

# One day conference on music and public health, Copenhagen, Denmark, 9th of November 2011

European Public Health Association (EUPHA), Association of Schools of Public Health in the European Region (ASPHER) and the Danish Society of Public Health organize the 4th European Public Health Conference in Copenhagen 10th to 12th of November ([www.eupha.org](http://www.eupha.org)). The day before the main conference starts, a pre-conference is arranged on:

## Music and public health

**Purpose of conference:** This is the first conference on music and public health in a Nordic country. Music as and in therapy is well established as an evidence based treatment modality all over the world, so we know a lot about how and why music can help people with physiological or psychological problems and pathologies. 'Music and health' is a broader field where the use of music experiences to promote health and wellbeing in everyday life is studied and promoted. Music psychologists, music therapists, musicologists and health professionals are creating a knowledge base for the focused application of music experiences and activities in a public health perspective. The purpose of this preconference is to present state-of-the-art by three internationally wellknown keynote speakers and to give an overview of the Nordic experiences with music as health promotion, and to discuss problems and achievements.

**Elements of the program:** The program is divided in three sections: (1) International perspectives on music and public health; (2) Perspectives on music and public health as seen by the research Center of Music and Health, Oslo; (3) Scandinavian perspectives on music and health, as seen by leading researchers from Norway, Sweden, Finland and Denmark. Different theoretical and practical models will be presented, and recent research results from clinical and non-clinical areas will be related to the public health perspective.

**Time for conference:** Wednesday 9th of November, starts 930, closes 1730.

**Conference venue:** The Royal Danish Library (Diamanten), The Blixen Hall.

**Conference fee:** 120 Euro

**Programme committee:** Lars Ole Bonde, Aalborg University, in collaboration with Even Ruud, Gro Trondalen and Karette Stensæth, Center for music and Health, The Norwegian Academy of Music, Oslo, and Finn Kamper-Jørgesen, EUPHA. The preconference is supported by the Obel Foundation..

**Registration** can be done at [www.eupha.org](http://www.eupha.org) or contact [lobo@hum.aau.dk](mailto:lobo@hum.aau.dk)

It is also possible to register for the main conference of EUPHA 10-12th of November at ([www.eupha.org](http://www.eupha.org)). If so, the time limit for early bird registration is 15th of September.

## Program

The conference aims at having ample time for questions, discussions and networking. The three keynotes will consist of 45 minutes presentations leaving 10 minutes for questions and discussion. The other papers will last 20 minutes leaving 5 minutes for questions and discussion. There are rather long lunch and coffee breaks giving time for networking.

### **0900 Registration starts**

**0930 Welcome address.** Lars Ole Bonde, Aalborg University and Center for music and Health, Oslo.

**0940 Research in music, music therapy, health and wellbeing.** Suzanne Hanser, founding chair Music Therapy department at Berklee College of Music, Boston, USA, and author of the book "Manage your stress and pain through music."

**1030 Improvisation, Identity and Health.** Raymond MacDonald, professor at Glasgow Caledonian University, Scotland

**1130 Singing as a public health resource** Stephen Clift, professor of health education and head of the Sidney DeHaan Research Centre for Arts and Health, Canterbury Christ Church University, Folkestone, UK

### **1230 Lunch**

**1330 Round table with short presentations by researchers from Center for Music and Health, Oslo** Gro Trondalen, associate professor at the Norwegian Academy of Music and head of the center, Even Ruud, professor at Oslo University and the Norwegian Academy of Music, Karette Stensaeth, associate professor at the Norwegian Academy of Music, Torill Vist, associate professor at University of Stavanger, Norway.

### **1445 Coffee break**

**1515 Music therapy in public health partnerships. Perspectives from community music therapy** Brynjulf Stige, professor at Bergen University, Norway

**15.45 Music and dementia / prophylactic perspectives.** Hanne Mette Ridder, associate professor, Aalborg University, Denmark

**1615 Music and health in everyday life** Lasse Liliestam, professor at the University of Gothenburg, Sweden

**1645 Music, emotions and adolescent mental health.** Suvi Saarikallio, associate professor, University of Jyväskylä, Finland

**1715 Closing address.** Lars Ole Bonde, Aalborg University, Denmark

### **1730 Closing**

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**2000 Concert with Raymond MacDonald and Helle Lund Trio at Ingolfs kaffebar, Ingolfs Alle, 2300 Copenhagen S. This is how it will sound like <http://www.youtube.com/watch?v=kReEJ7HaOG0>**