presented the problem of codependency of loved ones of those addicted to psychoactive substances. The goal is for the participants to become familiar with approaches to improve communication with the relatives of dependent patients, which is an essential factor in increasing the quality of care for them.



HW147-Interesting therapy with people with dementia

Tuesday 14 may - Mental health: people at the centre

Time:10h30 until 11h30 (GMT+02:00) Sofia

Organisers: Medical University - Pleven, Residential Care for Persons with Mental Disorders and Dementia "St. Lazar"

Assist. Prof. Marieta Gunovska

Assist. Prof. Veronika Spasova, PhD

Assist. Prof. Kalina Kancheva

Description: The event was held in "St. Lazar" Residential Care for Persons with Mental Disorders and Dementia, Slavyanovo. Ten students majoring in "Social Activities in Health Care" and three professors from Medical University of Pleven, carried out entertaining therapy with nine of the users. The main emphasis of the activity was the action - activating the memory by: stacking a puzzle, stringing beads with letters, arranging a mosaic with numbers and colors, working with memories through photos, stimulating the senses with different aromas of herbs, materials from everyday life. Through the experienced sense of success and coping, the self-confidence and self-esteem of people with dementia is supported.



HW148 - Person-centered care for people with dementia

Tuesday 14 may - Mental health: people at the centre

Time: 13:00 until 14h00 (GMT+02:00) Sofia

Organisers: Medical college at the Medical University - Plevna, Residential Care for Persons with Mental Disorders and Dementia "St. Lazar"

Assist. Prof. Veronika Spasova, PhD

Assist. Prof. Marieta Gunovska

Assist. Prof. Kalina Kancheva

Description: Three assistant professors from the Department of "Social and Pharmaceutical Skills" conducted training for 21 employees at the "St. Lazar" Residential Care for Persons with Mental Disorders and Dementia, Slavyanovo. The focus was on person-centred care, as a system of individualized support for people with dementia. They were presented with up-to-date, practical methods and techniques for activating memory and cognitive abilities when working with consumers.





HW136 - Initiative: Health care students helping their fellow students

Tuesday 14 May – Mental health: People at the centre

Time: 10 h00 until 12 h00 (GMT+01:00)



Organisers: Department of Healthcare, Ruse University “Angel Kanchev”, Prof. Ivanichka Srebezova, Assist. Prof. Daniela Lyutakova, Assist. Prof. Yuliyana Georgieva, Assoc. Prof. Despina Georgieva

In-person Campaign.

The "by students for students" initiative aimed to provide the basic guidelines for good mental health to our students and was disseminated in the local community. The activity within this event highlighted the importance of mental health care in times of stress. Our students handed out flyers with tips how to cope with stress during finals and exams. This helped us encourage students to actively work on their mental health and seek professional help if needed.





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Wednesday 15 May 2024

**Planetary health: A global approach
11 events**



HW12 – Introducing the One Health Concept in the Bulgarian Medical and Public Health Curriculum. Global Educational Approaches



15 of May 2024 - all the week (this is a pre-recorded lecture)

Organisers: Medical University of Varna, Desislava Vankova, Nevyana Feschieva, Zhaneta Radkova, Petya Boncheva, Silviya Mihaylova, Nadejda Mihaylova, Kristina Kutcarova

Lecturere: Assoc. Prof. Desislava Vankova, MD, PhD, DSc

Description: The event is a collaborative activity: a pre-recorded lecture promoting the novel One Health concept in Bulgarian, available for medical, nursing and assistant-pharmacy students from the Medical University of Varna. Integrative GLOCAL approaches will be applied to adapt a planetary concept like One Health to the regional educational environments. The activity is a part of a national project “One Health – integrative research and scientometric approaches for better quality of life” (№22007)



Planetary health: A glocal approach

Единно здраве -
зараждане на идеята,
историческо развитие и
първи стъпки в България

лектор: Доц. д-р Десислава Ванкова, дмн



HW27 - What is new in simulation education in Medical university of Plovdiv

Wednesday, May 15th, 2024

11h00 until 12h00 (GMT+02:00) Sofia

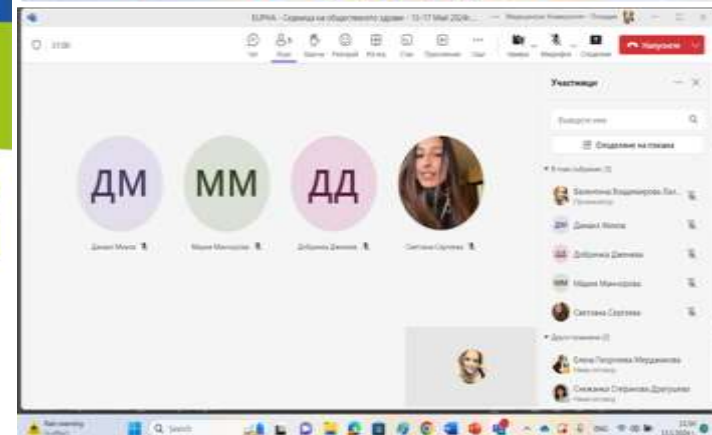
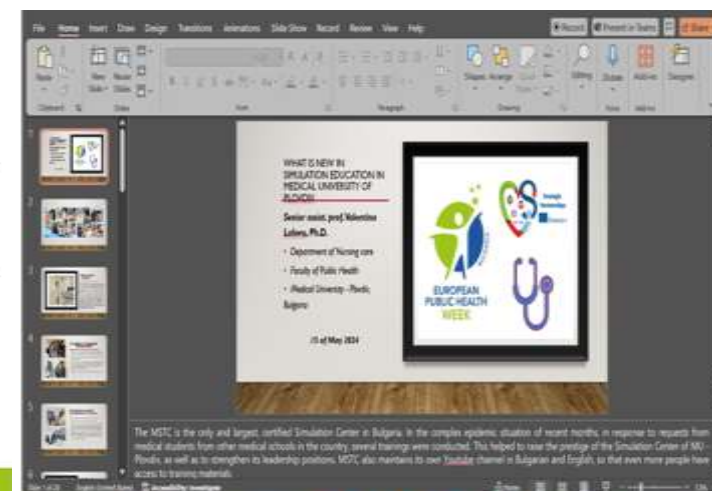


Organisers: Dept. of Nursing care, Faculty of Public Health, Medical University of Plovdiv

Lecturer: Chief assist. prof. Valentina Lalova, PhD

Social media: <https://www.youtube.com/@user-ve4kv2qm1d>

Description: The MSTC is the only and largest, certified Simulation Center in Bulgaria. The lecture will help to raise the prestige of the Simulation Center of MU - Plovdiv, as well as to strengthen its leadership positions. MSTC also maintains its own Youtube channel in Bulgarian and English. The event will be held on in front of 3rd year students (6th group) - specialty of Nursing care.





HW62 – Assessment of Public Health and Bulgarian reality

Wednesday 15 May - Planetary health: A *glocal* approach
8h30 until 10h00 (GMT+02:00) Sofia



Organisers: Faculty of Public Health,
Medical University of Plevna
Assoc. Prof. Dima Tsanova, MD, PhD

Description: The event is a workshop with 15 second year medical students. The content is directed to analyse the importance of public health and how this question can reach more people using the new technologies. During the workshop, students presented their vision on the role and responsibility of medical professionals to increase the health knowledge in society, the main methods and means for raising the health culture of the Bulgarian population were discussed in detail.



HW131 - The One-Health approach and zoonotic parasitic diseases

Wednesday 15 May - Planetary health: A global approach
Time: 13:30 until 14:30 (GMT+02:00) София



ТРАКИЙСКИ УНИВЕРСИТЕТ
СТАРА ЗАГОРА



Organisers: Medical University, Trakia University -
Stara Zagora, Bulgaria

Lecturer:

Assoc. Prof. Dr. Boislava Chakarova, MD, PhD

Description: One Health is an approach focused on human and animal health, with the goal of achieving sustainable performance. The students of different specialties of Trakia University were involved in a seminar on the topic: The One-Health Approach and zoonotic parasitic diseases. Issues related to problems that arose during the intensive migration processes of large groups of people from areas endemic for parasitic zoonoses, the influence of climate change on vector-borne diseases and their impact on human and animal health were discussed.

The One-Health approach and zoonotic parasitic diseases

- ✓ Селскостопански работници
- ✓ Животновъди
- ✓ Растениевъди



Лица, ангажирани с превенцията на здравето на животните и хората в условията на обитаваната околна среда

- ✓ Ветеринарни лекари

С цел: постигане на най-доброто здраве за хората, животните и растенията в условията на обитаваната околна среда

Прогноза за средно годишния брой на *Dirofilaria* поколенията

Дирофиларията се разпространява в райони с топъл климат:

- ✓ при температури над 14,8°C (под нея развитието на *Dirofilaria* спира)
- ✓ за 30 дни (продължителност на живота на вектора)
- ✓ времеви интервал от 130 дни с нарастващ ден (Genchi, et al., 2009)



чрез линейна интерполация на Kriging



HW97 - Man and climate change

Wednesday 15 May - Planetary health: A *glocal* approach
8h00 until 10h45 (GMT+02:00) Sofia



Organisers: MU-Varna, Faculty of Public Health, Department of Hygiene and Epidemiology with the assistance of MU-VI TV.

Academic staff: Rozalina Braykova

Description: One seminar in which 3 medical students from the 3rd course at the Medical University – Varna presented two lectures in which the risk factors for climate change and their impact on planetary health were discussed. The topics were presented to 50 students from high school in Varna.





HW6 - Students' Scientific Conference

Wednesday 15 May - Planetary health: A *glocal* approach

Time: 9h00 until 14h00 (GMT+02:00) Sofia



Organizers: South-West University Neofit Rilski, Faculty of Public Health, Sport and Health care

Description: The Faculty of Public Health, Health Care and Sport organized its annual Student Conference as part of the events in the EUPHW. Students, young scientists and their tutors presented research topics related to public health, health care and sports, developed in a team with the professors.



<https://www.facebook.com/profile.php?id=100057660601255>



HW113 – “Safe play, safe sport”

Wednesday, 15 May – Planetary Health: A global approach

Time: 9.00h until 11.00 (GMT+02:00) Sofia



Organizer: National Center for Public Health and Analyses, Department of Prevention of non-communicable diseases

Description: Chief expert Ivelina Kamel and Chief expert Kristin Gizdova prepared and distributed flyers about healthy lifestyle promotion among 100 first and seventh grade students in two schools in Sofia (18 "William Gladstone" and 101 "Bacho Kiro")





HW 114 – Recommendations for increasing physical activity



Wednesday, 15 May – Planetary Health: A global approach
Time: 12:00h until 13:00 (GMT+02:00) Sofia

Organizer: National Center for Public Health and Analyses, Department “Prevention of non-communicable diseases”

Description: Chief expert Ivelina Kamel presented an open lesson among 19 students of the 7th”G” grade and their teacher Alina Uzunova of 101 Secondary school "Bacho Kiro" on topics about limiting health risk factors.



HW115 – Prevention of obesity

Wednesday, 15 May – Planetary Health: A global approach
– Time: 10.00h until 14.00 (GMT+02:00) Sofia

Organizer: National Center for Public Health and Analyses, Department “Food and Nutrition” and Faculty of Medicine, MU-Sofia

Description: Assoc. prof. Lalka Rangelova, NCPHA and dr. Maria Nikolova, Dept. of Epidemiology and Hygiene, Faculty of Medicine, MU-Sofia consulted the results of body mass index measurement of employees in different health institutions located in the building of the NCPHA. Two thirds of participants compared the new results with the last years results.

Participants: 26





HW51 - Frequently asked questions about telecommunication technologies - 5G

Wednesday, 15 May – Planetary Health: A global approach

Time: 09.h45 until 16.30 (GMT+02:00) Sofia



Organizer: National Center for Public Health and Analysis, Department of Physical factors

Description: Chief expert Victoria Zaryabova; prof. Mishel Israel, chief expert Hrstina Petkova and chief expert Tsvtelina Shalamanova answered online questions related to public perception regarding the introduction of new telecommunications technologies - 5G after the COVID-19 pandemic.

Participants: 14

Q&A 9

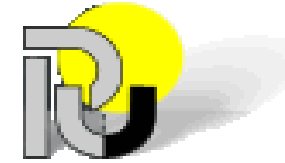




HW30 – Physical Activity and Planetary Health at the University of Ruse

Date / theme: Planetary health: A Global approach

Time: 10:00 until 11:00 (GMT+02:00) София



Description: The students were put into three teams. In addition to the competitions, there was also a quiz related to planetary health and physical activity. The program included six outdoor games with competitive and game elements, educational methods oriented to environmental protection and a quiz by students for students.



Organisers: University of Ruse, on the initiative of the Professional Club "FITNESS! HEALTH! TONUS", with the active participation of USK "ACADEMIC"; Departments: "Physical education and sport", "Pedagogy", Faculty of Transport; Faculty of Natural Sciences and Education'





Thursday 16 May 2024
Health through the life course:
Breaking down silos
15 events

HW17 - Prevention of physical inactivity, obesity and cardiovascular diseases

Thursday 16 May - Health through the life course: Breaking down silos

Time: 9h00 until 14h00 (GMT+02:00) Sofia



Organizers: South-West University "Neofit Rilski", Faculty of Public Health, Health Care and Sport, Department of Kinesitherapy

<https://www.facebook.com/groups/154553266557006>

Description: The purpose of the event was to carry out a screening study of the body composition and analysis of the physical capabilities of persons of different ages. Based on the results of body composition determination were calculated indices for overweight and obesity as predictors of cardiovascular diseases. The people (n=30) were informed about the harm caused by the lack of physical activity, as well as guidelines for dealing with it and improving the physical condition.

HW 117 – Limiting health risk factors

Thursday, 16 May –Health through the life course: Breaking down silos

Time: 10.00h until 13.00 (GMT+02:00) Sofia

Organizer: National Center for Public Health and Analyses, Department: “Prevention of non-communicable diseases”

Description: Chief experts Rositsa Chaparova, Evelina Todorova and Ivelina Kamel, Dept. Health Promotion and Disease Prevention; Dr. Vasilka Aleksieva, Sofia Regional Health Inspection; and Ani Ivanova and Milena Yankova (Slivnitsa municipality) presented various topics to the students from the school “St. Kyril and Methodius” in Slivnica. The school Director Simona Serafimova, Deputy Director –Stanislava Georgieva and teachers Daniela Nikolova, Alina Ivanova, Rozalina Stoaynova, Krasimira Dimitrova, Todorova were part of the meeting.

Participant: 60





HW28 - Physical activity and sport for lifelong health

May 16th 2024 - Health through the life course: Breaking down silos
Time: 11:00 – 12:00 (GMT+02:00) Sofia



Organiser: Dept. of Nursing care,
Faculty of Public Health, Medical
University of Plovdiv, Bulgaria

Lecturer: Chief assist. prof. Elena
Merdzhanova, PhD

Description: Physical activity levels
decline with age. Young people are
more physically active than older
people. It has been found that with
advancing age, high-intensity
physical activity decreases by more
than 10%.

Panel discussion with 23 Students
from specialty of Nursing care





HW65 - Family planning - the right to choose

Thursday 16 May – Health through the life course
Time: 11:00 until 12:50 (GMT+02:00) Sofia



Organizers: Department of Health Care, Faculty of Public Health, Medical University of Varna, Bulgaria
Assist. prof. Romyana Laleva, PhD
Assist. prof. Todorka Boeva, PhD
Assist. prof. Svetlana Radeva



Description: An open discussion was held on the topic "Family planning - the right to choose" in Hall A of the Medical College of Varna. During the teachers and students presented different positions of public attitudes regarding family planning.





HW43 - Osteoporosis - the silent thief and a rapidly growing global problem



May 16th 2024 - "Health through the life course: Breaking down silos"
Time: 14h00 until 15h00 (GMT+02:00) Sofia

Description: Osteoporosis is one of the diseases with the greatest medico-social significance. It affects millions of people all over the world, but awareness of the disease is still low. Nurses play an important role in the prevention of osteoporosis. Prevention must start in childhood, with the development of lifelong habits of healthy, balanced nutrition, physical activity that support good bone health for life. The event is designed for nursing students and includes a discussion.



Organiser: Department of Nursing care, Faculty of Public Health, Medical University - Plovdiv, Bulgaria

Lecturer: Assist. prof. Mariya Stamova-Georgieva

Audience: 10 students second year in the specialty of Nursing





HW29 - The family in the system of health - behavior, education of adolescents

Thursday, May 16, 2024 - Health through the life course

Time: 12:00h until 13:00h (GMT+02:00) Sofia



Organizer: Department of Nursing care
Faculty of Public Health
Medical University of Plovdiv, Bulgaria

Lecturer: senior assist. prof. Snezhanka
Dragusheva, PhD

Description: The processes taking place in the macro - and microenvironment in the conditions of democratization of society pose serious challenges to the physical and mental health of children. Protecting their health is a priority of every country's policy because it is of great personal and public importance.

Panel discussion with 25 Students from specialty of Nursing care.





HW23 - Physical activity for Health through the life course at MU-Pleven

Date / theme: Thursday 16 May - Health through the life course
Time 16:00 until 17:30 (GMT+02:00) Sofia



Description: The event began with a welcome from the Rector Prof. Dobromir Dimitrov and the Dean of the FPH Prof. Milena Karcheva. The Rector awarded diplomas to the successful athletes and teachers for this year. A cross-country run was held by students and teachers. Basketball and volleyball exercises were held with students from various specialties of MU-Pleven. The event ended with a demonstration of Bulgarian folk dances by the university folklore ensemble "Vita".



Organisers: MU-Pleven, Faculty of Public Health, Dept. of Physical Medicine, Rehabilitation, Occupational Therapy and Sports: Nina Mihailova, Iskra Ilieva, Iliyan Ilchev, Tanya Megova, Rostislav Kostov, Milena Kirnikolova, Kaloqn Monov, Petar Popov, Hristo Genov, Svetoslav Rachkov, Delyan Demirev, Iva Naidenova





HW26 - Multidisciplinary team for working with disabled children

Thursday. 16 may 2023 - health through the life course
time: 11:00 until 12:00(GMT+02:00) sofia



Organisers: Medical University of Plevna, Bulgaria
Assoc. Prof. Iskra Petkova, PhD
Assoc. Prof. Danelina Vacheva, PhD

Description: The practical training was attended by students 31 from the specialties "Medical rehabilitation and occupational therapy", "Social activities in health care" and "Social activities" of the Medical University - Plevna, Bulgaria.

The program includes: team building (for students); Sports games "Follow the steps" (for students and children); Entertaining occupational therapy, Art-atelier "Our Planet Earth" (for students and children); general meeting of the participants "Together for Lifelong Health".

The practical training is organized in the Center for special educational support and personal development of children with disabilities "P. R. Slaveykov" - Plevna.





HW137 - The first 1000 days. How do midwives and nurses help public health?

Thursday 16 May – Health through the life course: Breaking down silos
Time: 10 h00 until 17 h00 (GMT+01:00)



Organisers: Department of health care, Ruse University “Angel Kanchev”, Prof. Ivanichka Srebezova, Assist. Prof. Daniela Lyutakova

Discussion on the Department’s Facebook page and in a class. A series of posts on the department's FB page outlining the important role of healthcare professionals in achieving good public health. The series emphasized the importance of health care and the need for more resources for preventive work. during the first 1000 days. Main highlights of the activities of nurses and midwives, which benefit public health in Bulgaria within this period were shared.. Our goal was to raise more awareness on the necessity for health care and more resource towards it in Bulgaria. The posts reached over 300 users each during the week with over 30 reactions each.





HW118 –Active Longevity

Thursday, 16 May –Health through the life course: Breaking down silos

Time: 14.00h until 16.00 (GMT+02:00) Sofia



Organizers: National Center for Public Health and Analyses, Department “Child and Youth Health”

Description: Chief expert Natali Ruseva, PhD, from the Department “Child and Youth Health“ presented the “Active Longevity” program (recommendations for complex care and answered online questions about the role of new approaches healthy life style. Materials on the topic were presented on the website of the National Center for Public Health and Analysis, in the menu “Printed materials”.



Questions and answers: 7



HW110 - Health and SPA tourism as part of health prevention for all



Thursday 16 May - Health through the life course: Breaking down silos
5h00 until 16h00 (GMT+02:00) Sofia

Organisers: Medical University – Varna with MU-Vi TV, Bulgarian Association of Balneology and SPA Tourism (BUBSPA) and European SPAS Association)

Participants:

Dr. Siyka Katsarova – Vice-President, ESPA, President of BUBSPA)

Mrs. Csilla Mezösi – Secretary General, ESPA

Mr. Jean-Guy de Gabriac – Founder, World Wellness Weekend

Prof. Dr. Dimitar Raykov – Rector, MU-Varna

Prof. Todorka Kostadinova – Director “Accreditation, Quality and Projects”, MU-Varna

Prof. Dr. Gergana Nenova – Head of the Department “Kinesitherapy”, MU-Varna

Prof. Paraskeva Mancheva – Dept. “Kinesitherapy”, MU-Varna

Assist. Prof. Dr. Magdalena Bliznakova – Department “General Medicine”, MU-Varna

Eva Marinova – MU-Vi tv



<https://www.mu-varna.bg/EN/Pages/mu-varna-shte-uchastva-v-evropeyskata-sedmica-na-obshtestvenoto-zdrave-ot-13-do-17-may-sas-17-tematichni-sabitiya.aspx>

HW116 - Patient and the concept “One Health”

Thursday, 16 May –Health through the life course: Breaking down silos

Time:15.00h until 17.15 (GMT+02:00) Sofia

Organizers: National Center for Public Health and Analyses, Department “Medico-social analyses” (NCPHA), Assoc. prof. Milena Vladimirova

Description: The aim of the webinar is to focus on the One Health approach of the EU is a multi sectoral approach and transdisciplinary working on local, regionally, globally level in order to achieve of optimal healthcare results, being recognized the connection between people, animals, education and environment.

Presenters: Assoc. prof. Milena Vladimirova, NCPHA, Assoc. prof. Vera Pavlova, NCPHA, Assist. prof. Maria Mitreva, NCPHA, Dora Patchova, MedCenter “Edicta”, Dr. Natalia Tzima, PhD, (EE) Dr. Sara Faggin, (IT) Ani Zdravkova, Director Rehabilitation Hospital “Momin Prohod”, and Yulia Hristova, pharmacist private sector, BG

Participants:36



HW127- Science to reducing the silos through the life course

May 16th, 2024; 09.00-11.00 CET

Organisers: MU-Varna, Faculty of Public Health, BAPH, Assoc. Prof. Natalya Usheva;
Assoc. Prof. Silviya Nikolova; Prof. Rouzha Pancheva

Description: The workshop was held in collaboration with the Bulgarian Medical Students Association and with the participation of over 50 medical students. The main objective of the seminar was to awaken scientific interest in students, using scientific methods in health care, in particular to study eating disorders in children with cerebral palsy and autism spectrum disorders; managing risk factors in chronic non-infectious diseases using digital applications. Students posed their questions and an interesting discussion took place on the issues raised and future plans for student participation in research projects and events to benefit the community.



EUROPEAN
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HW102 - Continuity of preventive care

Thursday 16 May - Health through the life course: breaking down silos

Time: 11h00 until 12h45 (GMT+02:00) Sofia

Organisers: Department of Health Care,
Faculty of Public Health, Medical University
of Varna

Prof. Silvia Borisova, Assoc. prof. Galina
Petrova, Krasimira Slavova

Description: A discussion was held with 20 second-year nursing students. The participants, divided into small groups, discussed prevention-related issues in childhood, school, adulthood, and aging. The goal was to enhance their knowledge and skills in maintaining continuity in prevention throughout the human lifespan. Additionally, they aimed to answer the question: How can nurses contribute to prevention in communities with diverse age compositions?



HW77 - Informed society, healthy future

Thursday 16 May - Health through the life course: Breaking down silos

Time: 10h00 until 12h00 (GMT+02:00) Sofi



Description: Health professionals from Blagoevgrad Regional Health Inspection, faculties and student from the Faculty of Public Health, Health Care and Sport conducted consultations for prevention, screening procedures and diagnosis of various chronic diseases. The event is about Prevention and control of chronic non-communicable diseases with the title "Informed society, healthy future". There were 6 "Health corners": "Tobacco and alcohol use prevention", "Healthy diet", "Prevention of cardiovascular diseases and diabetes", "I know more about Type 2 Diabetes Care", "Physical activity", "The Silence of the Sound". Children from Dance Studio "Deja Vue" presented a dance.

Organizers: South-West University "Neofit Rilski", Faculty of Public Health, Health Care and Sport, Blagoevgrad Regional Health Inspection, Blagoevgrad Municipality, Dance Studio "Deja Vue"

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<https://www.facebook.com/groups/154553266557006>

<https://www.facebook.com/profile.php?id=100057660601255>



Friday 17 May 2024
Next generation: Public health
leaders of today and tomorrow
15 events

HW141 - "Sea and Health" - Empowering future healers

May 17th, 2024; 09.00-16.00 CET



Organisers: MU-Varna, Faculty of Public Health, Todor Yotov

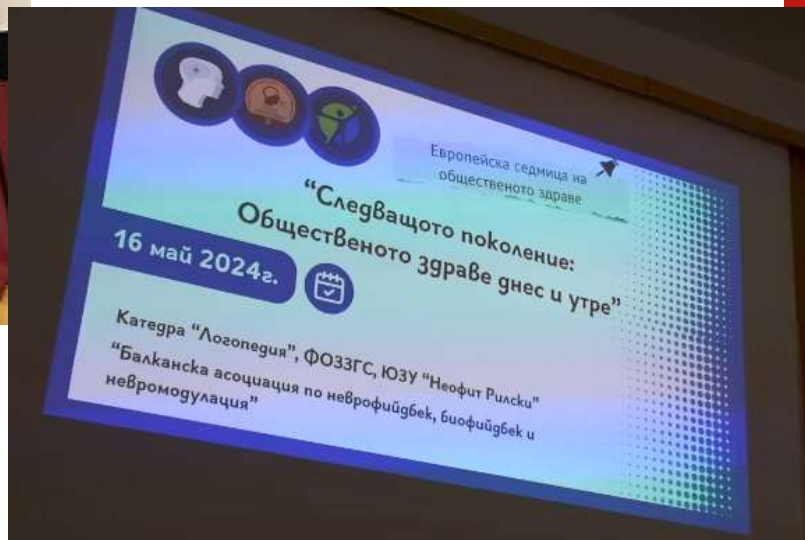
Description: The scientific workshop "Sea and Health" is a dynamic event dedicated to promoting and celebrating the rich maritime heritage and advancements in Europe. It brings together professors, students, researchers, and enthusiasts to explore and discuss various aspects of maritime affairs and their medical aspects. Through engaging presentations, interactive workshops, and networking opportunities, participants gain insights into the latest trends, challenges, and opportunities in the Public health sector. This conference serves as a platform for collaboration, knowledge sharing, and fostering innovative solutions to drive sustainable growth and development in European maritime environment.



HW25 - Next generation: Public health of today and tomorrow

Friday 17 May - Next generation: Public health of today and tomorrow

Time: 10h00 until 12h00 (GMT+02:00) Sofia



Organizers: Department of Logopedics in Faculty of Public Health, Health Care and Sport at South-West University Neofit Rilski, Balkan Association for Neurofeedback, Biofeedback and Neuromodulation

Description: On the occasion of the European Public Health Week, the Department of Logopedics at the Faculty of Public Health, Health Care and Sport, together with the Balkan Association for Neurofeedback, Biofeedback and Neuromodulation, organized a practical seminar on the topic "The Next Generation: Public Health Today and Tomorrow"

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HW105 - Continuity from the past to the future

Friday 17 may - Next generation: Public health of today and tomorrow

Time: 9h00 until 10h45 (GMT+02:00) Sofia



Organisers: Galina Petrova, Nadezhda Mihaylova, Diana Grozdeva, Milena Nankova– Department of Health Care, Faculty of Public Health, Medical University of Varna

Description: In Bulgaria's only 'Museum of the History of Medicine' in Varna, nursing students learned about the development of Children's Health Advisory Centers from 1924 to 1950—the first form of public health care for children. The aim is to assess their contribution to improving child health and to discuss how the factors that ensured their success can be applied to contemporary and future child health care practices in new settings.





HW103 - Vaccines - a guarantee for the health of today and future generations

Friday 17 may - Next generation: Public health of today and tomorrow
Time: 11h00 until 12h45 (GMT+02:00) Sofia



Organisers: Anna Georgieva, Katya Genova, Verginia Tsvetkova – Department of Health Care, Faculty of Public Health, Medical University of Varna

Description: A discussion was conducted with 25 third-year nursing students. They explored the significance of vaccines in preventing diseases and examined the factors contributing to anti-vaccine sentiment. The focus was on encouraging individuals to take responsibility for their health.



HW49 - Students and public health professionals as the drivers of change



Friday 17 May - Next generation: Public health of today and tomorrow

Time: 10h00 until 14h00 (GMT+02:00) Sofia

Description: An urban walk was held to test the new [Map4Accessibility](#) app. The application is designed to be used by people with different disabilities. It helps them to move freely in an urban environment and to choose the most suitable route for their movement. The event was attended by 25 students and professors from Department of Kinesitherapy,

Organizers: South-West University "Neofit Rilski", Faculty of Public Health, Health Care and Sport, Department of Kinesitherapy and Map4Accessibility

<https://www.facebook.com/map4accessibility> (https://lnkd.in/eH5_HqZz)

HW 42 Obstetric care in premature birth

Friday 17 May - Next generation: Public health of today and tomorrow

Time: 10h00 until 11h30 (GMT+02:00) Sofia

Organizers: Medical University of Varna, Faculty of Public Health, Department of Health Care

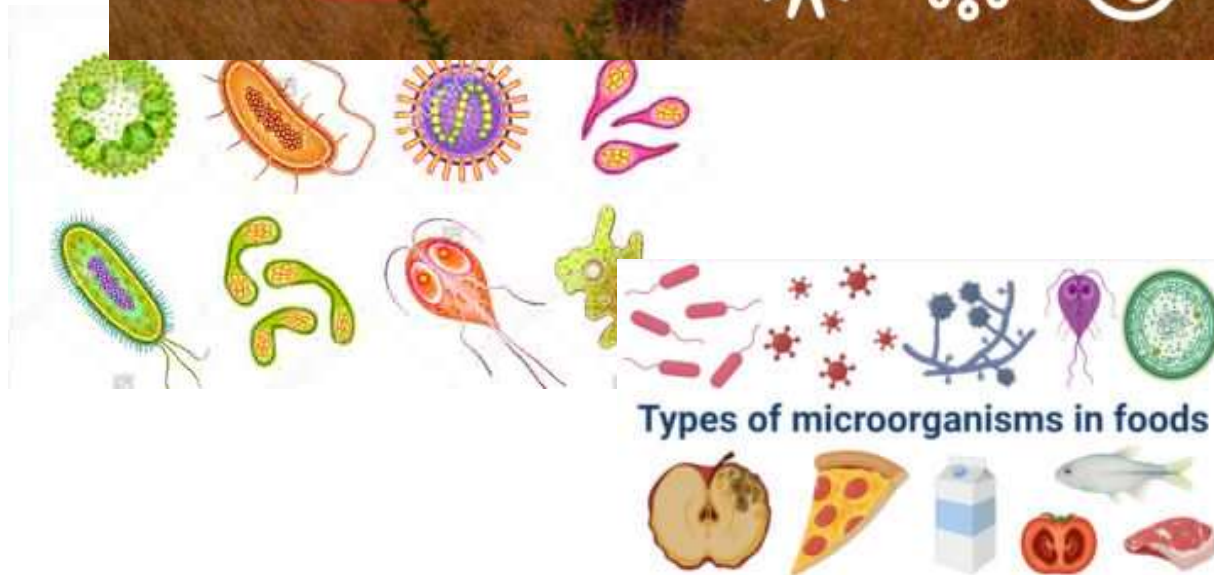
Description: Workshop for first year students in midwife specialty, studying behaviour algorithm during premature birth. Discussion of innovations in prevention and the midwife's role in screening for premature birth.



HW132 - One Health, zoonoses and travel medicine



Friday 17 May - Next generation: Public health of today and tomorrow
Time: 11:30 until 12:30 (GMT 2:00) Sofia



Organizers:

Medical Faculty, Trakia University – Stara Zagora
Bulgaria

Lecturer: Assoc. Prof. Dr. Boislava Chakarova, MD,
PhD

Event type: Seminar

Description: In today's global world and active tourist trips, unknown challenges arise for modern man. The students of different specialties of the University of Thrace participated in a seminar on the topic: One health, zoonoses and travel medicine. With great interest, topics related to the health risks of travelers to exotic countries were discussed - possible sources, mechanisms, routes and factors of infection, vaccines, prophylaxis and prevention of zoonoses, with the potential for local spread.



HW73 - Physiotherapy for chronic musculoskeletal and neurological pain

Friday 17 May – Public health of today and tomorrow

Time: 13h00 until 17h00 (GMT+02:00) Sofia



Organizers: Tsvetomir Yankov MD, Phd;
Assos. Prof. Mariyana Mihaiylova, MD,
Phd.

Medical University of Varna, Faculty of
Public Health, Department of
Physiotherapy, Rehabilitation and
Thalassotherapy.

Description: Open visits for the
employees and students from the Medical
University of Varna. Performing a medical
examination and providing information
about the possibilities of physical
medicine for the treatment and prevention
of most common musculoskeletal and
neurological diseases. Demonstration of
manual manipulations and mobilizations
for the musculoskeletal system.





HW120 – Risk factors leading of chronic- non-communicable diseases in BG

Friday, 17 May –New Generation: Public of today and tomorrow

Time: 10:00h until 13:00 (GMT+02:00) Sofia



Organizer: National Center for Public Health and Analyses, Department “Prevention of non-communicable disease”

Description: Assoc. prof. Galya Tzolova, Director Health Promotion and Disease Prevention Directorate and experts: Mirela Strandzheva, Evena Teolova, Rositsa Chaparova, Evelina Todorova, Ivelina Kamel and Assoc. prof. Lalka Rangelova from the Department “Food and Nutrition” conducted a course on the topic: ”Distribution of risk factors leading to the occurrence of chronic non-communicable diseases in Bulgaria”

Participants: 10





HW98 - Education of healthy habits of adolescents

Friday 17 May - Next generation: Public health of today and tomorrow
18h30 until 20h00 (GMT+02:00) Sofia



Institution: Department of Hygiene and Ecology, Faculty of Public Health
Medical University of Varna

Coordinator and organizer
D-r Rozalina Braykova

Description: Medical students presented current topics related to the healthy lifestyle of adolescents to the students at the Third High School of Science and Mathematics in Varna





HW41 – The new generation of health care professionals and innovations

Friday 17 May 2024 - Next generation: Public health of today and tomorrow
Online webinar, 8:30 – 10:00 (GMT+02:00) Sofia



Иновативно поколение - иновативни методи и подходи в здравните грижи
Innovative generation – innovative approaches in health care

Системна практика
AFI

European Public Health Week
13-17 May 2024
Health is a political choice!
Single event page

Organizers: Department of Healthcare management, Medical ethics and Information technologies, Faculty of Public Health Medical University of Plevan, Bulgaria

Prof. Makreta Draganova, PhD
Chief assist. prof. Milena Saleva, PhD
Assist. prof. Antonia Stateva

Description: It's a Management Health Care webinar for healthcare professionals (25 students) delivered by online class room. The content is directed to Friday, May 17th of the EPHW-2024 Young public health professionals as the drivers of change. The aim is to share a good example from different workplaces.

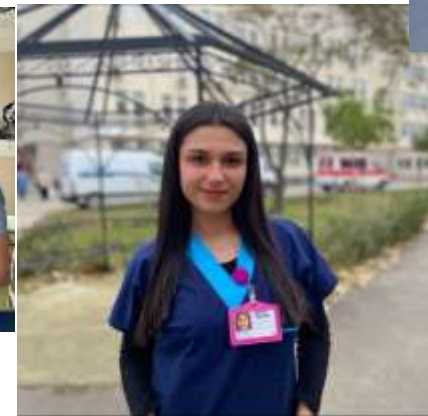


HW138 - The future of midwives and nurses - Ruse University's good example



Friday 17 May – Next generation: Public health of today and tomorrow
Time: 10 h00 until 17 h00 (GMT+02:00) Sofia

Description: The initiative included presentations by over 11 students in the Department of Health Care, who did an interview for us and shared their inspirations to pursue their majors as well as their impressions of the professions Nurse and Midwife. We have also asked them how they see the future of healthcare and what their contribution will be. The posts reached over 300 to over 1000 impressions each and had more than 30 reactions each.



Organisers: Ruse University “Angel Kanchev”, Department of Health Care, Prof. Ivanichka Srebezova, Assist. Prof. Daniela Lyutakova, Assist. Prof. Yuliyana Georgieva

HW119 - The first 1000 days – a unique period in human development

Friday, 17 May – New Generation: Public of today and tomorrow
 Time: 14.00h until 16.00 (GMT+02:00) Sofia

Organizer: National Center for Public Health and Analyses, Department “Child and Youth Health”

Description: Assoc. Prof. Krasimira Kostadinova and Chief Experts Sofia Kandilarova and Nataly Ruseva answered online questions on the social-emotional development of children in the first 1000 days of life and the role of breastfeeding. They presented material on the topic on the website of the NCPHA. The event is held within the framework of information campaign which aims at raising the population’ awareness on early childhood development, with an emphasis on pregnant women, mothers and parents, and to support families in the developing of skills for nurturing care to children in the period of early childhood.

Q & A: 14



HW121– The new genomic techniques – treatment of rare diseases

Friday, 17 May –New Generation: Public of today and tomorrow
Time: 11.00h until 13.00 (GMT+02:00) Sofia

New Genomic Techniques and the Implementation in the Treatment of Rare Diseases



Assist. Prof. Donka Dimbareva, PhD
d.dimbareva@ncpha.government.bg



Assist. Prof. Elena Kuzova, PhD
e.kuzova@ncpha.government.bg



Prof. Tzveta Georgieva, PhD, ERT
tzv.georgieva@ncpha.government.bg



Отдел Приложна геномика и ГМО
Applied Genomics and GMO Department
www.ncpha.government.bg



Organizer: National Center for Public Health and Analyses, Department: “Applied Genomics and GMO Laboratory”

Panel discussion on topic “The new genomic techniques - treatment of rare diseases”. Prof. Tzveta Georgieva - Head of the Department of Applied Genomics and GMO Laboratory and experts Donka Dimbareva and Elena Kuzova answered questions online about the new techniques for treatment of rare diseases.

For more information:
www.ncpha.government.bg
Q & A: 10





HW143- Disasters to come- are we ready?

Friday 17 May 2024 - Next generation: Public health of today and tomorrow

Time: 10h00 until 11h00 (GMT+02:00) Sofia



Organizers: Rostislav Kostadinov, Mariya Georgieva, Rummyana Etova, Elena Valkanova, Vasil Topalov - Department of Epidemiology and Disaster Medicine, Faculty of Public Health, Medical University of Plovdiv, Bulgaria



Description: The lecture was delivered in front of **24 students from the "Nursing" specialty – 2nd year of study**. The aim was to highlight that industrialization, urbanization and climate change are changing the scale and intensity of some of the most calamitous events, such as floods and epidemics, and that the analysis of their public health implications is necessary for effective disaster medical support.